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Effect of ractopamine on Nile tilapia in the end of grow-out period

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ABSTRACT - This experiment was conducted in outdoor tanks to evaluate the effect of inclusion of ractopamine at increasing levels (0, 4, 8, 12, and 16 mg kg⁻¹) as additive in Nile tilapia (*Oreochromis niloticus*) diet in the final grow-out period (750-920 g) during 31 days. Therefore, 400 fish were housed into 20 experimental tanks, in a completely randomized design with five treatments and four replications. Growth performance, body yield, and chemical composition of fish muscle and organs were evaluated. Fish fed diets containing up to 16 mg kg⁻¹ of ractopamine for 31 days did not improve growth or performance parameters. However, lipid percentage of abdominal muscle was different in fish fed ractopamine, reaching the lowest level of 199.3 g kg⁻¹ of ether extract at 8 mg kg⁻¹ treatment. Other body chemical composition parameters did not differ between animals treated or not treated. Feeding ractopamine up to 31 days has limited effect on body composition in Nile tilapia (~900 g), without any changes in growth parameters. This is a lower metabolic response in this species when compared with mammals and other terrestrial animals.

Key Words: beta-adrenergic, feed additive, fish nutrition, growth promoters

Introduction

Nile tilapia is one of the most important species for aquaculture in several countries and its global production has been growing in various production systems (Furuya et al., 2010). It is among the most studied commercial fish species in the areas of reproduction, handling, and nutrition due to its importance.

The excess of carcass fat deposition tends to be a problem in fast-growing fish species, since it may reduce the quality and shelf life of the products (Vandenberg and Moccia, 1998) by lipid oxidation, whose man effect is the modification of the original flavor and occurrence of smell and taste rancidness (Silva et al., 1999). And although it is not considered a species with high fat deposition, tilapia can deposit more visceral fat when receiving unbalanced diets.

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Based on that, the utilization of feed additives as metabolic modifiers can reduce fat deposit in several animal tissues, in addition to other benefits in performance characteristics. Thus, in this context, ractopamine is currently under discussion as an additive to optimize animal performance and to offer a product with better carcass quality.

Ractopamine is a β -adrenergic agonist (βAA) from phenylethylamine group and it has structure and pharmacological properties similar to the endogenous catecholamines: adrenaline and noradrenaline (Johnson, 2004). It is an exogenous substance often called repartitioning agent for its ability to redirect nutrients from adipose tissue and increase skeletal muscle deposition (Moody et al., 2000; Almeida et al., 2012). The nutrient redirection leads to an increased efficiency of energy use, resulting in improved growth and feed efficiency (Vandenberg et al., 1998).

Succinctly, the mechanism of action of ractopamine in adipose tissue refers to decrease on fat deposition by increasing lipolysis and reduction of lipogenesis (Bergen and Merkel, 1991; Moody et al., 2000). In protein metabolism, it may have an anabolic effect, hypertrophy of muscle fibers, and frequency changes in the type of muscle fibers (Beermann and Dunshea, 2005). Ractopamine has been tested in few species of fish, such as channel catfish (Mustin and Lovell, 1993, 1995), rainbow trout (Moccia et al., 1998; Vandenberg et al., 1998; Vandenberg and

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Moccia, 1998; Dugan et al., 2003; Lortie et al., 2004; Haji-Abadi et al., 2010), pacu (Bicudo et al., 2012; Oliveira et al., 2014), and Hungarian carp (Devens et al., 2012). Thus, further studies are needed to test it in fishes of economic importance, such as the Nile tilapia, to determine the optimal dosage and time of supplementation.

Currently, ractopamine has obtained regulatory approval as an additive in pig production in more than 20 countries, such as the United States, Canada, and Brazil (Almeida et al., 2012). However, its use in aquaculture has not been approved in any country yet. As ractopamine can promote an improvement of carcass quality by decreasing visceral fat content, the objective of this study was to evaluate the influence of its inclusion to the final grow-out period (750-920 g) of Nile tilapia diets.

Material and Methods

This experiment was conducted in Toledo, PR, Brazil (-24.7806403 latitude; -53.7235581 longitude; and 476 m elevation). All procedures were performed in compliance with institutional guidelines, including those related to animal welfare. Fish were fed experimental diets along the period of 31 days, since βAA are active and effective when added during short periods of time (28-42 days) (Beermann and Dunshea, 2005). The experimental period was based on that used in experiments with swine (Armstrong et al., 2004; Amaral et al., 2009).

Four hundred fish $(755\pm22.25 \text{ g} \text{ and } 28.02\pm0.31 \text{ cm})$ were used and stocked with 1.5 kg m⁻², totaling twenty animals per tank. Fish were distributed in a completely randomized design, with five treatments and four replications.

Water tank supplies were standardized for experimental tanks (total volume of 8 m³) to provide a water renewal of 25% per day. The temperature was measured two times daily (10:00 and 16:00 h), while dissolved oxygen (mg L⁻¹) and pH were measured weekly with a digital multiparameter equipment (YSI, model 55, Yellow Springs, OH, USA). Physical and chemical parameters of the pond water were similar (P>0.05) throughout the experimental period (average water temperature in the morning was 22.96±0.10 °C, and 25.50±0.22 °C in the afternoon; pH (7.18±0.07); and dissolved oxygen was 5.09±0.59 mg L⁻¹).

A basal diet was prepared (Table 1) by using vegetable ingredients based on digestibility data determined to the species by Boscolo et al. (2002). The basal diet provided the nutritional demands for Nile tilapia at the growth phase, according to Furuya et al. (2010). The diets were supplemented with 0, 4, 8, 12, and 16 mg kg⁻¹ ractopamine,

according to values used in fish experiments (Mustin and Lovell, 1995; Bicudo et al., 2012; Devens et al., 2012), replacing the inert element (sand) contained in the diet and pelletizing it (5 mm diameter). The ractopamine used here is a commercial product in powder form, composed of ractopamine hydrochloride (2 g 100 g⁻¹) and inert carrier, which was mixed together with the feed ingredients before processing.

Fish were fed a control diet (0 mg kg⁻¹) three times daily (10:30, 13:30, and 16:30 h), *ad libitum*, during seven days for conditioning period, and then they were fed the experimental diets. The following performance parameters were calculated at the end of the experiment: weight gain (WG = final weight – initial weight), condition factor [CF = BW \times 100/ TL³, in which BW = body weight (g) and TL = total length (cm)], and specific growth rate [SGR = 100x (ln final weight – ln initial weight)/time (days)].

Ten fish per experimental unit were randomly selected (pool of samples) for processing and evaluation of carcass, trunk, fillet yield, and further body indexes. Fish were slaughtered by immersion in ice water (1°C). The carcass (eviscerated body), clean trunk (eviscerated body without

Table 1 - Basal diet composition

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Ingredient composition (g kg ⁻¹)	Ratio			
Soybean meal	576.0			
Corn	243.0			
Wheat meal	100.0			
Dicalcium phosphate	27.5			
Soybean oil	24.5			
Mineral e vitamin suplement ¹	20.0			
Salt	5.0			
Limestone	3.0			
Inert ²	1.0			
Butylated hydroxytoluene	0.1			
Ractopamine ³	0.0			
Nutrient (g kg ⁻¹)				
Starch	259.0			
Calcium	10.0			
Ash	74.5			
Total phosphorus	10.0			
Fat	41.9			
Digestible protein	286.9			
Crude protein	320.0			
Total lisine	17.2			
Total methionine + cystine	8.74			
Energy (kJ kg ⁻¹)				
Digestible energy	12,560.4			

Warranty level per kilogram of product: folic acid, 200 mg, pantothenic acid, 4,000 mg; biotin, 40 mg; copper, 2,000 mg; iron, 12,500 mg; iodine, 200 mg; manganese, 7,500 mg; niacin, 5,000 mg; selenium, 70 mg; vitamin A, 1,000,000 IU; vitamin B1, 1,900 mg; B12 vitamin, 3,500 mg; B2 vitamin, 2,000 mg; B6 vitamin, 2,400 mg; ascorbic acid, 50,000 mg; vitamin D3, 500,000 IU; vitamin E, 20,000 IU; vitamin K3, 500 mg; zinc, 25,000 mg.

² Sand.

 $^{^3}$ Commercial product composed of ractopamine hydrochloride and vehicle; warranty ractopamine level: 2 g 100 g $^{-1}$. Ractopamine treatments (0, 4, 8, 12, and 16 mg kg $^{-1}$) replacing the portion of the inert element.

head, skin, and fins), fillet, abdominal muscles (ventral), body wastes (head, skin, fins, and spine), viscera (without liver), and liver from each fish were weighed.

The evaluated body yield variables were: carcass yield (CAR), residue (RES), fillet yield (FILLET), and yield of abdominal muscles (AM). Hepatosomatic index (HI) and viscerosomatic index (VI) were also calculated. Flesh chemical analyses were performed according to adapted methods from Mizubuti et al. (2009).

The results were subjected to ANOVA, at the level of $\alpha=0.05$ significance, and then to multiple comparisons of means (Tukey's test). The normality was checked using Shapiro Wilk's Test and homogeneity using Levene's Test. Statistica 7.1 software was used to perform statistical analyses.

Results

Nile tilapia responded similarly as in other experiments with fish, showing low metabolic drug response or an absence of effects. The protein and fat levels remained basically unchanged for all evaluated parameters, except for ether extract portion of the abdominal musculature (Table 2).

On the other hand, ractopamine influenced the abdominal muscle chemical composition (P<0.05), showing a decrease of fat percentage in the treated animals (lower value in the diet with 8 mg kg⁻¹, and higher value in the control treatment), decreasing 23.3% lipid content compared with fish receiving feed without additive. Meanwhile, fat percentage from the other tissues tested

(fillet, liver, and viscera) showed a similar composition and there was no statistical difference in the percentage of crude protein, ash, and dry matter of all tissues evaluated (Table 2).

No differences were detected (P>0.05) on performance parameters (WG, CF, and SGR) of fish fed different inclusion levels of ractopamine and the average fish weight gain in the period was approximately 170 g. Average values of body yield (CAR, RES, FILLET, AM, HI, and VI) were similar for all treatments (Table 3). This may indicate that the dosage used or experimental period adopted were not sufficient to alter the energy flow redirection for other tissues to this species.

Discussion

The present work tested the inclusion of ractopamine in Nile tilapia diets in final grow-out phase and fish weight range corresponds to the slaughter average weight practiced in Brazil. The size of animals (metabolic stage) was chosen based on the concept adopted in experiments with swine, in which the use of ractopamine for a limited period in the end of grow-out phase can improve the carcass yield and reduce the fat content of finishing pigs (Cantarelli et al., 2008; Pereira et al., 2008).

Abdominal musculature is a type of fish cut marketed in Brazil which presents high lipid content when compared with tilapia fillet. Thus, the ractopamine effect could be higher in abdominal area due to the large number of available adipocytes. One possible explanation could be because the βAA acts through its receptors directly on adipose cells,

Table 2 - Proximate composition of muscle and organs (g kg⁻¹) of Nile tilapia fed diets containing increasing levels of ractopamine

	Treatment (mg kg ⁻¹)					D 1	CEM
	0	4	8	12	16	P-value	SEM
			Fill	et			
Dry matter	237.4	237.4	232.2	238.4	234.8	0.5071	0.2525
Ash	11.6	11.9	11.7	11.6	11.9	0.1414	0.0143
Crude protein	190.6	191.1	193.0	194.7	196.9	0.7073	0.2610
Ether extract	27.4	25.4	24.4	24.6	24.0	0.8631	0.1350
			Abdomina	l muscle			
Dry matter	407.8	368.7	355.6	386	374.7	0.1651	1.9680
Ash	8.8	9.1	9.6	8.4	8.9	0.1437	0.0432
Crude protein	159.4	162.8	165.5	153.7	156.4	0.1973	0.4752
Ether extract	259.9b	204.9ab	199.3a	249.3ab	219.8ab	0.0182	2.6859
			Liv	er			
Crude protein	115.0	123.4	114.7	123.7	119.5	0.3255	0.4355
Ether extract	34.8	28.9	28.4	33.9	34.6	0.8454	0.3194
			Visc	era			
Crude protein	52.0	55.4	62.9	55.8	61.6	0.3073	0.4568
Ether extract	443.3	452.6	435.0	430.3	410.8	0.8012	1.5696

SEM - standard error of the mean.

Means in each row followed by different letters were found to differ at the 0.05 probability level by Tukey's test.

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producing signals that control the metabolic activity of the cells (Beermann and Dunshea, 2005). In addition, the activation of the β -adrenergic receptor in the adipose tissue causes phosphorylation of the hormone-sensitive lipase, which initiates lipolysis (Mersmann, 2002; Mills, 2002). In addition, stimulation of β -adrenergic receptor also inhibits the fatty acids and triacyglicerol synthesis (Mersmann, 1998).

However, lipolysis may not be the preferred pathway to decrease fat deposition in other species fed ractopamine included in the diet, as in pigs (Almeida et al., 2012). In pigs, another action of ractopamine on fat metabolism is the promotion of lower fat accretion by reducing lipogenesis (Bergen, 2001), which could be explained by the reduction of the sensitivity on adipose tissue to insulin, as it happens in pigs under βAA stimulation, and an evidence of lipogenesis inhibition (Mills et al., 2002). Furthermore, according to recent works focusing on lipogenic gene expression in the adipose tissue of finishing pigs, ractopamine can reduce the RNA transcription of genes related to lipid synthesis, such as sterol regulatory binding protein-1 (SREBP-1), which is a transcriptional factor that drive genes involved in the synthesis of fatty acids (Horton et al., 2003) and fatty acid synthase (Reiter et al., 2007; Halsey et al., 2011), a key enzyme involved in the synthesis of fatty acids (Ferreira et al., 2013). Although no difference was found in the weight gain between control and treatment groups during the experimental period (average of 170 g) (Table 3), considering that ractopamine may have more efficacy on blocking lipogenesis instead of stimulating lipolysis (Mills et al., 2003), the animals that received ractopamine may have had a decrease of lipogenesis rate, especially at 8 mg kg⁻¹ of ractopamine. This could be supported by the fat percentage difference (P<0.05) verified in abdominal musculature at 8 mg kg⁻¹ of ractopamine (Table 2).

In this experiment, a diet formulation based on vegetable ingredients was used and the experimental diets

exceeded protein content requirements for this species phase (320 g kg⁻¹ of crude protein), also reaching amino acid levels for this species in grow-out phase according to data presented by Furuya et al. (2010), which probably did not limit the effect of ractopamine on the animals (Table 1). According to Mustin and Lovell (1995), when ractopamine was offered to channel fish, it was more functional with surplus of protein ingested, because when the protein intake was restricted by its low dietary concentration or by a reduced feeding frequency, there was no improvement in weight gain.

Some researchers have shown that animal protein sources may be partly or fully replaced by plant protein sources for the Nile tilapia (Boscolo et al., 2001; Meurer et al., 2008). According to Lovell (1998), soybean meal, compared with other vegetable protein feeds, offers protein with a better amino acid profile and also provides concentration of essential amino acids suitable for fish requirements. The present work adopted a diet based on soybean and corn meal.

Despite the fact that some researches show positive results in swine receiving ractopamine supplemented with lysine (Apple et al., 2004; Pereira et al., 2008), in the case of fish, the use of ractopamine combined with amino acid supplementation is even less explored. Although Haji-Abadi et al. (2010) investigated the use of ractopamine supplemented with L-carnitine and obtained better results with this association to rainbow trout, the present experiment aimed to show previously the limited effects only by the ractopamine inclusion for Nile tilapia and no other additive was associated with ractopamine.

Vandenberg and Moccia (1998) reported a protein level increase and a low fat decrease in the carcass. Haji-Abadi et al. (2010), using ractopamine in rainbow trout diet, observed similar behavior for protein and lipids in rainbow trout fillet muscle. Following the same trend,

Table 3 - Performance and body yield of Nile tilapia fed diets containing increasing levels of ractopamine (mg kg⁻¹)

	Treatment (mg kg ⁻¹)				D 1	CEM	
-	0	4	8	12	16	– P-value	SEM
Weight gain (g)	175.80	171.13	167.56	152.93	161.84	0.5328	3.9543
Condition factor (g cm ⁻³)	3.87	3.76	3.90	3.81	3.78	0.9298	0.0268
Specific growth rate (%)	0.54	0.53	0.52	0.47	0.49	0.6052	0.0051
		Е	Body yield (g 100 g	-1)			
Carcass yield	89.63	89.65	89.95	90.43	89.79	0.7984	0.1461
Residue	50.34	51.48	50.91	51.68	51.51	0.5838	0.2477
Fillet yield	35.14	34.42	34.66	34.41	33.75	0.6242	0.2246
Abdominal muscle yield	2.78	3.06	2.93	2.70	3.05	0.6651	0.0718
Hepatosomatic index	1.75	1.77	1.76	1.67	1.71	0.8609	0.0179
Viscerosomatic index	8.85	8.00	8.23	8.15	8.03	0.3012	0.1551

SEM - standard error of the mean.

Mustin and Lovell (1993) observed a fat reduction in the fillet content by feeding channel catfish ractopamine. In the present study, ractopamine did not alter the profile of crude protein, dry matter, and ash for any evaluated tissue (Table 2).

The performance parameters evaluated in the present study were also similar and the average of weight gain was 170 g during experimental period in all treatments (Table 3). Interestingly, channel catfish presented positive response to weight gain when fed ractopamine (Mustin and Lovell 1993, 1995) and Vandenberg and Moccia (1998) reported improvement on feed efficiency of rainbow trout. Haji-Abadi et al. (2010) also reported increase of weight and SGR in juvenile rainbow trout. Following the same trend, with regard to the ractopamine influence on carcass and fish body yield, no differences were observed to Nile tilapia in the present study (Table 3). Likewise, in Hungarian carp (Cyprnus carpio), ractopamine did not modify any body yield parameters evaluated (Devens et al., 2012). However, Mustin and Lovell (1995) reported a body yield decrease and suggested it may have been caused by fat content reduction in muscle of the fish fed ractopamine. These differences probably are associated both to the type of species and the age of animals.

Another factor which seems to have effect on ractopamine response is the physiological state and the age of the animals. Bicudo et al. (2012) obtained better responses in experiments by using pacu (*Piaractus mesopotamicus*) fingerlings and Mustin and Lovell (1995) reported positive results when ractopamine was administered to younger animals. Vandenberg and Moccia (1998) also reported positive results with rainbow trout juveniles.

However, when used in older animals, ractopamine may have low metabolic response or even not present any effect, as shown by the present work. In this experiment, ractopamine did not improve growth parameters for that species in the end of the grow-out phase (750-920 g). Similar result was reported when ractopamine was used in larger rainbow trout (final weight 700-900 g), not modifying animal growth and carcass characteristics (Moccia et al., 1998). This possible trend of lower effects in fish is opposite to that found in experiments with terrestrial animals such as swine.

This suggests that younger fish might present better responses to ractopamine than older fish (Mustin and Lovell, 1995). Likewise, there is a possible trend suggesting that Siluriforms, such as channel catfish, have better response to ractopamine when compared with other fish species.

One aspect to consider regarding the utilization of ractopamine is that the response is not constant over time (Almeida et al., 2012), reaching higher improvement in the beginning of supplementation and decreasing along time (Andretta et al., 2011). According to Beermann and Dunshea (2005), β -agonists are active and effective when added during short periods of time (28-42 days), close to the end of the growing period in swine. This can occur when ractopamine is provided at a constant level over long periods, as a result of down-regulation or desensitization of β AR, or both (Moody et al., 2010; Almeida et al., 2012). This work adopted a 31-day experimental period based on swine experiments (Armstrong et al., 2004; Amaral et al., 2009), although the effect of desensitization can occur earlier in pigs than in fish (Vandenberg et al., 1998; Ferreira et al., 2013).

The use of β -adrenergic aiming at improvements on performance parameters in fish is still little explored when compared with other species, as pigs, for example. According to Salem et al. (2006), studies show that βAA have less anabolic effect in fish compared with mammals and before being used in aquaculture industry, it is necessary to clarify precisely the modulation mechanism of the β -adrenergic receptor in the fish muscle metabolism.

Conclusions

Feeding ractopamine to Nile tilapia (~900 g) up to 31 days has limited effect on body composition of abdominal muscle (fat content), with no changes on growth parameters associated, which could be due a lower response from this species to ractopamine when compared with mammals and terrestrial animals.

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