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Correspondence

Postmenopausal osteoporosis, breast cancer, and aromatase inhibitor

Osteoporose pós-menopausa, câncer de mama e o inibidor da aromatase

Dear Editor,

The recent article on bone mineral density in postmenopausal women with and without breast cancer was very interesting. Conde et al. concluded that The prevalence of abnormal bone mineral density (BMD) was higher in postmenopausal breast cancer survivors (BCS) than in postmenopausal women without breast cancer". Certainly, the concern regarding osteoporosis in the cancerous patient is very important. As Conde et al. mentioned, "special vigilance and the adoption of interventions should be instituted early to minimize bone loss". Indeed, cancer therapy should also be focused on monitoring osteoporosis among cancerous patients. The use of aromatase inhibitor as an adjuvant therapy in breast cancer is quite intriguing. It was recently reported that the use of aromatase inhibitor significantly increased osteoporosis, especially at femur region.

Conflicts of interest

The authors declare no conflicts of interest.

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