POSTHARVEST OF IRRADIATED TAHITI LIME FRUITS¹

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ABSTRACT- This study aimed to evaluate the postharvest quality evolution of gamma-irradiated 'Tahiti' limes. Shiny, olivegreen fruits with coarse skin (56 cm equatorial diameter) harvested in commercial orchars and processed in commercial packing house line were used. In a preliminary assay, fruits harvested in April 2011 were exposed to a gamma radiation range from 0 to 750 Gy. The 250 and 750 Gy doses negatively affected skin quality and pulp of exposed fruits. For this reason, new assays were carried out using lower doses to irradiate fruits harvested in July 2011 (off-season) and January 2012 (regular harvest period). Fruit harvested in both periods were selected and exposed to radiation doses of 0, 50, 100, 150, and 200 Gy. All irradiations occurred at a rate of 0.46 Gy/h. After fruit irradiation, physical and chemical analyses were performed along a 20-day storage period at room temperature ($24\pm1^{\circ}$ C and $80\pm5^{\circ}$ RH). Irradiation of fruits harvested in July 2011 and January 2012 and treated with doses of up to 200 Gy did not affect the ascorbic acid content, but doses > 100 Gy caused skin yellowing of fruits harvested on both periods. Gamma radiation at doses \geq 50 Gy reduced the total soluble solids content in off-season fruits. Exposure of fruits harvested in the main harvest period to radiation doses \geq 150 Gy increased weight loss. Irradiation of 'Tahiti' limes at doses between 50 Gy and 700 Gy did not preserve postharvest quality during storage at room temperature. **Index terms:** Citrus latifolia, conservation, gamma radiation, fruit quality.

PÓS-COLHEITA DE FRUTOS DE LIMA ÁCIDA 'TAHITI' IRRADIADOS

RESUMO - O presente trabalho objetivou avaliar a qualidade pós-colheita de frutos de lima ácida 'Tahiti' irradiados. Frutos colhidos de pomares comerciais com casca rugosa, de cor verde oliva brilhante e diâmetro equatorial médio de 56 mm foram beneficiados em casa de embalagem comercial. Em ensaio preliminar foram irradiados frutos colhidos em abril de 2011 com doses de irradiação entre 0 e 750 Gy. As doses de 250 a 750 Gy afetaram negativamente a qualidade interna e externa dos frutos. Consequentemente foram realizadas novas avaliações com doses menores de radiação para frutos colhidos em julho de 2011 (entressafra) e janeiro de 2012 (safra). Em ambas as datas, os frutos foram selecionados e submetidos às doses de 0, 50, 100, 150 e 200 Gy. Em todas as datas, foi usada taxa de irradiação de 0,46 Gy/hora. Após a irradiação, os frutos foram submetidos a análises físicas e químicas durante 20 dias de armazenamento em temperatura ambiente (24±1°C e 80±5% UR). Para os frutos colhidos em julho de 2011 e janeiro de 2012 a irradiação em dosagens de até 200 Gy não afetou o teor de ácido ascórbico, porém exposição a doses > 100 Gy causou amarelecimento da casca nos frutos de ambas as colheitas. A irradiação em dose ≥ 50 Gy reduziu o teor de sólidos solúveis dos frutos colhidos na entressafra. Nos frutos da safra, a exposição a doses ≥ 150 Gy aumentou a perda de massa. A irradiação de frutos de lima ácida 'Tahiti' com doses de 50 a 750 Gy não conservou os atributos de qualidade durante o armazenamento em temperatura ambiente.

Termos para indexação: Citrus latifolia, conservação, radiação gama, qualidade de fruto.

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INTRODUCTION

Occupying the forth position in the Brazilian fruit production ranking, 'Tahiti' lime [Citrus latifolia (Yu. Tanaka) Tanaka] is grown mostly in the state of São Paulo (SP). Although production is sold mostly in the domestic market, a significant increase in export values was observed from 1998 to 2012, especially from 'Tahiti' lime orchards in northern SP. In 2014, 73,600 fruit metric tons were produced in that region, generating an income of US\$79.9 million (CEPEA, 2015).

Quality traits such as juice, absence of skin seeds, skin thickness and fruit size are very attractive to consumers, especially for juice preparation (DURIGAN et al., 2005). The domestic market prefers smooth-skinned juicy 'Tahiti' limes, while the fruit sold in international markets must be coarse and dark green-skinned.

Many local growers have faced problems in maintaining quality standards of 'Tahiti' limes, mainly due to injuries caused during fruit harvest and commercialization, affecting fruit physical, chemical, and sensory characteristics and reducing the number of top quality fruit by as much as 69% (BASSAN et al., 2013).

One of the technologies that may be used to reduce quality defects during the postharvest period is the exposure of fruit to gamma ionizing radiation produced by cobalt 60 (Co60), the synthetic radioactive isotope of cobalt obtained by high purification of non-radioactive Co⁵⁹. This technique has been used to sterilize fruit or reduce the risk of contamination with pathogenic microorganisms, to disinfect vegetables affected by insects and parasites, to inhibit root emergence and to delay ripening (CRAWFORD; RUFF, 1996; SCOTT SMITH; PILLAI, 2004). By inducing minor physiological changes such as reduction of the respiratory rate and consequent fruit dehydration, radiation slows down or even stops the maturation process (GERMANO et al., 1996).

Research on citric fruit has shown that the dose of gamma radiation to be used varies with the cultivar (MILLER et al., 2000). Irradiation of 'Valencia' oranges at dose of 750 Gy successfully conserved quality indexes (NAGAI; MOY, 1985), while exposure of 'Shatang' tangerines and 'Lane Late' oranges to dose of 600-Gy negatively affected postharvest fruit conservation (ZHANG et al., 2014; MCDONALD et al., 2013).

Studies that examined other fruit species also indicated that gamma radiation plays an important role in postharvest conservation by

reducing rot incidence, weight loss and ascorbic acid degradation, in addition to increasing shelf life (MAHAJAN et al., 2014; TEZOTTO-ULIANA et al., 2014; SHAHBAZ et al., 2014; TEZOTTO-ULIANA et al., 2013; SABATO et al., 2009).

The conservation of the green skin hue of 'Tahiti' limes throughout the post-harvest period is an essential aspect for successful commercialization. In this scenario, the present study evaluated the postharvest quality of 'Tahiti' limes exposed to different doses of gamma radiation and stored at room temperature.

MATERIALS AND METHODS

'Tahiti' limes (*C. latifolia* Tanaka) from 7-year old 'Quebra-galho' clone plants grafted onto Rangpuir lime (*C. limonia* Osbeck) were used. Fruits were grown in commercial groves of Itacitrus Agroindustrial e Exportadora S/A company in the municipality of Itajobi, SP (21°19'05" S, 49°03'16" O, 453 m a.s.l.) and had a coarse, shiny green-olive skin, with mean equatorial diameter of 56 mm.

After harvest, fruits were processed according to the standard company classification protocol (cleaning, selection, application of plant regulator, resting, waxing, fungicide application and chemical sanitation, and were packed in 5-kg cardboard boxes). Fruits were then transported in a non-refrigerated truck to the Center for Nuclear Energy in Agriculture (CENA), University of São Paulo, Piracicaba, SP, for gamma radiation exposure. In a preliminary experiment, fruits harvested in April 2011 were treated with 0, 250, 500, and 750 Gy gamma radiation doses. However, due to the deleterious effects on fruits observed at such doses. two additional experiments were carried out with fruits harvested in July 2011 (off-season) and in January 2012 (regular harvesting period), which were then exposed to lower gamma radiation doses of 0, 50, 100, 150, and 200 Gy. In all three assays, 0.46 Gy/h radiation rate was used. After irradiation, fruits were stored in the Fruit and Vegetable Postharvest Laboratory of the Department of Plant Production, ESALQ/USP under controlled temperature (24 \pm 1°C) and humidity (80 \pm 5% RH) for 20 days. Storage at room temperature was conducted aiming to simulate the regular trade conditions of 'Tahiti' limes in the domestic market.

Stored 'Tahiti' limes were analyzed every 5 days along 20 days. Titratable acidity (TA) was determined by potentiometric titration with sodium hydroxide 1 N to pH 8.10 (phenolphthalein end point) and expressed as percent of citric acid content

in the juice. Total soluble solids content (TSS) was measured in a digital refractometer with automatic temperature correction to 20°C and expressed as °Brix. Ascorbic acid (AA) levels were determined from the reduction of the 2,6-dichlorophenolindophenol sodium salt hydrate (DCFI) indicator by ascorbic acid and expressed as mg/g dry weight. Skin color was evaluated by measuring at two opposing points on the equatorial line using a colorimeter (CR-300, Minolta) and was expressed by color index (CI) calculated using the equation proposed by JIMENEZ-CUESTA et al. (1983) (CI = $1000 \times a/(L \times b)$). Weight loss of fresh fruits was assessed using an analytical scale from the difference between initial fruit weight and the weight measured at each analysis and expressed as percent variation.

A complete randomized experimental design was used based on a 4 x 5 factorial (doses x evaluation dates) for the first trial (April 2011), and on a 5 x 5 factorial (doses x evaluation dates) for trials carried out in July and January 2012. All trials considered four replicates per treatment of 10 fruits each. Since no significant interaction was observed between doses and evaluation dates in the three trials, only results obtained at the beginning (day 0) and end (day 20) of the storage period are presented.

For results obtained in the first trial in April 2011, polynomial and simple regression equations were estimated in order to describe the relationship between radiation dose and study variables. Data of fruit harvested in June 2011 (off-season) and January 2012 (main harvest) were submitted to parametric analysis of variance after 0 and 20 days of storage at $24 \pm 1^{\circ}\text{C}$ and $80 \pm 5^{\circ}\text{K}$ RH. Means were compared by the Tukey test at 5%-probability.

RESULTS AND DISCUSSION

The first irradiation with doses of 250, 500, and 750 Gy performed on April 2011 induced a decrease in overall fruit quality, both internal and external, as revealed by variations of TTS, AA and TA levels (Figure 1a, b, c). Fruits analyzed in July 2011 (during the off-season) and in January 2012 (regular harvest period) treated with gamma radiation doses of up to 200 Gy did not show altered AA levels after 20 days from the beginning of storage (Tables 1 and 2).

With respect to TTS, all gamma radiation doses reduced °Brix values in the off-season 'Tahiti' limes (Table 1), but not in fruits harvested during the regular harvest period (Table 2). Higher TA values were observed on off-season fruits treated with 50 Gy, as compared with untreated fruits (Table 1).

The 250 - 750 Gy dose range applied in

the first trial reduced the AA levels of fruits (Figure 1b), as previously observed for 'Shatang' tangerines, in which AA levels dropped at 15 and 30 days after exposition to gamma radiation doses of 500 and 600 Gy, respectively (ZHANG et al., 2014). In the present study, 'Tahiti' limes harvested both in the regular harvest period and in the off-season and exposed to doses of up to 200 Gy did not show variations in AA levels (Tables 1 and 2), as reported in previous studies with 300 Gy dose irradiation on clementines (C. clementina Hort. Ex. Tanaka) and with 200, 400, and 600 Gy radiation doses on 'Lane Late' sweet oranges (C. sinensis L. Osbeck) (MAHROUZ et al., 2002; MCDONALD et al., 2013). Ascorbic acid is involved in several metabolic reactions, among them the oxidative protection of fruits. Due to the direct role of ascorbate oxidase and peroxidase enzymes, AA is one of the most difficult vitamins to be conserved (CHITARRA; CHITARRA, 2005).

Decrease in TTS levels in off-season 'Tahiti' limes after exposure to the highest gamma radiation dose (Figure 1a) and after treatment with doses ranging from 50 to 200 Gy (Table 1) was also reported for 'Pakistani' blood oranges treated with 250 and 500 Gy and also for 'Lane Late' sweet oranges exposed to 400 and 600 Gy (KHALIL ETA AL., 2009; MCDONALD et al., 2013). A study that evaluated the effect of 150, 300, and 450 Gy doses on several citrus fruit varieties 'Ambersweet', 'Hamlin', 'Navel', 'Pineapple', 'Valencia', 'Fallglo', 'Minneola', 'Murcott', 'Sunburst' and 'Temple' showed that TTS levels decreased only in 'Ambersweet' and 'Sunburst' cultivars treated with 300 and 450 Gy (MILLER et al., 2000), while dose of 150 Gy did not affect TTS levels on any of the cultivars analyzed. Sugars, especially sucrose, glucose and fructose, represent between 75 and 80% of TTS of a citrus fruit. In addition, vitamins, proteins, and amino acids are also included in this parameter, providing substrate for maintaining postharvest metabolic activities in fruits (KLUGE et al., 2002).

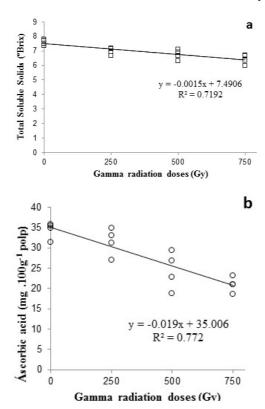
Lower TA values were observed in 'Tahiti' limes harvested in April 2011 and exposed to gamma radiation at doses of 250 – 750 Gy (Figure 1c). A similar finding was previously reported for 'Lane Late' sweet oranges irradiated with 600 Gy and 'Sunburst' and 'Temple' tangerines treated with dose of 450 Gy (MACDONALDS et al., 2013; MILLER et al., 2000). Oppositely, 'Pakistani' blood oranges treated with 250 and 500 Gy had higher TA values, compared with non-irradiated fruits (KHALIL et al., 2009), as also been observed in the present study with off-season fruits exposed to 50 Gy (Table

1). Nevertheless, 'Tahiti' limes harvested during the regular harvest period did not show any effect of gamma radiation on TA after a 20-day storage period (Table 2), as reported for 'Ambersweet', 'Hamlin', 'Navel', 'Pineapple', 'Valencia', 'Fallglo', 'Minneola' and 'Murcott' citrus fruits submitted to gamma radiation at doses of 150, 300 and 450 Gy (MILLER et al., 2000). Acidity is also another important parameter that must be considered in the evaluation of citrus fruit quality. It represents the levels of citric, malic, oxalic, succinic and benzoic acids. In addition to the acidic flavor, these acids also provide citrus fruits with its characteristic smelling, since some of them are volatile compounds (KHALIL et al., 2009; CHITARRA; CHITARRA, 2005).

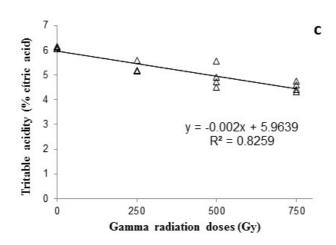
Exposure of 'Tahiti' limes harvested in April 2011 to radiation doses of 250 – 750 Gy increased skin CI, as shown by a corresponding fading green hue of fruit skin (Figure 1 d). A similar hue fading of red color was observed on a previous study with clementines exposed to 300 Gy of gamma radiation, compared with non-irradiated control fruits (MAHROUZ et al., 2012). Differently, no such color change was observed on 'Lane Late' sweet oranges submitted to 200, 400 and 600 Gy radiation doses (MCDONALD et al., 2013). In the present study, 'Tahiti' limes harvested both in the regular harvest period and in the off-season and exposed to 50 Gy of gamma radiation retained the characteristic

green hue of skin after a 20-day room temperature storage period (Tables 1 and 2). The preservation of the dark-green hue of 'Tahiti' lime skin is essential for consumer acceptance. In this sense, if fruit skin becomes yellow, consumers tend to reject it, mainly in international markets, where specific skin esthetic features of 'Tahiti' lime are highly desirable.

Irradiation of 'Tahiti' limes harvested in April 2011 and exposed to 250 – 750 Gy radiation dose also induced weight loss after a 20-day room temperature storage period (Figure 1e). Fruits harvested during the regular harvest season and exposed to 200 Gy also presented lower weight due to shrinkage, compared with non-irradiated fruits (Table 2). However, fruit weight of off-season 'Tahiti' limes was not affected by gamma radiation (Table 1). Irradiation of fruits at 250 and 500 Gy doses induced weight loss in Pakistani' blood oranges (KHALIL et al., 2009), differently from results observed in this study for 'Tahiti' limes harvested in April 2011 and irradiated with 250 – 750 Gy. However, a study that assessed the effect of 200, 300, 400, 500 and 600 Gy gamma radiation doses on 'Shatang' tangerines reported that 200 and 400 Gy doses induced lower fruit loss, as compared with non-irradiated fruits after 15, 30 and 45 days of cold storage. In that study, it was also reported that 500 and 600 Gy doses induced the greatest weight loss in fruits, shortening their shelf life to less than 45 days (ZHANG et al., 2014).



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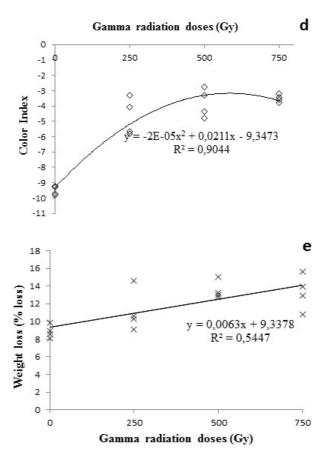


FIGURE 1- Relationship between the internal and external quality parameters of Tahiti lime picked during harvest and off season stored at 24 ± 1 °C and 80 ± 5 % RH for 20 days, and gamma radiation dose applied. ESALQ/USP, April, 2011.

TABLE 1- Total soluble solids, titratable acidity, ascorbic acid, color index and fresh weight loss of offseason 'Tahiti' limes as affected by gamma radiation doses after a 20-day storage period at 24 ± 1 °C and 80 ± 5 % RH. ESALQ/USP, July 2011.

Gamma radiation dose (Gy)	Days at 24°C		
_	Day 0	Day 20	
_	Total soluble solids, TTS (°Brix)		
0	7.83 a	9.13 a	
50	7.83 a	8.11 b	
100	7.83 a	8.23 b	
150	7.83 a	8.16 b	
200	7.83 a	7.50 b	
CV	0.00	4.77	
_	Titratable acidity, TA (% citric acid)		
0	5.95 a	5.81 bc	
50	5.95 a	6.13 a	
100	5.95 a	6.06 ab	
150	5.95 a	5.99 ab	
200	5.95 a	5.54 c	
CV	0.00	2.19	
	Ascorbic acid, AA (mg ascorbic acid/100 pulp)		
0	33.62 a	33.27 a	
50	33.62 a	35.65 a	
100	33.62 a	33.06 a	
150	33.62 a	31.53 a	
200	33.62 a	31.94 a	
CV	0.00	11.62	
	Color index, CI		
0	-8.64 a	-8.67 a	
50	-8.64 a	-9.14 a	
100	-8.64 a	-7.92 ab	
150	-8.64 a	-7.10 b	
200	-8.64 a	-6.82 b	
CV	0.00	- 8.31	
	Loss of weight (%)		
0	0.00 a	10.09 a	
50	0.00 a	10.03 a	
100	0.00 a	9.98 a	
150	0.00 a	10.41 a	
200	0.00 a	9.69 a	
CV	0.00	20.85	

Means followed by different letters in a column indicate significant differences by the Tukey test (P<0.05).

TABLE 2- Total soluble solids, titratable acidity, ascorbic acid, color index and fresh weight loss of 'Tahiti' limes picked during the harvest period as affected by different gamma radiation doses after a 20-day storage period at $24 \pm 1^{\circ}$ C and $80 \pm 5\%$ RH. ESALQ/USP, January 2012.

Gamma radiation doses	Days at 24°C		
(Gy)	<u> </u>		
_	Day 0	Day 20	
	Total soluble solids, TTS (°Brix)		
0	8.95 a	8.31 a	
50	8.95 a	8.74 a	
100	8.95 a	8.21 a	
150	8.95 a	8.06 a	
200	8.95 a	8.34 a	
CV	0.00	3.92	
_	Titratable acidity, TA (% citric acid)		
0	6.26 a	6.28 a	
50	6.26 a	6.17 a	
100	6.26 a	6.21 a	
150	6.26 a	6.08 a	
200	6.26 a	6.09 a	
CV	0.00	3.15	
	Ascorbic acid, AA (mg ascorbic acid/100 g pulp)		
0	45.31 a	42.56 a	
50	45.31 a	45.49 a	
100	45.31 a	45.99 a	
150	45.31 a	43.79 a	
200	45.31 a	43.70 a	
CV	0.00	3.88	
	Color index, CI		
0	-10.40 a	-9.53 bc	
50	-10.40 a	-10.04 ab	
100	-10.40 a	-10.33 a	
150	-10.40 a	-9.68 ab	
200	-10.40 a	-8.93 c	
CV	0.00	-3.33	
	Fresh weight loss (%)		
0	0.00 a	9.41 b	
50	0.00 a	9.35 b	
100	0.00 a	10.29 b	
150	0.00 a	10.42 ab	
200	0.00 a	11.47 a	
CV	0.00	4.98	

Means followed by different letters in a column indicate significant differences by the Tukey test (P < 0.05).

CONCLUSIONS

Irradiation of 'Tahiti' limes with gamma radiation at doses of 50 – 750 Gy did not preserve fruit quality parameters during storage for 20 days at room temperature. The effect of radiation on TTS, TA and fresh weight loss varied with the period during which fruits were harvested.

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