

# Self-starting single control charts for multivariate processes: a comparison of methods

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## Abstract

**Paper aims:** Based on challenges faced in real SPC application, this paper considers implementation and performance of self-starting methodology in multivariate process monitoring.

**Originality:** Traditional omnibus charts depend on in-control process parameters while parameters are generally known. However, in real settings, this information may not exist. This paper proposes and compares novel methods to overcome this difficulty.

**Research method:** This paper introduces, evaluates the performance and implements multivariate self-starting charts (SSMEC, SSMELR, and SSMME) for multivariate process monitoring.

**Main findings:** Proposed SSMME chart is the best choice in real application because it proves better performance in response to various simulation scenarios and gives diagnostic tools for further analysis.

**Implications for theory and practice:** The main contributions are the comparison of different self-starting approaches and introducing a novel multivariate self-starting chart that are suitable in real process monitoring and illustrate the benefit of the selected SPC chart with hypertension monitoring.

## Keywords

Multivariate quality control. Self-starting method. Single control chart. Hypertension monitoring.

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## 1. Introduction

SPC methods have been a critical tool for monitoring a process, detecting out-of-control signals, and identifying assignable causes in a complex system. Real time monitoring requires considering multiple quality characteristics and complex relationships that can be done with a multivariate approach. In addition, it is well known manifestations of complex relationships among quality characteristics can be represented in the type of mean change alone, variability change alone, or combined changes of mean and variability. If we ignore these challenges, the assignable cause can be masked by the unsuspected change in quality characteristics having complex structures. To respond these challenges, traditionally separate charts have been utilized to monitor process mean and variability (Alt, 1985). The combination of Hotelling's  $T^2$  chart and generalized variance ( $|S|$ ) chart is widely used practice for multivariate processes. The practice of using separate control charts needs more resources such as quality professionals and time. Alternatively, the omnibus approach considers combining the control chart statistics for mean and dispersion and using this single combination statistic to monitor the process. Since multivariate data streams are more complex and needs more effort to draw conclusions, single control charts provide a simple way of multivariate monitoring. The necessity to develop an omnibus chart for monitoring process mean and variability simultaneously have been recently



highlighted (Alt & Smith, 1988; Chen et al., 2005; Li et al., 2010; Maboudou-Tchao & Hawkins, 2011; Thaga & Gabaitiri, 2006).

The related work on the single control charts is summarized as follows: the combination of exponentially weighted moving average (MEWMA) and multivariate exponentially weighted moving covariance matrix (MEWMC) charts, multivariate maximum MEWMA (MME) chart, multivariate maximum (MaxM) chart, multivariate maximum cumulative sum (MMC) chart and likelihood ratio based multivariate exponentially weighted chart (MELR).

We investigated the two promising approaches of combining mean and variability in this study. The first approach is called the “max” procedure. The basic idea of this method is to convert statistics (mean and variability) to Z scores and find the maximum of these two values for each sampling period then implement a multivariate scheme (Cheng & Thaga, 2005; Thaga & Gabaitiri, 2006). See Cheng & Thaga (2006) for a detailed review. These charts are useful as complex multivariate nature is simplified by the Z score transformation and assisted by a univariate form (Thaga & Gabaitiri, 2006). Correspondingly, the practitioners can monitor both mean and variability using only a single visual tool. The superiority of these schemes is their ability of giving diagnostic assistance along with the control chart statistics.

The second combination method uses generalized likelihood ratio (GLR) statistic to construct a composite hypothesis of joint change in mean vector and covariance matrix. MELR chart (Zhang et al., 2010) was proposed as a way of using GLR as the basis of a multivariate single chart.

Traditional application of statistical process control charts require collecting large datasets for phase I to estimate the parameter information of in-control process. Gathering sufficient in-control process data makes it a big challenge in practice. It requires lots of time, and efforts in collecting data for a single use that aims in estimating process parameters. In addition, it requires to assure that the collected data represents in-control process which might be also challenging in practice. Most of the previous studies of single chart practice consider the process parameters are known or can be estimated. However, this assumption may be violated in real cases. The parameters may not be known a priori or the practitioners may not have adequate information to estimate the parameters. Moreover, using estimates acquired from a special phase I study may harm the performance of the control chart. It is concluded that the effect of the estimated parameters on the performance of control charts may be significantly high and less predictable (Holmes & Mergen, 1993; Jones et al., 2001, 2004; Jensen et al., 2006; Faraz et al., 2015; Zwetsloot & Woodall, 2017; Zwetsloot & Ajadi, 2019; Diko et al., 2019; Hu et al., 2019; Jardim et al., 2019, 2020). It is noted that reference sample size affects in-control run length distribution that almost completely lies below the desired run length, causes larger variability in run length distribution and may reduce the sensitivity to a change. A simple recipe to overcome this difficulty is to increase phase I sample size and reduce the variability of the estimates. In many settings this can be inapplicable such as short run processes and professionals do not prefer this approach when it is not cost-effective.

‘Self-starting methods’ were proposed to amalgamate phase I and phase II studies. These methods involve sequentially updating the parameters with every new successive process reading and monitoring the process to see whether it is in-control or not (Hawkins, 1987; Hawkins & Maboudou-Tchao, 2007; Keefe et al., 2015; Khosravi & Amiri, 2019; Quesenberry, 1991; Shen et al., 2016). The unknown parameter change point estimation procedures (Hawkins & Zamba, 2005; Zamba & Hawkins, 2009) can also be classified as self-starting methods. Basically, self-starting methods convert the observations of an unknown statistical distribution into observations of a known distribution, for example, standard normal. The outcomes of the standardization can be effectively appointed to statistical monitoring.

This paper bridges the gap in literature by comparing the performance of time weighted single control charts when process parameters are sequentially updated with such self-starting method in a multidimensional setting. The contribution of this work is to introduce a modified multivariate control chart for the unknown parameter along with a throughout comparison of the related control charts. We discussed the methods proposed by Maboudou-Tchao & Hawkins (2011) and Kim (2012) and also applied self-starting method to the multivariate max control chart (Chen et al., 2005). Performance of each scheme is summarized comparatively. The remainder of the paper is organized as follows. In the next section, we provide the general multivariate framework of self-starting multivariate single control charts. After this section, we illustrate the application of these schemes using a real hypertension data set. We investigate the methods via an extensive simulation study in which the effects of mean, covariance and joint shifts and the learning period are considered. Finally, we provide a discussion about the comparison results.

## 2. Background

### 2.1. Multi-conversion procedure and self-starting MEC (SSMEC) chart

Self-starting control charts require a standardization procedure for transforming unknown parameter process readings into known standardized outcomes. The conversion idea was used for various types of distributions and control charts (Hawkins & Olwell, 2012; Keefe et al., 2015; Quesenberry, 1991, 1993, 1995, 1997). For the multivariate domain one of the most recent multi-transformation method was discussed by Hawkins & Maboudou-Tchao (2007). They first used this method with a MEWMA chart to monitor the mean vector. The same idea was later used in to monitor mean and covariance shifts with a MEC control chart (Maboudou-Tchao & Hawkins, 2011). We call this control chart a SSMEC chart.

Let  $x_{i,j}, i = 1, 2, \dots, n$  and  $j = 1, 2, \dots, p$  be a sequence of individual process reading for a  $p$  – dimensional normal distribution where  $x \sim N_p(\mu, \Sigma)$ . The distribution shifts model is as follows:

$$x \sim \begin{cases} N_p(\mu_0, \Sigma_0) & \text{if } i < \tau \\ N_p(\mu_1, \Sigma_1) & \text{if } i \geq \tau \end{cases} \quad (1)$$

where  $\tau$  is the change point. Here, we assume that these parameters are unknown. This method includes a two-step conversion. A predicted value  $\hat{x}_{i,j}$  is obtained from  $x_{1,j}, x_{2,j}, \dots, x_{i,j-1}$  utilizing the coefficients estimated from  $x_j, x_2, \dots, x_{t-1}$  for  $t > j+1$ . After finding the predicted values of each observation vector, the standardized recursive residuals are obtained as results of the first transformation. The standardized recursive residual is:

$$e_{i,j} = \frac{r_{i,j}}{\sqrt{\sum_{i=j+1}^{t-1} r_{i,j}^2 / (t-j-1)}} \quad (2)$$

where  $r_{i,j} = x_{i,j} - \hat{x}_{i,j}$ . The standardized recursive residuals  $r_{i+1,j}, r_{i+2,j}, \dots, r_{i,j}, \dots$  are mutually independent and  $N(\mu, \sigma_i)$  distributed. The matrix of the recursive residuals is the transformation of original observations into a data set with zero mean vector and a covariance matrix. The standardized recursive residuals follow a  $t$  distribution with  $(t-j-1)$  degrees of freedom. Thus the second transformation can be applied to  $e_{i,j}$  to find the stream of  $u_{i,j}$  which follows  $N(0, I)$  and independent, where

$$u_{i,j} = \Phi^{-1} \left[ T_{t-j-1}(e_{i,j}) \right] \quad (3)$$

Here,  $\Phi$  represents the inverse normal and  $T_{t-j-1}$  is the CDF of a  $t$  distribution where degrees of freedom is  $t-j-1$ .  $u_t$  is an independent  $N_p(0, \mathbf{I})$  vector of transformed observations and includes  $p$  transformed vector at time point  $t$ , and  $U$  is the matrix of these vectors. The independent standard normal observations  $u_{i,j}$  form the transformed matrix  $U$  of independent  $N_p(0, \mathbf{I})$  vectors. Two single control charts are considered in order to monitor the transformed matrix  $U$  in the next section. Comparisons with the SSMEC chart are given in Section 3.

### 2.2 Self-starting multivariate exponentially weighted likelihood ratio (SSMELR) control chart

This method was proposed by Kim (2012) and uses a MEWMA procedure in which a GLR test statistic is integrated. The method extends GLR based control chart (Zhang et al., 2010) by self-updating the process parameters by the multi-conversion approach.

SSMELR chart uses a GLR function which is sensitive to deviations from a null hypothesis where  $\mu = 0$  and  $\Sigma = I_p$ .

$$SSMELR_t = tr(V_t) - \log|V_t| + pZ_t^2 \quad (4)$$

Here,  $Z_t = (I - \lambda)Z_{t-1} + \lambda(U_t)$ ,  $V_t = \lambda S_t + (I - \lambda)V_{t-1}$ ,  $Z_0 = 0_p$ ,  $V_0 = I_p$  and (*Tex translation failed*), and  $\lambda$  is a smoothing parameter ( $0 < \lambda < 1$ ). If  $SSMELR_t > h$ , the the chart generates an out-of-control signal, where  $h > 0$  is a cutoff for a specific IC ARL.

### 3. Methods

#### 3.1. Proposed self-starting multivariate maximum EWMA (SSMME) control chart

We propose a self-starting multivariate single control chart extension includes using multi-conversion along with the MME (Chen et al., 2005) procedure.

Consider a statistic sensitive to mean shifts,

$$(Tex translation failed) \tag{5}$$

where  $Z_t = (1 - \lambda)Z_{t-1} + \lambda(U_t)$  and  $Z_0 = 0_p$ . Here,  $\Phi^{-1}(\cdot)$  denotes the inverse of the standard normal cumulative distribution function and  $H_p(\cdot)$  is the chi-square distribution with  $p$  degrees of freedom. Let  $Y_t = (1 - \lambda)Y_{t-1} + \lambda \Phi^{-1}(H_p(W_t))$  be the second EWMA which is sensitive to covariance shifts where  $W_t = U_t'U_t$ .

Then  $Y_t$  is scaled as follows  $V_t = \sqrt{\frac{(2 - \lambda)}{\lambda [(1 - \lambda)^{2t}]}} W_t$ . As  $M_t$  and  $V_t$  are independent z scores when no special causes exist. Then  $M_t$  and  $V_t$  is used as monitoring statistic:  $SSMME_t = \max(|M_t|, |V_t|)$ .

If  $SSMME_t > h$ , then the process is considered to be out-of-control, where  $h > 0$  is the upper control limit which achieves a specific significance level.

SSMME control charts has its own advantage to provide built-in diagnostic aids. The practitioner can monitor  $M_t$  and  $V_t$  pairs using  $\pm 3$  as the control limits after a signal is issued by the SSMME chart. Thereafter, one can easily predict whether the shift occurs in mean vector, covariance matrix or both. A more complex tool is provided for the diagnostics after a signal in (Maboudou-Tchao & Hawkins, 2011). This approach needs more resources; however, it is quite successful in diagnosing simultaneous shifts. The practitioners should be cautious about the masking effect between mean shift and covariance shift signals. Although MELR have been criticized for lack of diagnostics ability (Zhang et al., 2010), we propose a naive apportioning for the SSMELR.  $V_t = tr(V_t) - \log|V_t|$  is known to be sensitive to covariance shifts while  $M_t = p|Z_t|^2$  is sensitive to mean shifts. Using these statistics simply help user identify the potential cause of a change.

A signal generated by self-starting control charts may include a potential delay in detecting the time of an assignable cause. Change point detection procedures as another diagnostic tool can be useful to estimate and detect the time of a special cause and prevent the delay in obtaining a signal after a change. They also can be informative for determining the type of a process disturbance. Further investigation on the performance assessment of the change point estimator for multivariate performances is available in Doğu & Kocakoc (2011, 2013) and Doğu (2015).

### 4. Simulation settings

The performance of the control charts were discussed based on a simulation approach. We consider several possible patterns of shift in  $\mu$  and  $\Sigma$  for bivariate cases for simplicity. Table 1 shows the shift sizes for each simulation scenario. The effect of a mean shift ( $\Delta_1, \Delta_2$ ), the effect of a covariance shift ( $\delta_1, \delta_2$ ), the effect of a simultaneous shift in the mean vector and covariance matrix ( $\Delta_1, \Delta_2, \delta_1$  and  $\delta_2$ ), the effect of correlation ( $\rho$ ) and the effect of time elapsed before the change ( $\tau$ ) are considered in the simulation study. The number of Monte Carlo simulation runs is 10,000 for each scenario and out-of-control ARL, SDRL and percentiles are calculated from simulation results.  $\lambda = 0.1$  is used as the smoothing factor for each chart and the IC ARL is fixed to 500 for each monitoring scheme.

The initial base period is conducted with the in-control parameters and after this period the mean vector and/or covariance matrix shift is introduced. A sequence of normal data from a multivariate normal distribution,

Table 1. Corresponding magnitudes of shift for scenarios used in simulations.

Case	Mean vector		Covariance matrix	
	$\Delta_1$	$\Delta_2$	$\delta_1$	$\delta_2$
0 (no shift)	0.0	0.0	1.0	1.0
3	0.5	0.0	1.0	1.5
6	1.0	1.0	1.5	1.5
8	2.0	1.0	2.0	1.0

where  $\mu_0 = (0 \ 0)$  and  $\Sigma_0 = \begin{pmatrix} 1 & \rho \\ \rho & 1 \end{pmatrix}$ , is generated as the base samples. A set of numbers between 50 to 1000 is used to define  $\tau$  values. For a shift in mean vector, an increment in the mean of the first component or both components is considered, thus the out-of-control mean vector is  $\mu_1 = (\Delta_1 \ \Delta_2)$ . An out-of-control covariance matrix  $\Sigma_1 = \begin{pmatrix} \delta_1^2 & \delta_1 \times \delta_2 \times \rho \\ \delta_1 \times \delta_2 \times \rho & \delta_2^2 \end{pmatrix}$  is used for creating a covariance shift. Then, the statistics were monitored until a signal is issued by the control charts.

The known-parameter settings for each control chart are also included in the figures. Therefore, the ARL and SDRL results for the self-starting control charts can be tracked and compared with their asymptotes (the known parameter settings).

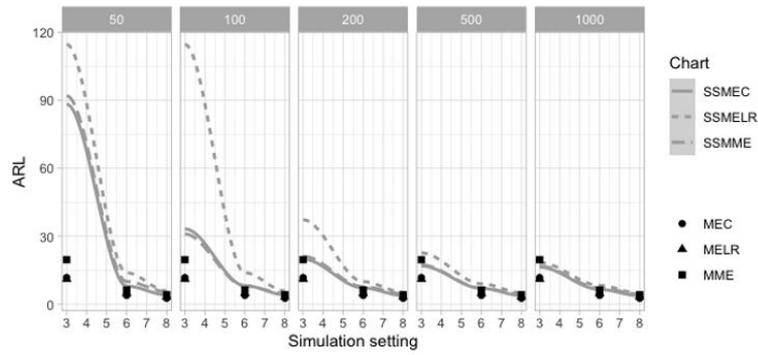
## 5. Results and discussion

Next, we discuss detection performance of SSMEC, SSME LR and SSMME charts for predefined criteria such as magnitude of shift, correlation and learning periods.

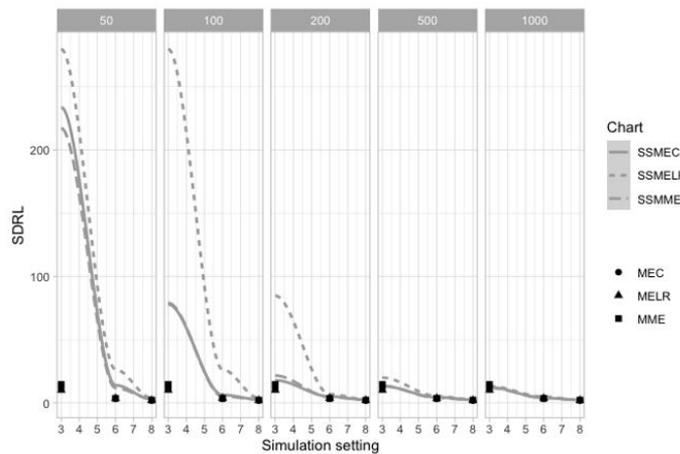
Table 2 shows the results for various simulation settings. Figure 1a, b shows the simulation results (ARL and SDRL) for known parameter and self-starting schemes when  $\rho = 2$ ,  $\rho = 0.25$  and IC ARL=500, respectively. Each panel

Table 2. Performance comparisons based on ARL and SDRL for corresponding scenarios used in simulations.

Chart	Base sample size ( $\tau$ )	Case	$\rho=0.5$		$\rho=0.25$		$\rho=0.75$	
			ARL	SDRL	ARL	SDRL	ARL	SDRL
SSMEC	50	3	88.25	233.58	118.17	256.68	40.62	121.34
		6	8.00	14.03	9.34	9.46	11.89	18.66
		8	4.12	2.89	4.47	2.90	4.08	2.88
	100	3	33.26	77.83	42.14	114.26	16.29	30.68
		6	8.20	6.37	7.12	5.23	7.89	5.77
		8	4.14	2.78	4.01	2.51	3.61	2.42
	200	3	19.86	17.89	23.30	22.26	13.00	9.71
		6	7.16	5.12	6.73	4.47	7.89	5.77
		8	3.85	2.42	3.69	2.42	3.43	2.26
	1000	3	16.37	12.36	19.27	14.44	11.54	7.74
		6	6.51	3.93	6.33	4.24	7.23	4.63
		8	3.71	2.42	3.78	2.36	3.35	2.20
SSMELR	50	3	114.69	279.57	137.06	284.51	42.80	134.89
		6	13.87	26.48	13.08	38.75	21.96	94.86
		8	5.91	3.89	5.71	3.24	5.23	2.93
	100	3	114.69	279.57	49.92	131.49	16.39	13.83
		6	13.87	26.48	9.05	5.83	10.44	8.13
		8	5.91	3.89	5.25	2.76	4.76	2.50
	200	3	37.26	84.70	49.92	131.49	14.36	9.37
		6	9.96	6.89	8.20	4.96	9.16	5.76
		8	5.28	2.83	4.89	2.39	4.62	2.32
	1000	3	18.39	13.27	20.15	14.35	12.77	7.44
		6	8.26	4.93	7.58	4.12	8.89	4.96
		8	4.79	2.30	4.91	2.44	4.51	2.29
SSMME	50	3	91.99	217.02	115.98	259.87	61.28	192.30
		6	9.99	11.86	8.83	8.73	10.20	9.61
		8	5.55	3.48	5.40	3.26	5.15	3.29
	100	3	30.97	78.95	40.36	87.37	20.00	63.68
		6	8.00	5.24	7.78	5.08	8.63	5.85
		8	4.79	2.76	4.60	2.59	4.58	2.70
	200	3	21.15	21.63	22.54	21.70	14.67	11.27
		6	7.74	4.68	6.73	3.81	8.03	5.04
		8	4.65	2.60	4.56	2.53	4.35	2.49
	1000	3	16.81	11.94	18.78	15.49	12.25	8.27
		6	7.16	4.08	6.62	3.77	7.62	4.20
		8	4.46	2.36	4.30	2.22	4.05	2.40



(a) ARL results for the self-starting control charts

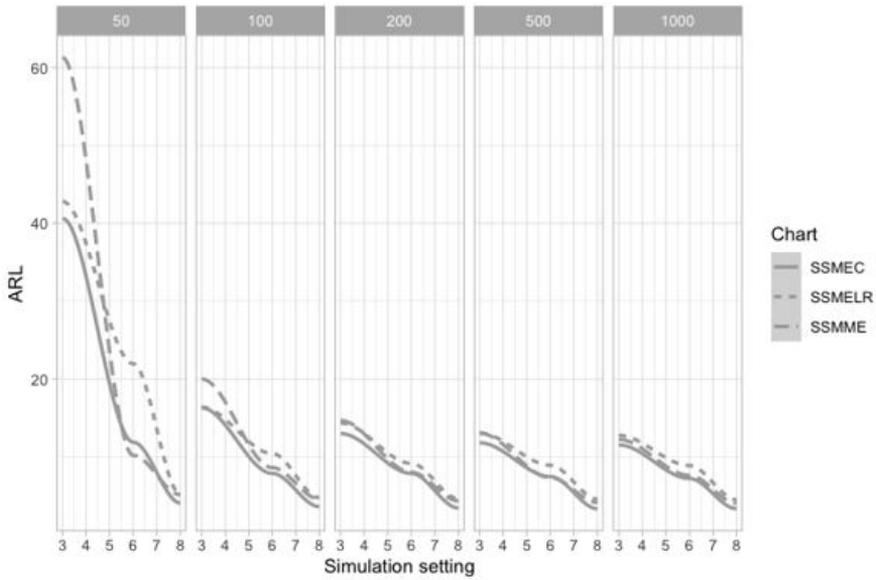


(b) SDRL results for the self-starting control charts

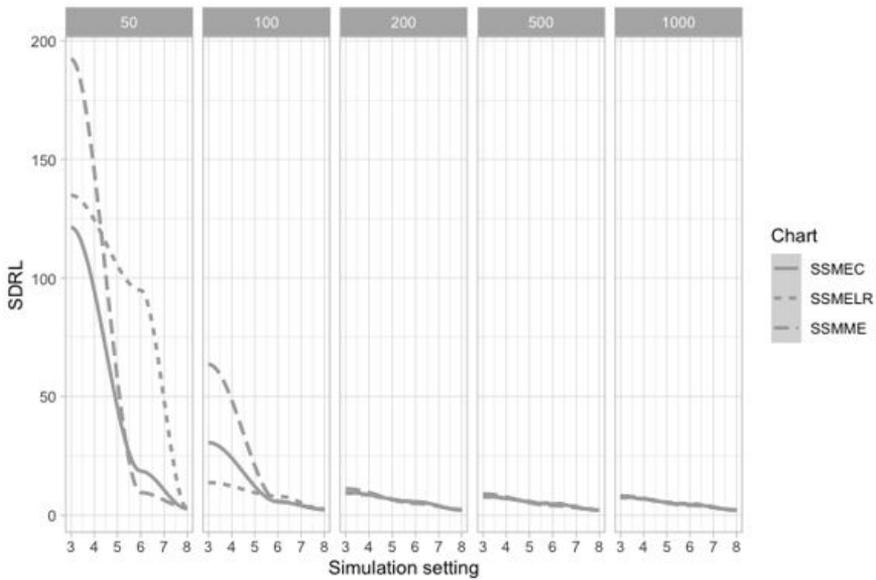
Figure 1. Plots of out-of-control ARL and SDRL of SSMEC, SSMELR and SSMME charts based on various initial sample sizes along with the results when parameters are known ( $\rho = 0.25$ ).

in these figures filters the results for a particular baseline sample size and approach (known parameter or self-starting). Known parameter case is the ideal and the results show that self-starting schemes converge to the known parameter results where a large phase I sample is available or parameters are known. In general, the learning time  $\tau$  has a major impact on the convergence to the known parameter case. In other words, as the learning time increases all the three self-starting control charts converge to their known-parameter settings. Additionally, ARL and SDRL results for the first four cases are relatively high and we see a pattern of reaching the asymptote quickly when magnitudes of shift increases. When we sketch the illustrations of this simulation study, it can be concluded that approaching to the asymptote requires moderate sizes of learning observations. However, research on the effect of parameter estimation shows that the traditional methods also need surprisingly large samples in order to effectively estimate the parameters (Holmes & Mergen, 1993; Jones et al., 2001, 2004). Moreover, a recent study revealed surprisingly low dispersion in  $ARL_0$  results of self-starting method compared to the results for a Shewhart chart with fixed Phase I sample (Keefe et al., 2015).

Comparing ARL and SDRL results reveal some other interesting features of these control charts. MELR control chart slightly over performs MEC and MME for most of the cases. However, this result is not valid for self-starting versions. In general, SSMEC and SSMME over performs SSMELR for most of the cases. They produce less variation in run lengths and reach to the known parameter value with smaller baseline sample sizes on average. ARL and SDRL results of SSMELR are mostly higher than the results of other schemes. Figure 2a and Figure 2b summarizes percentiles ( $10^{th}$  and  $90^{th}$ ) for each self-starting control chart when  $p = 2$ ,  $\rho = 0.25$  and IC  $ARL = 500$ . This figure shows the large variability for small sizes of baseline samples. As the number of observations to update the parameters increase, the dispersion of run length distribution declines dramatically.



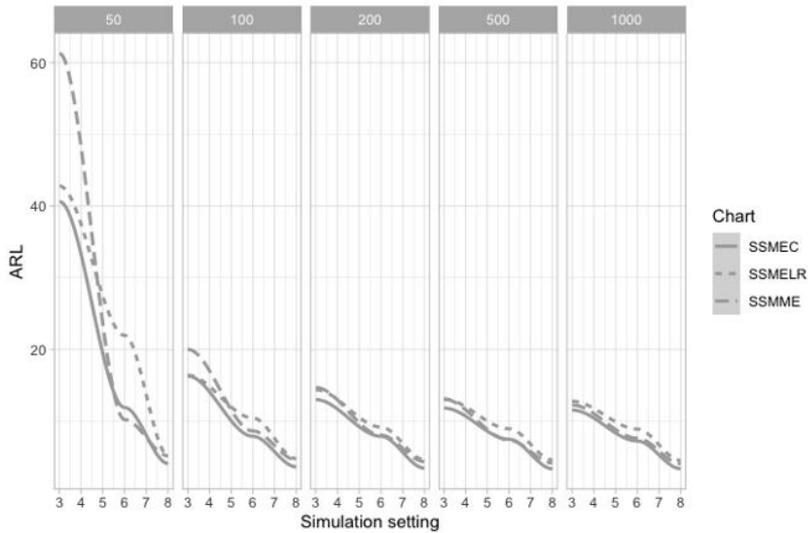
(a) ARL results for the self-starting control charts



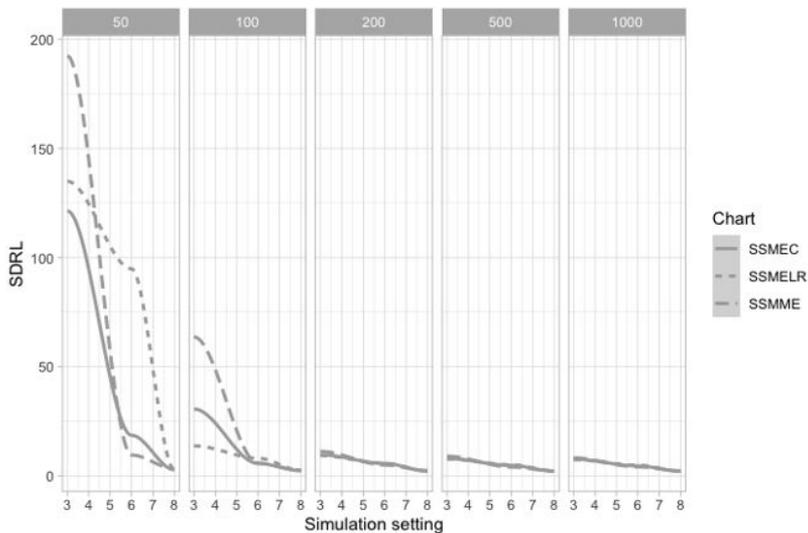
(b) SDRL results for the self-starting control charts

Figure 2. Line plots of percentiles of run length of SSMEC, SSMELR and SSMME charts based on various baseline sample sizes ( $\rho = 0.25$ ).

Effect strong correlation structure ( $\rho = 0.75$ ) on ARL distribution is also studied and given in Figure 3. Figure 3a and Figure 3b show the effect of high correlation ( $\rho = 0.75$ ) on ARL and SDRL results along with various sizes of baseline samples. All the three schemes provide relatively high ARL and SDRL scores for short learning periods. As the learning period extends, magnitude of shift and correlation increase the control charts perform better. On the other hand, the results for small sizes of shift captured by case 3 are slightly different. SSMEC and SSMME charts performs better than SSMELR for weak correlation and small/moderate baseline sample sizes (50–200). Additionally, SSMELR improves its detection capability and provides less variability where strong correlation exists.



(a) ARL results for the self-starting control charts



(b) SDRL results for the self-starting control charts

Figure 3. Line plots of out-of-control ARL and SDRL of SSMEC, SSME LR and SSME charts based on various baseline sample sizes ( $\rho = 0.75$ ).

## 6. An illustrative example: case of hypertension monitoring

Control charts have been widely used to understand health-care data (Doğu, 2012; Eren-Dogru & Dogru, 2013; Kim, 2012). In the complex nature of chronic disease management, monitoring the biological, and clinical characteristics and the identification of special causes are vital for a successful health care monitoring. For example, blood pressure (BP) monitoring is used to assess risk for hypertension as well as cardiovascular diseases. Specialists need to understand: the past and current state of the important blood pressure metrics, the relationships between the metrics, the underlying causes of variation and the possible effects of an intervention. Patient level metrics such as systolic blood pressure (SBP) and diastolic blood pressure (DBP) are important indicators measured over time in order to assess risk and effects of changes in drug regimen and changes in mean levels, metric covariance and correlation in the time course. Examples of implementation of control charts for BP monitoring include Albloushi et. al. (2015), Cornélissen et al. (1997) and Hawkins & Maboudou-Tchao (2008).

Citing the importance of monitoring BP levels over time, we applied the suggested charting methodologies to BP monitoring data previously used in Albloushi et al. (2015). Suppose in this application immediate monitoring is needed to support medical decision making to evaluate the effects of changes in medication. SBP and DBP of a 43 years old male patient who was diagnosed with hypertension were measured for 84 days. The physician suggested the patient to take 10 mg ACE (angiotensin-converting enzyme) inhibitor every day. Pre-treatment and post-treatment measurements are shown in Figure 4.

SSMEC, SSMELR and SSMME control charts were constructed using the dataset and results are presented in Figures 5-7, respectively. All the competing procedures provided strong signals after 42<sup>th</sup> observation where intervention begun. SSMEC is the only non-omnibus control chart we study. MEWMA control chart in Figure 5 presents reactions to mean shifts while C chart provides signals to covariance shifts. Here, we obtained signals

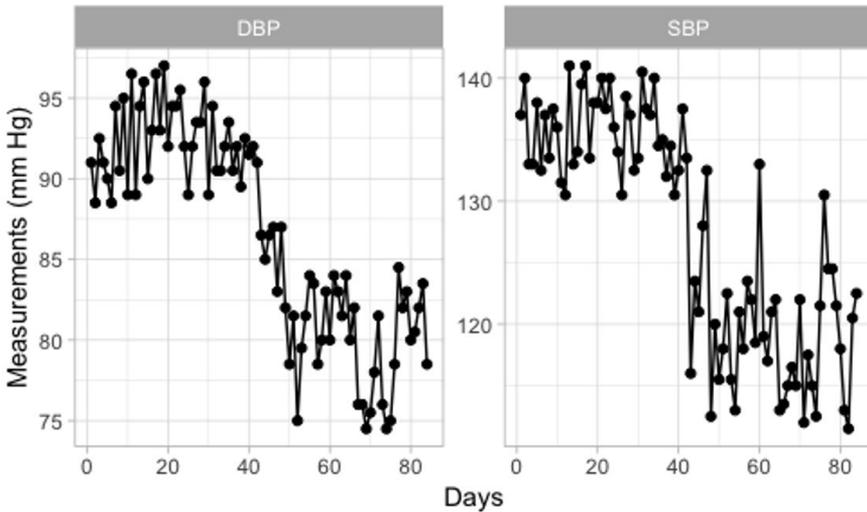


Figure 4. Run charts of SBP and DBP measurements.

from both control charts supporting a simultaneous shift in BP mean and covariance. Similarly, SSMELR chart signals after 42<sup>th</sup> reading. The type of shift is more difficult to evaluate with SSMELR control chart as it doesn't provide built-in diagnostic tools. However, the mean and covariance components are shown in Figure 6. %M values are showing signs of increase over time meaning a strong mean shift is detected with the MELR statistic. SSMME control chart and two diagnostic tools (M and V control charts) are provided in Figure 7. SSMME control chart offers clear and more informative diagnostics while it generates signals for the post-treatment period. Evaluating M and V control charts, we can conclude a joint shift in mean vector and covariance matrix.

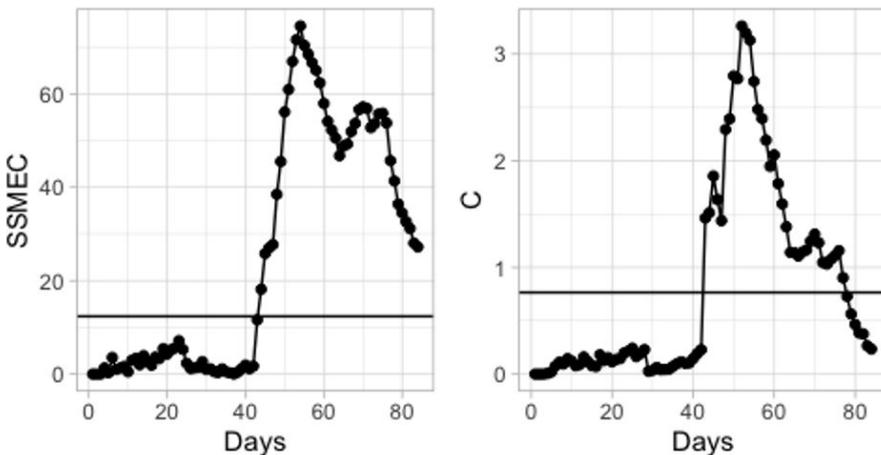


Figure 5. SSMEC control chart for BP dataset.

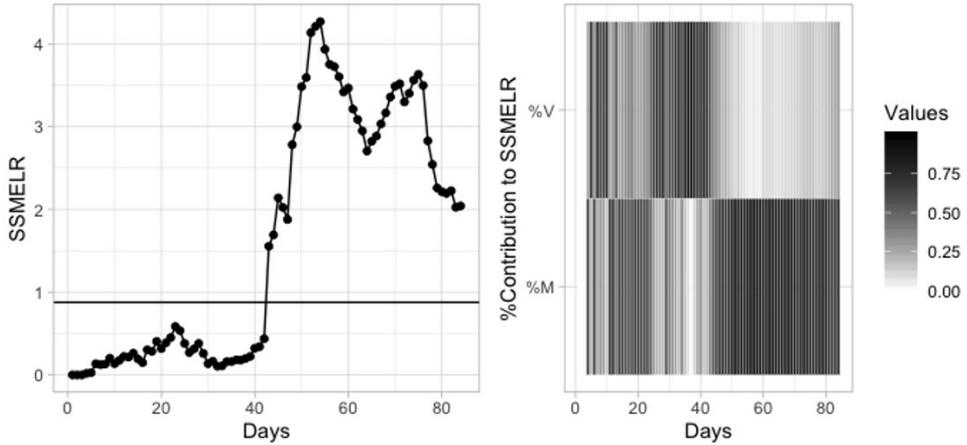


Figure 6. SSMELR control chart for BP dataset.

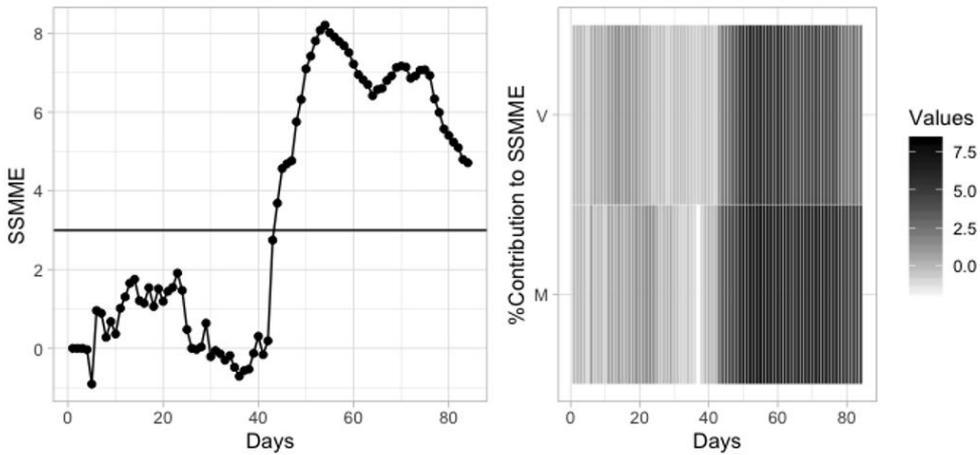


Figure 7. SSMME control chart for BP dataset.

The self-starting control charts studied in this paper provided helpful information to discover problems related to health status, however, they are not directionally sensitive. Table 3 provides summary statistics for pre-treatment and post-treatment data supporting the evaluation of a joint shift. These results show a decrease in mean levels of SBP and DBP and also an increase in their corresponding variances.

Table 3. Summary statistics for BP data.

	SBP		DBP		Correlation
	mean	variance	mean	variance	
Pre-treatment period	135.76	9.86	92.32	5.90	0.27
Post-treatment period	119.35	29.06	80.85	12.74	0.16

## 7. Conclusions

In this study, we discussed self-starting control charts which does not demand for a long historical data for an expensive phase I application to start monitoring. The investigated procedures (SSMEC, SSMELR and SSMME) are easily designed and constructed while they do not require in-control parameter information from phase-I data. In addition, the single multivariate self-starting SPC methods (SSMELR and SSMME) maintain the ability to simultaneously monitor the mean and process variability for a multivariate process. These procedures are quite robust and sensitive to small magnitudes of shift, because the control chart statistics use exponential smoothing.

Some similarities between the methods studied here can be interpreted. The methods discussed in this study, SSME LR and SSMME, are the extensions of the MELR and the MME. These charts use similar statistics, but the underlying assumption is that the parameters are known or can be estimated from a phase I study. In the proposed methods, the need of a phase I study is minimized. Firstly, the unknown distribution is transformed into a standardized distribution. The practitioners use these known parameters for the implementation instead of estimating them from a relatively long pre-observation stage. The relative results show differences from the known parameter case.

From the simulation study, we propose that SSMME control chart is the best choice in real applications. When the charting performance results of SSMME control chart are compared with the existing SSMEC, SSME LR, we found that SSMEC and SSMME control charts proves similar but better detection capabilities than SSME LR control chart in various scenarios of simulation. Considering the performance, SSMME has similar detecting capabilities for joint shifts to the SSMEC chart which is not an omnibus procedure beyond our original purpose. It means SSMEC needs more resources while SSMME provides the similar detecting ability but needs only one control chart during the in-control phase. In addition, SSMME provides the diagnostic tools for further analysis of a signal. SSMME is a well-defined option for diagnostic tools since they use standard  $\pm 3$  limits as a decision rule. Comparing the SSMME with SSME LR, we observe that SSME LR control chart performs better when small shift sizes, short learning periods and strong correlation exist. When only mean shift is considered, SSME LR also provides better results for small shift sizes and short learning periods.

The number of learning observations to update the parameters is a concern for these methods. This may lead professionals to think of the learning period as a type of phase I application. The benefit of the methods in this study is that the practitioner may detect shifts even after a short initial learning session and may immediately start monitoring after a few process readings obtained. Self-starting methods include a continual learning fragment and against the traditional approach they update the parameter when a new observation enters. This makes the method to be increasingly precise as the in control data gathering grows and eliminates the phase I and II distinction. The self-starting methods need a careful practice to obtain these benefits. Every signal should be carefully inspected and the special causes should be eliminated not to contaminate the parameter update process. The reaction to the early shifts may cause variance inflation and careful consideration is needed for parameter update. Running the charts backwards to diagnose very early shifts is proposed (Maboudou-Tchao & Hawkins, 2011) as a way of preventing this type of problem.

We introduced a motivating example of blood pressure monitoring to show the implementation of the methods discussed in this paper. In real health monitoring, SPC methodology is becoming widely accepted as a tool of monitoring process and outcome because it has benefits not only in finding evidence for special causes of variation, but also in understanding noise and common causes in the process. However, traditional univariate and multivariate SPC methodology still fall short in practical healthcare monitoring application as most of them rely on a phase I dataset and focus on only changes in the mean or variation of the process. Generally, patient health conditions are diagnosed based on mean levels. However, increased variability can predict illness, even if the mean level is stable. Second, it is difficult to gather sufficient in-control process data regarded in clinical settings. The methods discussed in this study provide a way of overcoming these difficulties.

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