

## **Original articles**

# Educational Speech-Language Pathology in the curricula of Speech-Language Pathology Programs in Brazil

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## **ABSTRACT**

**Purpose:** to investigate the inclusion of Educational Speech-Language Pathology in the curricula of Speech-Language Pathology programs in Brazil.

**Methods:** a descriptive, exploratory, documentary research based on information from public domain documents. Data were collected from the search on the website of the *Conselho Federal de Fonoaudiologia*, each institution's curricula being analyzed.

**Results:** a total of 72 higher education institutions in Brazil, offering a Speech-Language Pathology bachelor program, was found. Of those that had their curricula available on the website, 34 offered at least one course on Educational Speech-Language Pathology. In most institutions, such courses had a study load of 40 hours or more, and 87.88% were exclusively theoretical.

**Conclusion:** the presence of Educational Speech-Language Pathology in the curricula represents a progress. However, there is still a long way to go and there are many adjustments to be made for the speech-language pathologist's training to satisfactorily include the field of education.

**Keywords:** Speech, Language and Hearing Sciences; Education; Higher Education

## INTRODUCTION

The relationship between speech-language pathology (SLP) and education exists since SLP emerged as a profession. In almost a century of activities in Brazil - with the profession active and regulated since 1981, it is perceived that speech-language pathologists, due to multiple reasons, including the unfamiliarity with programs and public policies, have drifted away from the field of education and overlooked it, as they settled as health professionals1.

However, it should be emphasized that such distancing has taken place especially in the theoretical field, as the SPL university programs - grounded on physician-centered models that were the rule at the time when they were developed, and that still today have a strong bias in the fields of health - based their training mainly on prevention practices, focusing on the normal/pathological dichotomy<sup>2-4</sup>.

The school itself never stopped being a field of action for the speech-language pathologist. The Federal Speech-Language Pathology Council (Conselho Federal de Fonoaudiologia - CFFa) published in 2005 the resolution no. 3095 to legitimize this professional's practice in the educational setting; then, in 2010, at last, it regulated Educational SLP through resolution 3876.

The work of the educational speech-language pathologist is mainly aimed at promoting education and learning through actions directed to the school community in the different stages of life. To this end, they consider the socio-educational reality of those involved, based on studies involving that population's health and education context7.

It must be kept in mind that, traditionally, the speechlanguage training has emphasized this professional as the one certified to identify, diagnose, and treat people with disorders related to oral and written communication, voice, hearing, orofacial motor functions, and others. For this reason, in education, it is common that their work goals be related to these verbs, although still grounded on prevention. From an educational standpoint, this pathologist must move away from purely clinical conceptions and invest in health promotion8, through practices that ensure quality education and significant learning.

It is undeniable that this professional's specific knowledge related to the acquisition of reading and writing, oral language, voice, and hearing can contribute to the school's educative process, establishing a strong interface between education and health. Nevertheless, the speech-language pathologist must be seen as part of an interdisciplinary team, and, to this end, they must set their goal on working with education - not only for education, as it traditionally happens. Hence, the educational speech-language pathologist can work in partnership with the school's pedagogical team or directly with the children in all levels and modes of education. This professional's understanding of the processes aimed at health promotion is closely connected to the quality of education and characterize the importance of the dialogue between the fields of SLP and education9.

The resolution that regulates this specialty enables the educational speech-language pathologist to work in a wide range of possibilities. Despite this, such practice is still noticeably discrete and incipient in Brazil. According to the CFFa, approximately ten years after this specialty was recognized, only 102 professionals are currently specialized in educational SLP10 in this country - i.e., no more than 1.37% of Brazilian speechlanguage pathologists.

Considering this situation, the question arises as to the space given in speech-language pathology training to foment educational speech-language pathology as a specialty, as well as how such a space has been used in this professional's training.

Therefore, it is necessary to reflect on how education-related themes and the very practice of educational SLP are being approached during this professional's training. Thus, this study aimed to investigate the inclusion of educational SLP in the curricula of SLP programs in Brazil.

# **METHODS**

This is a descriptive, exploratory, documentary study, whose data was electronically collected through the search on the curricula of SLP programs, to investigate their components related to educational SLP. Although it was not necessary to submit the research to the ethics committee, it should be highlighted that the academical institutions researched didn't have their names revealed, neither were they coerced to provide information or be in contact with the researcher to cooperate with this research. All the information obtained concerning it will remain confidential, ensuring the institutions' protection and image.

This research was based on public domain documentary information, collected from the search on the CFFa website, in which the curricula of SLP programs in Brazil were surveyed. The data collection took place from June to August 2018, and the research sample comprised the higher education institutions (HEIs) presented on the CFFa website.

The inclusion criteria were:

- Being listed among the institutions that offered the SLP program, as presented on the CFFa website;
- Having its website operational at the time of the collection:
- Having the curricula available for consultation.

The exclusion criterion was the failure to meet the abovementioned requirements. Hence, the institutions whose websites were not available at the time of the research, or that did not have the curricula available for consultation were excluded from the study.

The data collection was conducted in two stages. In the first one, the institutions presented on the CFFa website were searched; in the second stage, the curricula on the HEI websites were analyzed, considering the following variables: 1) verification of the existence of courses related to educational SLP as a specialty; 2) investigation of the relationship between theory and practice in the courses approaching educational SLP; 3) analysis of these course's study load.

It is important to emphasize that, although the practical aspects of educational SLP are quite near the field of language, especially reading and written language, it is considered that in the speechlanguage pathologist's training the courses aimed at these areas traditionally approach clinical practice. Therefore, this study considered only those courses named "Educational and/or School Speech-Language Pathology". Courses on oral and/or written language were not included in the corpus of the research to be analyzed.

Based on the survey conducted on the curricula of the institutions whose address was available on the CFFa website, 72 (seventy-two) universities/colleges were found throughout Brazil that offered the SLP bachelor program.

Of these, 34 (thirty-four) institutions had at least one course related to educational SLP in its curricula, whereas 23 (twenty-three) of them had no courses related to this area. As for the other 15 (fifteen) institutions, their website was not available at the time of the research. This number is relevant, as it represents approximately 20% of the brazilian institutions that offered the SLP program.

#### RESULTS

The results of the research show that the 2<sup>nd</sup> and 4<sup>th</sup> Regions of the System of Speech-Language Pathology Councils hold the greatest number of HEIs offering the Speech-Language-Pathology Undergraduate Program, each of them with 14 HEIs, as seen in Table 1.

Table 1. Distribution of higher education institutions in Brazil that offer a Speech-Language Pathology program, by regions of the Federal Council of Speech Language Pathology (Conselho Federal de Fonoaudiologia - CFFa)

	Public HEIs		Private HEIs		Total	
	N	%	N	%	N	%
1st Region	02	28.6	05	71.4	07	9.7
2nd Region	08	57.1	06	42.9	14	19.4
3rd Region	03	25	09	75	12	16.7
4th Region	07	50	07	50	14	19.4
5th Region	01	25	03	75	04	5.6
6th Region	02	33.3	06	66.7	80	11.1
7th Region	03	42.9	04	57.1	07	9.7
8th Region	01	16.7	05	83.3	06	8.3
Total	27	37.5	45	62.5	72	100

Captions: HEIs - Higher Education Institutions

Source: CFFa.

The results reveal that, by region, there is a greater proportion, in general, of HEIs with Speech-Language Pathology Programs that include a course related to Educational SLP in their curricula (Table 2).

It was verified that the 7th Region of the System of Speech-Language Pathology Councils - which encompasses Rio Grande do Sul - has proportionally the greatest number of HEIs offering courses related to Educational SLP, as five (71.42%) out of the seven HEIs listed in that Region meet this criterion. In the 3rd, 1st, and 5th Regions, the proportion of HEIs with such courses is equal to or over 50%. There is also a discrepancy to be considered, in which some regions with a great number of institutions with Speech-Language Pathology programs have only a few of them offering courses on Educational SLP in their curricula, as seen in Table 2. In this sense, the 8th Region - comprising four states: Rio

Grande do Norte, Ceará, Piauí, and Maranhão - stands out with the lowest index (33.33%). There are six institutions in this region offering the SLP program, but only two of them have a course approaching Educational SLP in their curricula.

The data related to the 9th Region were not described on the CFFa website at the time of the collection, so they were not reported in this study. According to the CFFa, the 9th Region (which had been recently created at the time of the research) encompasses six states in Northern Brazil - Acre, Amapá, Amazonas, Pará, Rondônia, and Roraima - that used to belong to the 5<sup>th</sup> Region. This new arrangement meets the need for drawing speech-language pathologists nearer their Regional Councils, which that part of the country had long been requesting.

Table 2. Description of Educational Speech-Language Pathology courses in the curricula of Speech-Language Pathology programs in colleges and universities, throughout Brazil

Region	Offering an ESLP course	Not offering an ESLP course	Website unavailable	% per Region
1st	4	2	1	57.14%
2nd	5	6	3	35.71%
3rd	7	2	3	58.33%
4th	6	5	3	42.85%
5th	2	2	0	50.00%
6th	3	3	2	37.05%
7th	5	1	1	71.42%
8th	2	2	2	33.33%
9th	0	0	0	00.00%
Total	34	23	15	

Captions: ESLP: Educational Speech-Language Pathology

The character (theoretical, practical, or theoretical/ practical) of the courses related to the specialty of Educational SLP were evaluated. The proportion of theoretical classes is noticeably greater in the institutions researched (Table 3).

Table 3. Total number of institutions offering practical classes in the courses of Educational Speech-Language Pathology

Approach of the course	No. of Institutions	%
Exclusively theoretical	29	87.88%
Exclusively practical	2	6.06%
Theoretical and practical	3	6.06%
Total	34	100%

Regarding the study load, the research shows that, in 69.70% of the HEIs offering courses that approach Educational SLP, these have more than 40 class hours (Table 4).

**Table 4.** Total study load of the Educational Speech-Language Pathology courses

Study load	No. of institutions	%
<40 hours	23	69.70%
>40 hours	11	30.30%
Total	34	100%

## DISCUSSION

The interface between SLP and education is not recent. Given the limitations of regional, cultural, and linguistic differences, the records of activities of the first speech-language pathologists were mostly related to school-related problems, such as communication and comprehension difficulties. These have always been a matter of concern and challenge for educators, as they have a great influence on learning issues<sup>2-4,8</sup>.

Still today, many education professionals state that they are not prepared to deal with these issues and frequently look for help from speech-language pathologists. Despite the close relationship between the two fields dating from the beginning of the practices inSLP, even being one of its landmarks, EducationalSLP was only regulated as a specialty by the CFFa in 2010<sup>1,8,11,12</sup>.

After almost ten years since its regulation as a specialty, and especially considering the history of the profession, the fact that, currently, less than 50% of the institutions offeringSLP programs in Brazil have courses approaching EducationalSLP calls attention. It is understood that the interest and work in a specific field can be directly influenced by the experiences lived during one's undergraduate years. Therefore, the training has an important role both in the visibility educational SLP has in its field and the recognition given this professional by peers in related areas, particularly in education.

Moreover, it is necessary to highlight that the great majority (87.88%) of the HEIs that offer the course has only a theoretical approach, with a study load of 40 hours - or oftentimes a little more than that. According to the recommendations from the National Health Council (Conselho Nacional de Saúde - CNS) and the national curricular guidelines, the SLP bachelor programs must have a minimum study load of 4,000 (four thousand) hours in the traditional in-class mode, with training that includes experiences of contact with real-life situations<sup>13</sup>. It is known that the 4,000 hours recommended by the CNS must encompass a generalist training, which enables the student who fully completes them to be apt to work with excellence in any of the fields of SLP. However, there should be a reflection on the meaning and possibilities presented by the training in the format currently offered. What does a course of little more than 40 hours approaching educational SLP mean and make possible in a universe of at least 4,000 hours, mostly aimed at identifying and (re)habilitating pathologies?

It is notorious and legitimate that speech-language pathologists increasingly seek recognition as professionals that can also work in partnership with education. However, for that to happen, it is further necessary that this professional be well prepared. In other words, SLP training should equally enable this professional to work in partnership with education, surpassing the limits historically imposed - as they used to have the role, within the school, of identifying communication problems and setting goals to prevent them<sup>8,11</sup>.

Currently, the society has been moving - although often with slow steps - towards respecting and recognizing diversity. Concerning education, the inclusionrelated public policies have also emphasized and sought alternatives and solutions for the different learning methods. Many of the proposals involve changes in concept, in the effort to develop a new meaning to activities involving differences and give these a status within the educational setting.

Hence, the speech-language pathologist that intends to work in the field of education must acquire knowledge beyond the alterations manifested at school, and approach the legislation that regulates that environment, the different teaching methodologies and theories, and the particularities of each different place. Working in public schools certainly has different demands from those found in private schools, for

instance. Furthermore, the work developed in each institution must be connected to the social, historical, and cultural context to which it belongs.

Nevertheless, for this to happen, education needs to be seen, understood, and experienced from a new perspective, one that broadens the visual field, strategies, and actions that have been traditionally aimed exclusively at language alterations that are manifested at school11,12.

Thus, it is suggested that the educational speechlanguage pathologist work beyond instructing students and teachers, with an exclusive focus on language alterations - either to prevent or identify them and proceed with the necessary referrals. The work to be performed by the educational speech-language pathologist, above all, must have in view a horizontal relationship between the fields of knowledge, to together develop the identification of each context's specific demands, leading to a more dynamic teaching-learning process14.

Furthermore, this professional needs to understand the circumstances present beyond the school walls and be enabled to work with them. The educational speechlanguage pathologist's practice must also take the school's management staff into account, as well as the community. The pathologist's planning in partnership with this staff, and education professional's continuing education are examples of practices legitimized by the CFFa for the educational speech-language pathologist<sup>6,15</sup>. However, in practical terms, it can be stated that such spaces have been seldom occupied.

According to a study based on the BrazilianSLP journals<sup>16</sup>, the speech-language pathologist is mostly focused on identifying and (re)habilitating children's alterations - i.e., most of the time, this professional's practice, even in educational institutions, is still guided by a clinical perspective. This seems to reflect the speech-language pathologists' training, which does not yet properly enable them to work otherwise or to broaden their practice in partnership with the field of education - as verified by the data presented in this study. It is also important to highlight that the number of speech-language-pathologists integrating multidisciplinary teams in schools is still considered low, as their professional contribution is often given only as a consultant. Moreover, it cannot be forgotten that their range of professional possibilities still fails to be known and acknowledged - both by educators and speechlanguage pathologists themselves. Such factors certainly contribute to the low number of actions carried out in the field of educational management.

Another aspect to be considered is the quality of the experiences the SLP undergraduates have in the field of education throughout their training. As previously reported, the great majority of courses are exclusively theoretical. While recognizing the fundamental importance of the theoretical basis to any practice, the not less important role of practical experience in learning cannot be neglected, especially during professional training. The practical experience is important as it offers the students a stronger interaction with their physical and social environment, leading them to apprehend faster the theoretical information<sup>17</sup>. It also leads professors to the initiative of more dynamic teaching, integrating the students to the context, helping them understand themselves and the world being presented them, resulting in faster acquisition of knowledge.

The practical classes help develop scientific concepts, besides enabling students to perceive how to approach their future world, which lies outside the classroom, and how to find solutions to complex problems in their field. Also, these classes are a strategy to instill a new perspective on a given issue<sup>18</sup>.

Therefore, it is necessary to reflect whether SLP training has opened the way for the student to work in the educational field beyond the limits of clinical practice. This would enable the student to both get acquainted with and reflect on situations that could take place in such contexts, besides speech-language alterations manifested at school. Certainly, the HEIs that offer Educational SLP courses in their undergraduate programs provide the students more work-related knowledge, which in turn broadens their possibilities to work in the field, strengthening educational SLP in the country. Nonetheless, it is still necessary to investigate and reflect whether the theoretical and methodological bases used in such courses give room to an educational view - redirected from the clinical view traditional approached - committed with promoting a quality education above anything else.

It is, thus, an urgent matter that this field begin to be scientifically intensified, especially with research that portrays the experiences of educational speechlanguage pathologists that are promoting education and learning, in detriment of those grounded on a clinical perspective, mainly using the educational institutions as the context where to collect the data regarding speech-language assessments and diagnoses.

## CONCLUSION

Based on the results of this research, it was concluded that including a course approaching EducationalSLP as a specialty in the curricula of SLP programs is a significant progress in this professional's training. However, there is still a long way to go and there are adjustments to be made within the institutions for the actions of the speech-language pathologist not to be restricted to health, but opened, too, to the demands of the country's educational system, no longer overlooked as an option for this professional's work.

Further research on the inclusion of educational SLP in the curricula of SLP university programs in Brazil is necessary, to update data, and to make people aware of the importance of the work done in this field. Hence, the institutions will be able to show the undergraduate SLP students a new work possibility, which can be done in partnership with the schools. Therefore, it is necessary to deepen the study on the goals and practices experienced during the EducationalSLP courses. It is, thus, urgent that the educational speechlanguage pathologists define and accept their identity to broaden their practices, giving them new meaning and legitimacy.

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### **Erratum**

ln the article, "Educational Speech-Language Pathology in the curricula of Speech-Language Pathology Programs in Brazil", with DOI number: 10.1590/1982-0216/20202231320, published in the journal Revista Cefac 2020;22(3):e1320, in the author's name (page 1):

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