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Update on age-related macular degeneration

Atualização em degeneração macular relacionada à idade (DMRI)

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This section is composed by questions related to the section Guidelines in Focus, published in RAMB 59(3).

Questions

Each of the questions or incomplete statements is followed by four suggested answers or completions. Select the one that is best in each case.

- 1. What is the examination required for the initial diagnosis of age-related macular degeneration (AMD)?
 - a. Dilated fundus examination.
 - b. Optical coherence tomography
 - c. Fluorescein angiography.
 - d. Symptoms analysis.
- 2. In order to diagnose and follow-up exudative AMD, should only fluorescein angiography be performed or optical coherence tomography (OCT) should also be performed?
 - a. Always OCT.
 - b. At least angiography.
 - c. There is no benefit in performing both examinations.
 - d. At least OCT.
- 3. What is the benefit of using intravitreal ranibizumab to treat neovascular AMD?
 - a. 40% increase in visual acuity.
 - b. AMD regression.
 - c. There is no benefit to neovascular AMD.
 - d. Loss of visual acuity reduced by 40% in two years.

- 4. When should the treatment of AMD neovascular with intravitreal ranibizumab start?
 - a. Neovascular AMD should not be treated with this medication.
 - b. After one year of following-up.
 - c. Within the first month after diagnosis.
 - d. As a diagnostic test.
- 5. Is the use of topical antibiotics before each treatment session (intravitreal application) mandatory?
 - a. They are always indicated.
 - b. They are not indicated.
 - c. They should always be associated with povidone-iodine.
 - d. Cephalosporins should be used.

Reference

Bernardo WM, Pastorino AC, Rizzo MC, Rubini N, Di Gesu RW, Di Gesu GMS, et al. Update in anaphylaxis: diagnosis. Rev Assoc Med Bras. 2013;59(3):112.

Answers

- 1. b.
- 2. d.
- 3. a.
- 4. d.
- 5. b.

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