

Original articles

The influence of the bimodal stimulation on the auditory ability of temporal ordering

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Conflict of interests: Nonexistent



Received on: October 30, 2019 Accepted on: March 31, 2020

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ABSTRACT

Objective: to analyze temporal ordering auditory ability in unilateral cochlear implant users with bimodal stimulation.

Methods: the study included 15 unilateral cochlear implant users, six with bimodal stimulation and nine with exclusive cochlear implant and a control group consisting of 15 hearing individuals. Both groups underwent the standard duration and the standard frequency tests for temporal ordering auditory ability analysis. In the inferential analysis of the data, the nonparametric statistical tests Mann-Whitney and Kruskal-Wallis were used (p < 0.05).

Results: there was a significant difference in the performance of the standard frequency test, and subjects with bimodal stimulation presented a better performance than those with exclusive cochlear implants. The standard frequency test was associated with education and speech therapy. On the other hand, in the standard duration test, there was a relation with the implanted ear. The most frequent errors were discrimination for both temporal tests.

Conclusion: bimodal stimulation, education and speech therapy influenced the performance of the frequency pattern test, while the implanted side influenced the performance of the duration pattern test.

Keywords: Hearing; Hearing Loss; Cochlear Implant; Auditory Perception; Hearing Tests

INTRODUCTION

The sense of hearing is fundamental for the development of oral communication and, consequently, for human social interaction. The auditory system transmits environmental and speech sounds to the auditory cortex, where the information is processed to produce a perception of the signal¹. Auditory alterations can seriously impact quality of life, affecting social, professional and psychological aspects of the individual.

Currently, the electronic devices most used in hearing rehabilitation of individuals with hearing loss are the Individual Sound Amplification Device (ISAD) and the Cochlear Implant (CI)2,3. The use of hearing aids can benefit individuals with mild to profound hearing loss. However, as they are sound amplifiers, a sufficient cochlear reserve for good speech perception is required. Individuals who have a bilateral high-grade hearing impairment, and have no benefit from the use of hearing aids, are candidates for the use of Cl4.

The use of unilateral CI and of contralateral hearing aid to the implanted ear is called bimodal stimulation. This stimulation can be a good option to improve communication of individuals who have auditory residue in the non-implanted ear, bringing benefits such as improved sound localization, speech recognition in both silence and noise^{5,6}.

For the perception of speech sounds to occur properly, the integrity of the peripheral and central auditory pathway is important, as the presence of alterations can cause losses in the processing of the information received7. The CI promotes important changes in the auditory restoration and in the users' well-being; however there is still a great variability in the performance of this population8.

Central Auditory Processing (CAP) refers to the efficiency and effectiveness with which the Central Auditory Nervous System (CANS) uses the auditory information. However, factors such as cognitive aspects, experience and the individual's motivation can influence the analysis of the acoustic signal9.

The CAP presents a set of fundamental auditory skills for the processing of verbal and non-verbal information, including temporal aspects composed by the ability to integrate, discriminate, mask and temporal processing9. In Brazil, temporal ordering and resolution skills are the most evaluated aspects in clinical test batteries¹⁰.

The auditory ability of temporal ordering refers to the ability to process multiple sound stimuli according to the order in which they appear over a period of time.

The temporal processing can be considered the basis for the development of most of the auditory processing skills; this is due to the influence of time on the characteristics that encompass hearing information¹¹.

CANS functions are in some way subject to the influence of time. Speech and language comprehension depend on the ability to work with sound sequences12.

Currently in clinical practice, the Frequency Pattern Test (FPT) and the Duration Pattern Test (DPT) are the most used to assess the temporal ordering ability¹³. These tests involve the ability to order the frequency and duration of sounds and the recognition of acoustic aspects over time¹⁰.

The relationships between signal processing by the central auditory system and the use of CI are still sources of several investigations that associate the benefits of using the device to individual auditory perception and of other non-auditory factors^{14,15}. Investigations have already sought to review the temporal skills of resolution and temporal ordering in post-lingual CI users using DPT, FPT and the Gaps in Noise (GIN) test^{3,16}. The limited production of research in this area impairs knowledge and the development of new technologies that can benefit this population.

The aim of this study was to analyze the auditory ability of temporal ordering in users of unilateral cochlear implant and those with bimodal stimulation, in addition to the influence of socio-demographic variables, device usage time and speech therapy.

METHODS

The study was submitted to and approved by the Research Ethics Committee (REC) of the Federal University of Santa Catarina, SC, Brazil, under number 2,054,587 and CAAE number 65513617.4.0000.0121. This is a quantitative, descriptive, experimental, crosssectional investigation. Participants were properly guided and accepted to participate in the investigation on a voluntary basis after signing the Free and Informed Consent Form (FICF).

The population was divided into two groups: Study Group (SG) and Control Group (CG). The SG was composed of 15 individuals using unilateral IC, while the CG was composed of 15 individuals matching the SG, according to gender and age. A maximum difference of five years was used in the age parameter.

The inclusion criteria of the SG included: sensorineural hearing loss of pre or post-lingual origin, severe or profound degree bilaterally, results ≥70% in the

recognition of sentences in an open set17, Brazilian Portuguese as first language and continuous use of CI for at least one year. The medical records were screened in order to obtain information regarding socio-demographic data (gender, age and education), use of bimodal stimulation and speech therapy. The SG was further subdivided into users of exclusive CI and users of contralateral CI + ISAD.

The inclusion criteria for the CG included: presence of auditory thresholds up to 40 dB at frequencies from 250Hz to 4kHz bilaterally¹⁸, speech recognition consistent with pure-tone audiometry and having Brazilian Portuguese as the first language. To assess the presence of behavioral manifestations of the Central Auditory Processing Disorder (CAPD), the Scale of Auditory Behaviors (SAB) questionnaire was applied)¹⁹.

Exclusion criteria included conductive impairment, musical knowledge and the presence of evident neurological or cognitive changes.

The procedures performed in the SG included: DPT and FPT. The individuals that used bimodal stimulation (CI + contralateral ISAD) were initially evaluated only with the CI and later with both devices.

The procedures performed in the CG were: meatoscopy; basic audiological evaluation with investigation of auditory thresholds in the frequencies from 250 to 8kHz¹⁸, logoaudiometry composed by the Speech Recognition Threshold (SRT) and Speech Recognition **Immittanciometry** (IPRF)²⁰; Percentage Index screening²¹; DPT and FPT^{22,23}. The audiological evaluation was performed in an acoustically treated booth, using supra-aural headphones model TDH39, two channels audiometer model AC40 and immittance meter model AT235, both from Interacoustics.

CG participants also answered the SAB questionnaire, which consists of 12 questions related to auditory processing; their score can vary from 12 to 60 points¹⁹.

The temporal tests were applied in the same order, in both groups (CG and SG), initially the DPT and later the FPT. For each test, 30 sequences were presented containing three stimuli each. In DPT, the stimuli differ in duration, and could be long (L = 500ms) or short (C = 250ms). The participants were instructed to verbally name the order in which the stimuli appear in each sequence; a total of six combination possibilities were presented: LLC, LCL, CLL, CCL, CLC and LCC²².

In FPT, the stimuli differed in frequency, being severe (G = 880Hz) or acute (A = 1122Hz); in all there are six combination possibilities presented in different ways: AAG, AGA, GAA, GGA, GAG and AGG.

Participants were instructed to give the correct name to the sequences²³. In both tests, the first six sequences represented a form of training.

The temporal tests were applied in a free field in an acoustically treated cabin, using a speaker located one meter (1m) away from the subject positioned at zero (0º) azimuth. The tests were recorded in a compact disc and were presented in an Asus notebook coupled to the two-channel audiometer, Interacoustics, AC40 model.

The temporal tests were applied with an intensity of 50 dBNS, according to the auditory threshold obtained from the average of the frequencies of 500Hz, 1kHz and 2kHz. For the SG, the tests were applied based on the tritonal mean with the CI connected. In both tests the errors were classified as inversion (example: CLC for CCL or AGG for GGA) or discrimination (example: CLC for LCL or AGG for GAA).

The data were tabulated in an electronic spreadsheet and then a descriptive analysis was performed regarding the variables gender, age, education, length of Cl use, implanted ear, speech therapy and use of bimodal stimulation.

Mann-Whitney and Kruskal-Wallis non-parametric tests were used for inferential statistical analysis of the data. The Mann-Whitney test was used to verify the association between SG and CG performance for both temporal tests, besides checking the association between DPT and FPT and the socio-demographic variables, audiological aspects, speech therapy and the use of bimodal stimulation.

The Kruskal-Wallis test was used to verify an association between the performance of DPT and FPT with education. The p-value was considered significant for values lower than 5% (p<0.05) and is represented with a superscript asterisk (*).

RESULTS

The SG population was composed of 15 individuals using unilateral CI; four of them were males and 11 females. The age range varied between 23 and 68 years of age, with an average of 48 years. Regarding education, nine subjects completed elementary school, four attended high school and only two had higher education. The CG was composed of 15 individuals, five male and ten female, aged 21 years to 65 years (mean 45.5 years). As for education, one subject attended elementary school, seven completed high school and seven completed higher education. The average score in the SAB questionnaire was high (48.37 points), showing that the population in question had no complaints suggesting CAO Disorder.

Table 1 shows the numerical and percentage distribution of the auditory aspects of the SG. It should be observed that the majority of the subjects evaluated had

the CI on the right side and that most of them did not use the bimodal stimulation, in addition to the fact that most of them had already undergone speech therapy.

Table 2 shows the performance of SG and CG individuals for temporal tests.

Table 1. Numerical and percentage distribution of auditory aspects of the population using cochlear implants (n=15)

Audito	ry Aspects	N	%
CI time of use	≤ 2years and 11 months	9	60
of time of use	≥ 3 years		40
Implented our	RE	9 6 12 3 11 4 6	80
Implanted ear	LE		20
Chaoch Thorany	Yes	11	73.33
Speech Therapy	No	9 6 12 3 11 4 6	26.66
Controlatoral ICAD	Yes	6	40
Contralateral ISAD	No	9	60

Legend: N= subjects number; ISAD= Individual Sound Amplification Device; CI= Cochlear implant; RE= Right Ear; LE= Left Ear.

Table 2. Descriptive statistics of performance in the duration and frequency pattern test, according to the group (n=30)

Tests	Minimum (%)	Maximum (%)	Mean (%)	SD (%)	Median (%)	P-value
DPT						
Study Group	33.33	100	77.33	19.52	80.00	0.95
Control Group	46.66	100	78.21	19.30	80.00	
FPT*						
Study Group	16.66	93.33	40.21	23.07	33.33	0.00*
Control Group	36.66	100	65.10	23.19	56.66	

Mann-Whitney Test

Legend: FPT= Frequency Pattern Test; DPT= Duration Pattern Test; SD= Standard Deviation; *= significant P -value (p≤0.05)

There was a significant association in the performance of the FPT, that is, the individuals in the CG obtained better results for the test than those in the SG. For both groups, the performance obtained in DPT was better than in FPT.

The Kruskal-Wallis test was applied to verify the association between the performance of the DPT and FPT in relation to the variable education; it was found that the subjects with higher education exhibited better results in the FPT (p = 0.06 *), in relation to the individuals with less education. Figure 1 shows the performance of the temporal tests according to the level of education.

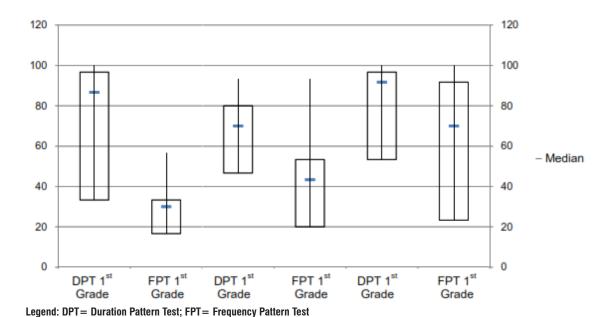


Figure 1. Performance of individuals in the study group and control group, in relation to the educational level (n=30)

The performance of the SG in relation to gender, age, time of hearing deprivation, time of use of CI and speech therapy can be seen in Table 3.

In addition, only an association of FPT with speech therapy was seen.

Regarding the performance of SG individuals according to the stimulation mode (CI or CI + contralateral ISAD), there was a significant association between users of bimodal stimulation and FPT (Table 4).

Table 3. P- Value of the association between the performance of patients using cochlear implants in temporal tests with audiological aspects (n=15)

Tests	Age	Gender	Hearing deprivation time	CI usage time	Speech Therapy
DPT	0.57	0.15	0.17	0.23	0.16
FPT	0.25	0.67	0.19	0.51	0.01*

Mann-Whitney Test

Legend: CI = cochlear implant; FPT= Frequency Pattern Test; DPT= Duration Pattern Test; *= P value (p≤0.05)

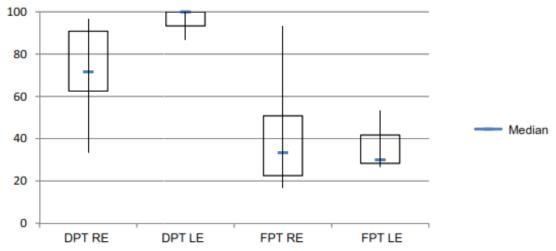
Table 4. Descriptive statistics and percentage of the individuals' performance in temporal ordering tests, according to the stimulation mode(n=15)

Tests	N	Minimum (%)	Maximum (%)	Mean (%)	SD (%)	Median (%)	P- value
DPT							
CI	9	33.33	100	77.33	19.52	80.00	0.67
CI +ISAD	6	70	96.66	87.77	8.95	91.66	
FPT							
CI	9	16.66	93.33	40.21	23.07	33.33	0.01*
CI +ISAD	6	36.66	100	69.99	25.24	69.99	

Mann-Whitney Test

Legend: ISAD = Individual Sound Amplification Device; CI = Cochlear Implant; DPT = Duration Pattern Test; FPT = Frequency Pattern Test; SD = Standard Deviation; * = significant P value (p < 0.05)

There was also a significant association between DPT and the implanted ear; individuals with CI on the left side showed better performance in the test compared to those implanted on the right side (DPT p=0.04*), as can be seen in Figure 2. FPT showed no significant association between ears (FPT p=0,82).

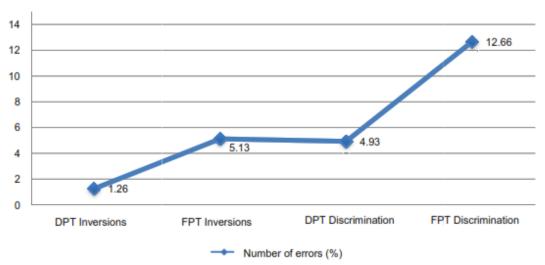


Legend: DPT= Duration Pattern Test; FPT= Frequency Pattern Test; RE= Right Ear; LE= Left Ear

Figure 2. Percent performance of cochlear implant users in temporal tests, in relation to the implanted ear (n=15)

Figure 3 shows the types of errors made by the SG patients in the studied temporal tests.

For both temporal tests, CI users showed a higher occurrence of discrimination errors.



Legend: DPT= Duration Pattern Test; FPT= Frequency Pattern Test

Figure 3. Average percentage distribution of errors made by cochlear implant users, according to the test (n=15)

DISCUSSION

Studies on temporal processing in Brazil have grown significantly in recent years; however further expansion on the topic is still necessary in order to assist prevention, diagnosis, treatment and rehabilitation actions in various clinical populations²⁴.

Monitoring the aspects related to the PAC in CI users can help in the analysis of the performance of these subjects regarding the perception of speech and music, since the implanted device must be considered a component of the complex system that involves the auditory processing^{3,25}.

The understanding about aspects such as the length of time of hearing deprivation, the form of communication, the type of rehabilitation used, the period of installation of the deafness, the etiology of the loss, significantly help the subject's auditory rehabilitation process²⁶.

Knowing the importance of the CAP for the processing of verbal and non-verbal speech stimuli, it should be noted that there are still few studies seeking to assess the auditory skills in the population using a $CI^{3,16}$

In the present study, it is observed that CI users had a lower performance in the FPT compared to the CG; these results indicate the presence of impairments in the hearing ability of temporal ordering in this population. However, there were no significant differences for the DPT.

Another study reviewed the hearing ability of temporal ordering in 14 users of a multichannel Cl.

No significant differences were observed in the performance of the DPT and FPT of this population compared to normal-hearing individuals3. The data found in another study carried out with 12 subjects using unilateral CI reinforces the findings of the present study, inasmuch as they verified a worse performance of this population in relation to normal hearing individuals for the FPT16.

A survey²⁵ that assessed the performance of musical perception skills and temporal auditory skills before and after music therapy in post-lingual patients found that there was no difference in the performance of the frequency pattern test after the intervention. The authors found that the performance in the FPT was well below the normal range of normal hearing individuals and they believe that the time of sensory deprivation (31.9 years) may have influenced this performance.

The performance of CI users seems to be more sensitive to FPT compared to DPT. It is believed that this result can be explained, among other factors, by the cochlear impairment present in the CI users population, since the frequency distinction is present from the cochlea²⁷.

When comparing the subjects who underwent speech therapy or not, there is a statistically significant association between the best performance in PTF and speech therapy (p = 0.01 *), results not observed for DPT (p = 0.16).

Hearing rehabilitation, with the aid of electronic devices such as CI and ISAD, aims to restore or develop the hearing perception capacity of individuals with hearing loss. In addition to audiological factors, motivation, family and patient expectations and the patient therapist relationship can influence the success of auditory rehabilitation. Rehabilitation should be guided by the training of auditory skills, so that the implanted patient can, in addition to perceiving, develop meaning for the auditory sensation received²⁶.

In the current investigation it was found that the implanted side influenced DPT responses, with a better performance for CI users on the left side (Figure 2). The information captured by the left ear is transferred to the right hemisphere, responsible for the processing of non-verbal stimuli, while the stimuli received through the right ear are directed to the left hemisphere, responsible for the processing of verbal information. This process occurs due to the crossing of most of the afferent fibers of the auditory pathway from the superior olivary complex (SOC)27.

Analyzing the most prevalent type of error in the temporal tests, it appears that discrimination was the error with the highest occurrence (Figure 3). It is believed that due to hearing deprivation, individuals have difficulty discriminating, especially frequency. These results are in line with another study, in which there was a higher incidence of discrimination errors for CI users evaluated with the FPT16. The difficulty of frequency discrimination found in the individuals of the present study enhances the need to train this hearing disability in this population.

The distinction in acoustic parameters present in DPT and FPT generates a greater or lesser degree of ease in performing the task, and the characteristics of the stimuli, such as frequency, duration and silence interval, influence the difficulty of the task¹⁰.

The presence of residual hearing is essential for the use of bimodal stimulation. Bimodal stimulation is a non-invasive way of providing binaural hearing, and has been suggested for patients who use unilateral CI and who have residual hearing in the contralateral ear²⁸. One study²⁹ found that approximately 60% of adult CI candidates have residual hearing, mainly in low frequencies in at least one ear. Another more recent study³⁰ found that in candidates to CI surgery 72% had useful residual hearing.

The use of contralateral ISAD promotes important benefits to implanted individuals: bimodal stimulation can take advantage of residual hearing, improve the location of the sound source and assist in understanding the conversation, especially in environments with competitive noise1. However, a national study

reports that bimodal stimulation is still little used by implanted patients, and this fact may be related to the lack of perception about the benefits brought by ISAD²⁷.

In the literature, several studies were found with users of bimodal stimulation who were assessed speech recognition in noise^{6,29,31} and only a few studies with bimodal stimulation relating the temporal aspects¹⁶

In this study, it was found that CI users who took advantage of bimodal stimulation performed better for FPT compared to users of CI only. In the clinical practice this finding in users of bimodal stimulation may contribute, in raising awareness on the importance of use of contralateral ISAD in individuals with residual hearing. Since the temporal aspects are important for the auditory skills of understanding speech, reading and music, the use of bimodal stimulation can bring better benefits to patients in their daily life and leisure activities.

The assessment of central auditory skills in monitoring CI users can contribute to obtain new information, knowledge and technologies, generating greater benefits for this population. It is suggested that the reference services in cochlear implant include at least one temporal test in their clinical routine, such as the frequency pattern, in order to reap one more parameter that helps in the monitoring of cochlear implant users.

CONCLUSION

Through this investigation, it was possible to conclude that the users of unilateral CI presented changes in the performance of their auditory ability of temporal ordering. The use of bimodal stimulation, speech therapy and education influenced the performance of PTF, while the implanted side influenced the performance of DPT.

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