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# BALANCING AMBULANCE CREW WORKLOADS VIA A TIERED DISPATCH POLICY\*

Xun Li and Cem Saydam\*\*

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**ABSTRACT.** Emergency Medical Services (EMS) system's mission is to provide timely and effective treatment to anyone in need of urgent medical care throughout their jurisdiction. The default dispatch policy is to send the nearest ambulance to all medical emergencies and it is widely accepted by many EMS providers. However, sending nearest ambulance is not always optimal, often imposes heavy workloads on ambulance crews posted in high demand zones while reducing available coverage or requiring ambulance relocations to ensure high demand zones are covered adequately. In this paper we propose a tiered dispatch policy to balance the ambulance crew workloads while meeting fast response times for priority 1 calls. We use a tabu search algorithm to determine the initial ambulance locations and a simulation model to evaluate the impact of a tiered dispatch policy on ambulance crew workloads, coverage rates for priority 1-3 calls, and on survivability rate for out of hospital cardiac arrests. We present computational statistics and demonstrate the efficacy of the tiered dispatch policy using real-world data.

Keywords: EMS, dispatching, call priorities, simulation.

### **1 INTRODUCTION**

The main goal of most EMS deployment is to reduce mortality, disability, pain and suffering. A typical process of providing emergency medical service begins when an emergency call is received by the emergency dispatch call center. The emergency medical dispatcher assesses the call by asking specific questions, determines its priority, and identifies which EMS vehicle to dispatch according to the priority of the call. Usually the closest available vehicle is sent to the caller's location as quickly as possible [1, 2]. When the vehicle reaches the location, some form of on-site treatment is provided to the patient. If necessary, the patient is transported to the nearest hospital in order to receive further care. Otherwise, the vehicle becomes free at the location and typically returns to its designated home base or a temporary post to await its next call [3-5].

<sup>\*</sup>Invited paper.

<sup>\*\*</sup>Corresponding author.

Shutterfly, Inc., 1000 Shutterfly Blvd, Fort Mill, SC 29708, USA, Business Information Systems and Operations Management Department, The University of North Carolina at Charlotte, Charlotte, NC 28223, USA. E-mails: jiabey@gmail.com; saydam@uncc.edu

There are several metrics for the level of EMS service: response time and call coverage rate are the most popular ones used by EMS providers and researchers [4, 6, 7]. Response time (RT) is often defined as the elapsed time between the call being received at the dispatch center and an ambulance arriving at the incident scene. Recently, the clinical effectiveness of using RT as a universal rule has been questioned. It makes intuitive sense that fast ambulance RTs should influence patient outcome, however, apart from out of hospital cardiac arrest (OHCA) cases [8, 9], no evidence found in literature suggests a direct relationship between prehospital RTs and patient outcomes.

Blackwell et al. [10] tested the hypothesis that patient outcomes do not differ substantially by a case-control retrospective study. The study patients which are cases defined as Priority 1 transports with RTs exceeding 10:59 minutes were compared with controls with RTs of 10:59 minutes or less. Their results indicated that the two groups do not have a statistically significant difference in neither the mortality nor the frequency of critical procedural interventions. Another retrospective study set in an EMS system that responds to calls for a population of approximately one million by Blanchard et al. [11] compared the risk of mortality in patients (all types) who received a response time greater or equal to 8 minutes with that of those who did not. This study suggested that RTs of  $\geq$  8 minutes were not associated with a decrease of survival to hospital discharge. In a large retrospective study, Weiss et al. [12] reviewed the patient outcomes of non-cardiac arrest patients with two major traumas (motor vehicle crash injuries, penetrating trauma) and two major medical complaints (chest pain and shortness of breath). The authors found that RTs  $\geq$  8 minutes did not adversely affect the patient outcomes for these four major diagnostic groups.

Though RTs represent an important performance indicator, but taken alone, it does not completely predict outcome of disease severity or mortality. In trauma cases, the RT can be longer than five or eight minutes as long as the patient is transferred to a trauma center under one hour, which is known as the "golden hour" or "golden time" [13].

EMS vehicle dispatch policy is the protocol of sending vehicles to the incident scenes according to the priority of the calls. Emergency medical 9-1-1 calls are typically classified as Priority 1, 2, 3, where Priority 1 calls are life threatening emergencies, Priority 2 calls are emergencies that may be life-threatening, and Priority 3 calls do not appear to be life-threatening emergencies [6]. 2010 JEMS Survey [14] showed that 82.7% of the top 200 cities reported having a protocol-driven dispatch process and 68.1% indicated they objectively triage every call. The default dispatch policy is to send the nearest ambulance to all medical emergencies and it is widely accepted by many EMS providers. However, sending the nearest ambulance to all medical emergencies is not always optimal and often imposes heavy workloads on ambulance crews posted in high demand zones while reducing available coverage or requiring ambulance relocations to ensure high demand zones are covered adequately.

In this paper we propose a tiered dispatch policy to balance the ambulance crew workloads while meeting fast response times for life-threatening calls. We achieve our objective by developing a high fidelity simulation approach which removes the need for the majority of the simplifying

assumptions needed for mathematical modeling approaches. We also develop a tabu search (TS) algorithm to determine the initial ambulance locations (posts) for each problem instance. In the TS algorithm we use the novel weighted objective function developed by Knight et al. [15] which includes three call priorities and a survival function of OHCA. With the simulation model we implement two alternate dispatch policies. The default dispatch policy sends the nearest ambulance to all calls. The alternate dispatch policy sends the nearest ambulance to only priority 1 calls, while for priority 2 and 3 calls, we dispatch the ambulance which has the least utilization within certain RT radius. Our results show that the alternate dispatch policy can improve workload balance with no negative impact on OHCA survival rates and minimal reduction in call priority 1 coverage rates.

This paper is organized as follows. The next section reviews the related literature followed by the description of our simulation model in Section 3. In Section 4 we describe the TS algorithm. The proposed tiered dispatch policy and comparative statistics are provided in Section 5. Finally, we summarize our findings and offer future research directions in the conclusions section.

### **2 RELATED LITERATURE**

Locating ambulances and vehicle dispatching policies are the key parts of EMS planning and management because they determine the performance of providing emergency medical service, which ultimately influences patient's lives. EMS vehicle locating, dispatching, and relocating are very complex research topics. The complexity and the importance of EMS has attracted a great amount of research interests which makes it one of the richest and most diverse areas in the OR literature. Brotcorne et al. [16], Goldberg [7], Farahani et al. [17], and Li et al. [18] provide excellent reviews of the research developments in this domain. Recently Aringhieri et al. conducted a broad literature review and identified gaps, challenges, and opportunities for future research [19]. The authors noted that there is relatively much less research on ambulance dispatch policies and in particular highlighted the issues with dispatching the closest-idle policy to all calls.

Carter et al. [20] showed the common rule of sending the closest ambulance is not always optimal by using a simple case where two units, A and B, have equally large areas of responsibility, but A's area has a significantly higher call frequency. In this case, allowing B to respond to some of the calls for which A is the closest unit will reduce the mean response time. There are only a few studies that have considered alternate dispatch policies along with current ambulance deployment strategies. Persse et al. [21] analyzed data from Houston and showed that prioritized dispatch policy where advanced life support resources are dispatched to priority 1 calls significantly improves survival rates. McLay & Mayorga [22] proposed a Markov decision process (MDP) model to study the impact of RT thresholds on patient outcomes and demonstrated the benefits of developing dispatch policies for low and high priority calls. Bandara et al. [23] also proposed an MDP formulation to determine the optimal ambulance dispatch list for a fleet of ambulances deployed in fixed stations. They showed that considering the priority of the calls to determine the optimal dispatch policy can improve patient survivability. McLay & Mayorga [24] extended their MDP model to study the impact of balancing equity and efficiency of servers and fairness constraints such as the fraction of customers served by the closest unit in each zone and call priority. The authors solved the MDP formulation by using equivalent linear programming models for a four demand zone and four server case study extracted from a real dataset. McLay & Mayorga [25] also formulated an MDP model to maximize overall coverage by determining optimal dispatch policies in systems where call priorities are subject to classification errors. They also noted that dispatching the closest vehicle is not always optimal. Bandara et al. [26] proposed a heuristic algorithm to dispatch ambulances based on priority of the call. Their computational experiments showed that the heuristic improved patient survival rate by 4% while decreasing the average response rate by 2%. The authors recommended that future studies should consider flexible deployment and dynamic dispatch policies. Recently, Sudtachat et al. [27] extended Bandara et al.'s work to include multiple-unit dispatch and two types of ambulances; advanced life support (ALS) and basic life support (BLS). They also found that sending the closest unit(s) to all calls is not an optimal dispatch policy. They developed a heuristic which sends the closest ALS and BLS units to priority 1 calls, dispatch the closest BLS unit to priority 2 calls, and dispatch the least busy BLS unit to priority 3 calls. In all of these previous works, it was assumed that the ambulances were stationed in fixed bases and they can only be dispatched after they return to their bases.

While using simulation technique for EMS research traces back to about 1970s, it is much less frequently utilized and often it has been used as a descriptive tool to evaluate the quality of solutions obtained via an analytical approach. Savas [28] used simulation as a tool to analyze the possible improvements in ambulance service of New York. Haghani et al. [29] developed a simulation model to evaluate alternative emergency vehicle dispatching strategies aiming to minimize average response times. Andersson & Varbrand [2] developed a simulation model to test their decision support tools. Restrepo et al. [30] and Maxwell et al. [31] are recent researchers who developed simulation approaches for final evaluation of modeling. Yue et al. [32] used a simulation-based approach to maximize coverage over a distribution of requests.

St John Ambulance, the EMS provider in Auckland, New Zealand, is said to be the first one that has implemented a comprehensive simulation technique in the ambulance location area [5]. St John Ambulance initially used an ambulance simulation system named BartSim to address staff scheduling problems as well as how to allocate their ambulances to the various stations around Auckland [33, 34]. Recently, Kergosien et al. [35] developed a generic and flexible simulation model which explicitly considers EMS response to emergencies and patient transport requests. A detailed review of simulation models applied to emergency medical service operations can be found in Aboueljinane et al. [36]. Overall, simulation based EMS models tend to have a higher degree of detail and strive to precisely mimic the operations of the actual system. They also can have a high degree of face validity and can obtain very accurate replication and validation results [7].

### **3** THE SIMULATION MODEL

In order to develop a realistic simulation model, we analyzed historical emergency call dataset from Mecklenburg County, Charlotte, North Carolina. The dataset is collected from a region of approximately 540 square miles with a population of 801,137 in 2004. The original dataset provided by the emergency medical services agency (MEDIC) has 79,890 records. This dataset includes records of single- and multi-unit dispatches to 62,008 calls they received and scheduled, non-emergency patient transport records. The records include important fields for this study such as the call time stamp, call priority (1-4 for medical emergencies), latitude and longitude of the incident (patient) location, the responding unit(s) location coordinates, call-, chute- (time lapse between dispatch and actual beginning of travel), travel-, service-times, and others.

The data also showed that the number of units sent to a single call varied from 1 to 8. The percentage of single ambulance dispatches was 85%. The percentage of double dispatches was 14%. Clearly, the majority of calls had been serviced by one or two ambulances (99%). A very few of calls required more than 3 units, which can be explained by events such as floods, multivehicle traffic accidents, and alike. We noted that there were relatively fewer calls classified as priority three or four (both non-life threatening); therefore, we combined them into priority three calls. From here on, we refer to priority 3 and 4 combined as priority 3. We also removed records with incomplete or inconsistent entries, and calls for patient transport (non-emergency or scheduled). For calls serviced by multiple vehicles we kept only the records of the first arriving unit. This effort resulted in 8921, 24242, and 5236 priority one, two, and three calls respectively.

In order to generate travel times realistically in our simulation program, we developed regression models of travel time for priority 1 and 2 combined, since the ambulances travel with lights and siren to these calls, and a separate travel time model for priority 3 calls. In both cases the dependent variable is travel time in minutes and the independent variable is distance in miles. We first computed the Euclidean distance between the call and responding ambulance coordinates using the law of cosines formula [37] which takes into account the spherical surface of the Earth. Since Euclidean distance is known to under estimate the actual road distance, we multiplied the Euclidean distances found with the Minkowski coefficient, 1.54, to more accurately estimate the actual road distances [38].

Subsequent to some exploratory analyses with various power transformations we found that the square root transformations applied to both dependent (travel time) and independent (distance) variables give the best results, resulting in  $\mathbb{R}^2$  values of 95.4% and 94.5% for priority 1&2 combined, and priority 3 calls, respectively. From those relations we estimated that ambulances run to an incident scene at an average speed of 35.40 miles/hour and 26.11 miles/hour for priority 1&2, and priority 3 calls, respectively.

Service time is a major part of the total time that an ambulance spends on an emergency call. The data shows that average service time is about one hour with a standard deviation of 15 minutes. For calls that don't need transportation to hospital service time is just the time spent on the incident scene. For calls, of which patients are transported to hospital, service time includes time

spent on the scene, travel time to hospital and handover time in hospital. Although our dataset does not identify clearly which incidents needed transport to area hospitals, a recent study with Charlotte data reported that about 75 percent of all calls require transport to a hospital [39]. We assumed that the calls with service times exceeding 15 minutes require transport to hospital with 75% probability. For those call, the ambulance is moved to the nearest hospital and the clock is advanced using the service time read from the dataset.

For location and relocation of ambulances we organized the call data by imposing the same 2 mi. by 2 mi. grid used in Rajagopalan et al. [40] resulting in 168 nodes. Further, since calls for EMS services are well documented to vary by time of the day and day of the week, we adopted the same 2-hour time intervals in [40] resulting in  $12 \times 7 = 84$  problem instances. Hence, we created 84 call data sets from real data where the time stamp, call priority, service time, and zone the call originated are directly copied from the original call data.

We developed the simulation module using Java (SE Version 7). The simulation module is designed to run a trace-driven simulation where the calls used in the simulation are read from a file. As mentioned above in the call data files each call has a time stamp, location, priority, and service time information. This approach is beneficial for testing and model validation as well as for comparing various dispatch policies. The main logic flow of the simulation model begins with a 9-1-1 call read from a file. The program updates all vehicles' information including current location and status (idle or busy). Then based on the status and location of vehicles, as well as priority and location of this new incoming call, the program decides which vehicle(s) to dispatch according to the dispatch policy applied. If there is no vehicle available, then the program counts this call as a missed call. Once an ambulance is assigned to a call its status is set to busy, after a short time of preparation (chute time) it departs to the incident scene. Next, we calculate the distance to incident followed by the travel time using the regression models developed earlier. When the vehicle reaches the scene, some form of on-scene treatment is provided to the patient. In our apriori generated call datasets about 75% of the incidents require more than 15 minutes of service time which we assume they require transport to the nearest hospital. The travel time to the nearest hospital is calculated by the corresponding regression models discussed earlier. If transportation to hospital is not needed (service time less than 15 min.) then the call is completed at the scene and the ambulance becomes available for the next call. The ambulance could be assigned to the next call after service completion at the scene or at the hospital or enroute to their next post or base. If it is not assigned to a new call, then it returns to its base station or post and waits for the next dispatch order. To the best of our knowledge, no previous model included enroute dispatch. A high-level flowchart of the dispatch process is depicted in Figure 1.

#### **4** THE SEARCH ALGORITHM

In order to determine the initial ambulance posts (locations) we developed a tabu search (TS) algorithm. Since our aim is to test the efficacy of a tiered dispatch policy on multiple call types, we adopted the novel objective function develop by Knight et al. [15] that combines heterogeneous outcome measures into a single function as the fitness function of the TS algorithm.



Figure 1 – Simulation model overview flow chart.

The tabu search algorithm is originally proposed by Glover [41] in 1986. The overall approach is to avoid entrainment in a loop by forbidding or penalizing moves which point to solution spaces previously visited (known as "tabu list"). Unlike hill-climbing which won't make a move where the objective is worse than that of current state, tabu search algorithm always makes a move to the accessible best neighboring solution. In our TS implementation we use a one-dimensional array of size m + 2 to represent a solution where m is the number of ambulances in the system. Figure 2 illustrates the array used in the TS. The first m elements in each array are the ordered zone numbers of ambulance posts. In the next element, m, the corresponding objective function value (ObjF) is stored, and index m + 1 contains a tag used to track the location by changing which this solution is generated.

Elements	3	7	9	 ObjF	Tag
Index	0	1	2	 т	m + 1

Figure 2 – Array representation of a solution.

The basic operation in the TS involves moving an ambulance from node i to node j, where node j is the best location in the neighborhood. We defined the neighborhood as the nodes immediately surrounding the selected node. A chief mechanism for exploiting memory in tabu search is to declare a subset of solutions similar to recently examined solutions are tabu. Each tabu has a tenure (duration) which determines how many iterations the tabu be in effect. The tabu list also referred to memory comprises of solutions (tabu) previously visited. The size of the tabu list equals the tenure of tabu because once a tabu passes tenure it will be automatically removed from the tabu list (memory). Tabu list size and tenure also define the maximum number of tabus allowed at any time. However in TS algorithm we need to consider how to design tabu so that the algorithm won't move to a solution state previously visited. We use the locations of all response ambulances' posts i.e. the solution vector's previous m elements as tabu because the solutions are distinguished by the ambulance locations. In order not to repeat any previous accepted solution, we set tabu list size to the number of iterations.

The majority of the existing objective functions in EMS literature are based on single aspect of EMS, e.g., coverage or cardiac arrest survivability function. As previously noted, to capture the different types of calls and their different level of interests to EMS administration, we adopted Knight et al.'s objective function [15] as the fitness function of our TS:

$$Obj F(\text{state}) = w_0 SF(RT) + w_1 CV_1(RT) + w_2 CV_2(RT) + w_3 CV_3(RT)$$
(1)

$$SF(RT) = 1/(1 + \exp(-0.26 + 0.139RT))$$
<sup>(2)</sup>

where *SF* is a survival probability function for OHCA patients shown in Eq. (2), *CV* denotes a function which tallies the number covered calls for priority 1, 2 and 3 calls under a pre-determined RT threshold. We follow Knight et al.'s heterogeneous measures and set  $w_0 = 16$ ,  $w_1 = 8$ ,  $w_2 = 2$ ,  $w_3 = 1$  for OHCA-, priority 1-, priority 2-, and priority 3-calls, respectively. The corresponding *CV* functions with the target RTs in minutes are shown in Eqs. (3-5):

$$CV_1(RT) = \begin{cases} 1 & 0 \le RT \le 8\\ 0 & RT > 8 \end{cases}$$
(3)

$$CV_2(RT) = \begin{cases} 1 & 0 \le RT \le 14 \\ 0 & RT > 14 \end{cases}$$
(4)

$$CV_3(RT) = \begin{cases} 1 & 0 \le RT \le 21 \\ 0 & RT > 21 \end{cases}$$
(5)

We note that in practice the EMS administrators can easily modify the fitness function and the weights chosen in this paper to accommodate their priorities.

### **5 NUMERICAL EXPERIMENTS**

In order to test the efficacy of the proposed tiered dispatch policy on ambulance crew workloads and the resulting OHCA survival rates, response times per call priority we applied our simulation-optimization approach to the 84 problem instances generated from the real data described in Section 3. It is important to note that in our approach the fleet size is an input variable which clearly impacts the average workload of the deployed ambulances where low fleet sizes will result in high workloads and vice versa. Since we are using the same data set used by Rajagopalan et al. [40] initially we adapted the fleet sizes prescribed (recommended) by their dynamic expected coverage location (DECL) model which finds the minimum of ambulances to meet the target coverage rate. We noticed that with the DECL prescribed fleet sizes for the 84 problems instances, when we run the simulation optimization model with defaults dispatch policy, the resulting average ambulance workload is about 54-56% which is considered high in the EMS community. Hence, we conducted some experiments for each of the 84 problem instances to determine the fleet sizes which will result in 30-32% average workload so that we can test the efficacy of the tiered dispatch policy under high and low average workloads. The fleet sizes for high- and low-average workloads are shown in Table 1. Thus, two dispatch policies and two sets of fleet sizes give us a total of four different settings for each of the 84 problem instances which lead to  $4 \times 84 = 336$  runs.

Interval	Moi	nday	Tue	sday	Wec	lnesday	Thu	rsday	Frie	day	Satu	ırday	Sun	day
Interval	Η	L	Η	L	Η	L	Η	L	Η	L	Η	L	Η	L
12 am – 2 am	11	15	14	21	13	19	14	19	15	20	19	24	17	27
2 am – 4 am	13	19	14	19	13	18	13	20	14	18	15	23	16	26
4 am – 6 am	12	15	13	14	12	15	13	15	14	16	13	18	13	19
6 am – 8 am	15	23	16	22	15	22	15	22	15	22	13	19	13	18
8 am – 10 am	17	29	18	30	17	31	17	30	18	29	16	25	15	24
10 am – 12 pm	19	34	19	33	17	33	18	33	19	33	18	29	17	28
12 pm – 2 pm	19	34	19	33	18	35	19	34	19	34	19	32	18	30
2 pm – 4 pm	19	36	19	33	19	33	18	34	19	36	18	32	18	31
4 pm – 6 pm	18	37	19	35	18	35	18	35	19	38	18	32	16	29
6 pm – 8 pm	17	35	19	33	16	31	16	32	17	32	18	33	16	30
8 pm – 10 pm	16	28	16	29	15	29	16	29	17	32	18	31	16	29
10 pm – 12 am	14	25	16	26	14	24	14	25	17	30	17	32	15	25

Table 1 – Fleet sizes for high (H) and low (L) average workload by time of the day and day of the week.

In the first set of runs, we used the DECL provided fleet sizes (high average workloads) along with the default dispatch policy of sending the nearest ambulance to all calls. Tables 2 and 3 display the results from these runs for Monday only. The columns in Table 2 represent the following: Column "OBJ-Fun" is the objective function value of the best solution found. Under column "OHCA" we report the expected number of survivors of OHCA based on the total number of simulated OHCA incidents within priority 1 calls, and the survival probability (SF%).

					Mond	ay Hig	h Workl	oad Defau	ılt Disp	atch Pol	icy							
Intervals	OBJ-Fun	OHCA	r			P1			P2			P3			1	Workloa	ld	
		Exp. Saved	Total	SF(%)	Covered	Total	$^{o}$	Covered	Total	%	Covered	Total	$q_{\ell o}^{\prime \prime}$	AVG	STD	MIN	MAX	Range
12 am – 2 am	967.09	1.506	3	50.19	58	97	59.79	216	274	78.83	47	54	87.04	0.401	0.060	0.246	0.482	0.237
2 am – 4 am	926.98	1.499	3	49.95	51	TL	66.23	225	249	90.36	45	50	90.00	0.453	0.104	0.196	0.606	0.410
4 am – 6 am	718.88	0.993	2	49.63	39	85	67.24	178	200	89.00	35	35	100.00	0.386	0.097	0.229	0.544	0.315
6 am – 8 am	1431.86	1.491	3	49.70	92	141	65.25	303	365	83.01	66	75	88.00	0.482	0.051	0.377	0.569	0.192
8 am – 10 am	1791.10	2.006	4	50.16	103	199	51.76	416	525	79.24	103	118	87.29	0.588	0.065	0.466	0.697	0.230
10 am – 12 pm	2314.77	3.048	9	50.81	145	244	59.43	496	621	79.87	114	139	82.01	0.606	0.069	0.455	0.746	0.291
12 pm – 2 pm	2131.61	2.038	6	33.96	128	238	53.78	477	808	78.45	121	136	88.97	0.605	0.074	0.459	0.718	0.259
2 pm – 4pm	2217.16	3.010	6	50.17	137	247	55.47	479	627	76.40	115	139	82.73	0.641	0.062	0.507	0.742	0.235
4 pm – 6 pm	2101.70	2.544	6	42.40	129	247	52.23	461	629	73.29	107	139	76.98	0.659	0.067	0.538	0.777	0.239
6 pm – 8 pm	1831.67	2.042	4	51.04	108	209	51.67	416	541	76.89	103	120	85.83	0.621	0.074	0.472	0.717	0.245
8 pm – 10 pm	1541.44	1.528	3	50.92	91	169	53.85	353	448	78.79	83	86	84.69	0.554	0.073	0.403	0.714	0.311
10 pm – 12 am	1360.39	1.524	3	50.80	84	138	60.87	299	364	82.14	66	75	88.00	0.525	0.081	0.325	0.623	0.298
	Sum	23.228	49			Avg=	58.13			80.52			86.80	0.543	Avg=	0.389	0.661	0.272

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Intervals	OBJ-Fun	OHCA				P1			P2			P3			-	Vorkloa	p	
		Exp. Saved	Total	SF(%)	covered	Total	%	covered	Total	%	Covered	Total	%	AVG	STD	MIN	MAX	Range
12 am – 2 am	863.09	1.506	3	50.19	58	76	59.79	165	274	60.22	45	54	83.33	0.421	0.007	0.41	0.433	0.023
2 am – 4 am	802.98	1.499	3	49.95	52	LL	67.53	159	249	63.86	45	50	90.00	0.473	0.007	0.464	0.484	0.021
4 am – 6 am	662.88	0.993	2	49.63	39	58	67.24	150	200	75.00	35	35	100.00	0.400	0.041	0.268	0.439	0.172
6 am – 8 am	1256.86	1.491	3	49.70	88	141	62.41	231	365	63.29	67	75	89.33	0.499	0.009	0.484	0.514	0.030
8 am – 10 am	1559.10	2.006	4	50.16	66	199	49.75	318	525	60.57	66	118	83.90	0.612	0.024	0.517	0.630	0.114
10 am – 12 pm	1944.03	2.565	9	42.74	125	244	51.23	394	621	63.45	115	139	82.73	0.625	0.026	0.518	0.645	0.127
12 pm – 2 pm	1903.42	3.026	9	50.44	129	238	54.20	351	809	57.73	121	136	88.97	0.623	0.016	0.556	0.640	0.084
2 pm – 4pm	1906.16	3.010	9	50.17	124	247	50.20	371	627	59.17	124	139	89.21	0.654	0.026	0.546	0.670	0.124
4 pm – 6 pm	1828.70	2.544	9	42.40	117	247	47.37	371	629	58.98	110	139	79.14	0.673	0.040	0.508	0.693	0.185
6 pm – 8 pm	1591.67	2.042	4	51.04	104	209	49.76	312	541	57.67	103	120	85.83	0.639	0.009	0.625	0.662	0.036
$8 \ pm-10 \ pm$	1390.44	1.528	3	50.92	89	169	52.66	286	448	63.84	82	98	83.67	0.569	0.049	0.434	0.594	0.160
10 pm – 12 am	1179.39	1.524	3	50.80	82	138	59.42	216	364	59.34	67	75	89.33	0.545	0.042	0.425	0.572	0.147
	Sum	23.732	49			Avg=	55.96			61.93			87.12	0.561	Avg=	0.480	0.581	0.102

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results
Monday's
Table 3

Columns "P1-P3" display the number of priority 1-3 calls reached under the corresponding target RT, total number of priority 1-3 calls, and the resulting coverage statistics in percentage. Column "Workload" displays the workload statistics (average, standard deviation, minimum, maximum, and range). For example in Table 2 row 12 a.m. -2 a.m. we display the results from applying the default dispatch policy with DECL prescribed fleet size of eleven ambulances. The results show that the average workload is 0.401 and the range is [0.246 - 0.482]. There are 3 OHCA calls and the expected number of OHCA survivors based on the realized RTs is 1.506 and the resulting average survival probability is 50.19%. How we track the OHCA calls is an important real-life feature of our model. As mentioned earlier about 0.5% of all calls tends to be confirmed OHCA. Since an OHCA incident triggered call must be priority 1 call and given the percentage of priority 1 call is 23.23%, in our trace-driven simulation the percentage of OHCA incidents among priority 1 calls is 2.15%. For example, in this time interval, there were a total of 428 calls from which 100 calls are randomly sampled as priority 1, 274 calls are randomly sampled as priority 2, 54 calls are randomly sampled as priority 3 using 23.23%, 63.13% and 13.64%, respectively. From the sampled 100 priority 1 calls, 3 calls are categorized as OHCA using 2.15%. We analyzed the findings for each day, conducted a series of paired t-tests to determine whether there is a significant difference between the average values of each of the key performance metrics (OHCA survival probability, coverage rates by call priority, and workload range). We found that the test results are consistent across the days of the week. Thus, hereafter we will use Monday's results to summarize the results of the experiments.

### 5.1 OHCA Survival Probability and Priority 1 Call Coverage Comparisons

We are primarily interested in the magnitude of the difference between the mean OHCA survival probabilities resulting from the default dispatch policy (DEF), and the alternate dispatch policy of LU; and, further, whether or not this difference is statistically significant. Similarly, we are interested in differences in the mean coverage rates of the dispatch policies. For brevity, we formally state the null and alternate hypotheses for the OHCA survival probability as follows:

- H0: The difference in the mean OHCA values under DEF and LU policies is zero.
- H1: The difference in the mean OHCA values under DEF and LU policies is greater than zero.

Table 4, below, summarizes the results of the 20 paired *t*-tests of Monday's runs.

Under high average workload conditions, we note that the mean difference in OHCA survival probability between DEF and LU is -0.0070. While this implies that, on Mondays, the LU policy *improves* OHCA survival probability by 0.7%, it is clearly statistically insignificant (*p*-value = 0.33). Importantly, across all days, we note nearly identical results where the mean differences range from -0.0102 (Sunday) to 0.0227 (Wednesday) with all statistically insignificant (1-tail, 5% significance level).

	High Ave	rage Workload	Low Ave	erage Workload
Mean Difference	DE	EF – LU	D	EF – LU
	Diff.	P-value	Diff.	P-value
OHCA	-0.0070	0.33*	0.0000	NA
P1 Coverage	0.0217	< 0.01	0.0491	< 0.01
P2 Coverage	0.1860	< 0.01	0.2670	< 0.01
P3 Coverage	-0.0033	0.34*	0.0034	0.12*
WL range	0.1699	< 0.01	0.3103	< 0.01

Table 4 – Summary of paired t-test results.

Under low average workload conditions, the mean difference in OHCA survival probability between DEF and LU policies is zero for all days. This is, in fact, an expected result. The system wide ambulance busy probability is in the neighborhood of 30% since both dispatch policies send the nearest ambulance to OHCA calls, probability of finding an idle ambulance nearby is thus much greater than it would be in systems where the average busy probability is high.

The null and alternate hypotheses for priority 1 call coverage are as follows:

- H0: The difference in the mean priority 1 call coverage values under DEF and LU policies is zero.
- H1: The difference in the mean priority 1 call coverage values under DEF and LU policies is greater than zero.

Under high workload conditions, the mean difference in priority 1 call coverage between DEF and LU is seen to be (Table 4) 0.0217, and is statistically significant at the  $\alpha = 0.01$  level. Across all days, we note similar results, i.e., that the difference is statistically significant at  $\alpha = 0.01$  except for Thursdays at the  $\alpha = 0.05$  level. We also note that the differences range from 0.0206 (Thursday) to 0.0414 (Sunday). Under low average workload conditions, we see nearly identical results where the mean differences range from 0.0477 (Sunday) to 0.0620 (Wednesday), with all statistically significant (1-tail, 1% significance level).

These results suggest that the default and alternative dispatch policy have different priority 1 call coverage values. The former thus achieves 2.06% to 4.14% more coverage under high workload conditions, and 4.77% to 6.20% more coverage under low workload conditions than does the latter.

## 5.2 Priority 2 and 3 Call Coverage Comparisons

Utilizing similar forms from earlier comparisons, the null and alternate hypotheses for priority 2 call coverage are as follows:

• H0: The difference in the mean priority 2 call coverage values under DEF and LU policies is zero.

• H1: The difference in the mean priority 2 call coverage values under DEF and LU policies is greater than zero.

Referring again to Table 4, we find that, under high workload conditions, the mean difference in priority 2 call coverage between DEF and LU is 0.1860. This implies that, on Mondays, the DEF policy achieves 18.6% more coverage for priority 2 calls. The *p*-value is less than 0.01. We thus reject the null hypothesis that the two policies have same mean coverage at the  $\alpha$  = 0.01 significance level. Across all days, we note identical results, where the mean differences range from 0.1699 to 0.1992 and, again, all are statistically significant at the 1% single-tail significance level. Under low workload conditions, the mean differences range from 0.2649 to 0.276, where, again, all are statistically significant at the 1% significance level. The null and alternate hypotheses for priority 3 call coverage are as follows:

- H0: The difference in the mean priority 3 call coverage values under DEF and LU policies is zero.
- H1: The difference in the mean priority 3 call coverage values under DEF and LU policies is greater than zero.

Under high average workload conditions, Table 4 results show that the mean difference in priority 3 call coverage between the two policies is -0.0033 (-0.3%). This implies that, on Mondays, the LU policy results in a slightly higher priority 3 call coverage. However, the one tail *t*-test critical value is 0.34, which allows acceptance of the null hypothesis, H0.

Examining other days, we find the same results, except that on Saturdays, a small, statistically significant (P-value = 0.025) difference (1.45%) occurs in favor of the DEF policy. Again, though, on all other days, the mean difference is not statistically significant.

Under low average workload, the results are similar to those for high workload conditions. Thus, with the exception of Tuesday's results, where the mean difference is quite minimal (0.64%) but statistically significant (*P*-value = 0.038), the mean difference on all other days was found to be not statistically significant. Hence, we can safely conclude that coverage of priority 3 calls under LU policy will not result in a significant reduction under either high- or low-workload conditions. This is a finding of some practical and theoretical importance.

### 5.3 Workload Imbalance Comparisons

Workload *range* reflects the degree to which the workload is balanced/imbalanced across all ambulances. If, for example, the workload range is 0.20, it means that the difference between the busiest and least busy ambulance is net 10% (e.g., 0.43 and 0.23). It is an important metric that adds to the information needed by administrators in order to create a more efficient and effective fleet of ambulances. We follow a similar procedure to test the *mean* difference of workload between the various dispatch policies. According to the design of *least utilization dispatch policy* 

described previously, we expect to see LU reduce the workload range considerably more relative to DEF. We formally state the relevant null and alternative hypotheses below:

- H0: The difference in the mean workload ranges under DEF and LU policies is zero.
- H1: The difference in the mean workload ranges under DEF and LU policies is greater than zero.

As shown in Table 4, under high workload conditions the difference of mean ranges between DEF and LU is 0.1699 (16.99%) which is statistically significant at the 1% significance level. As anticipated, the latter reduced the workload imbalance from 27.18% to 10.19%, representing a sizeable 62.51% reduction in magnitude. Further, across all days, we note significant reductions in workload imbalance where the mean differences ranges from 0.1441 to 0.2109, with all statistically significant (1-tail 1% significance level).

Of note, we observe a larger reduction in imbalances under low workload conditions where Monday's results show a difference of 0.3103 (31.03%). Essentially, LU policy reduced the imbalance from 0.4242 to 0.1138, representing a 73.20% reduction. Not surprisingly, a *t*-test shows this reduction to be statistically significant at the 1% level. Similarly, across all days, the mean differences ranges from 0.2662 to 0.3389, where, again, all are statistically significant (1-tail 1% significance level).

### 5.4 Overall Comparisons

From previous sub-sections, we see that neither DEF nor LU is likely to make a statistically significant difference in terms of the OHCA survival rate or priority 3 call's coverage. For the coverage of priority 1 calls, excluding OHCA, DEF is statistically better than LU; but, the magnitude of this difference is rather small. For instance, under high workload conditions on Mondays, DEF provides coverage of 58.13% of priority 1 calls, while LU offers coverage of 55.96%.

For coverage of priority 2 calls, the difference between DEF and LU is statistically significant. For instance, under high workload conditions on Mondays, DEF has coverage of 80.52% of priority 2 calls, while LU generates only 61.93% coverage. In terms of coverage of priority 1 (excluding OHCA) calls, DEF thus provides slightly better performance than does LU. In covering priority 2 calls, DEF is considerably better than LU. Interestingly, however, is the fact that, for the workload range, LU achieves significantly better outcomes than does DEF. For instance, under high workload conditions on Mondays, LU reduces the workload from DEF's 0.2718 to 0.1019, a notable reduction of 62.51%.

The key reasons for DEF and LU generating nearly identical outcomes in terms of both OHCA and coverage of priority 1 calls is, we believe, the following: Both DEF and LU send the nearest available ambulance to priority 1 calls, including OHCA. The objective function in the search algorithm heavily favors covering OHCA and priority 1 calls by placing the units in the areas where these calls tend to originate from. Also, there are very few (<0.5% of all; <2.15% of

priority 1 calls) OHCA calls. Lastly, the OHCA survival probability is a continuous function based on RT. When an OHCA RT is, say 8 minutes 1 second vs. 8 minutes, the difference in the computed survival probability is the difference 0.2990 - 0.2985 = 0.0005, clearly negligible. Taken all together, mean difference in OHCA survival probability between DEF and LU is, as expected, negligible. However, none-OHCA priority 1 calls hold the second largest weight and they are also being covered with the nearest ambulances. The results show that LU policy tends to cover 2-4% less than DEF policy and the difference is statistically significant. We believe that this difference is in part due to the simple 0/1 tally function used in the objective function (as well as widely in the literature) where a RT of 8 minutes counts towards being the covered (1), conversely an RT of 8 minutes 1 second will not count at all (0). Further, as noted in Section 1, outside the OHCA incidents there appears to be no clear connection between fast RTs and patient outcomes. Therefore, we can argue that 2-4% less coverage of non-OHCA P1 calls do not necessarily imply any reduction in patient survival.

Interestingly, DEF and LU lead to significantly different coverages of priority 2 calls since the former, unlike the latter, chooses to send its nearest ambulance to priority 2 calls. This generally results in less travel time and, hence, a shorter RT. Curiously, it is not entirely clear why there is little or no difference between the two policies in terms of priority 3 call coverage. One possible explanation is that the target RT of priority 3 coverage of 24 minutes is not difficult to meet, even if the nearest ambulance is not dispatched. The alternative dispatch policy was designed to favor sending less busy vehicles from all those available so it reduces the workload range significantly relative to DEF.

## 6 CONCLUSIONS AND FUTURE RESEARCH

In this paper we developed a simulation embedded optimization approach to relocate ambulances and determine flexible dispatch policies for maximum performance. The proposed approach is based on a thorough analysis of a large historical dataset which makes the model and outcomes more realistic.

In particular, we considered various call priorities; modeled distribution and travel time based on historical data analysis; compared selected dispatch policies; and, then, developed weighted objective functions for multiple classes of concerned interests. In addition, in our trace-driven simulation model, we included enroute dispatching in which ambulances can be dispatched to the next call when one completes a previous call regardless of its current location. Thus, we were able to mimic key real-life conditions of EMS operations.

In order to capture different types of calls and their different level of interests to EMS administration we adapted Knight et al.'s objective function which combines heterogeneous outcome measures into a single function that takes four types of calls into consideration. The objective function was able to capture a variety of phenomena of interest to EMS administrators, while providing sufficient flexibility for them to create their own 'best' objective function. In this regard, we applied two dispatch policies (DEF and LU) in an effort to examine how various policies might affect the performance of an EMS system.

We ran our simulation model for seven days, creating 12 time intervals within each day under both high and low workload conditions. Results suggest that there is little or no difference between DEF and LU in terms of OHCA survival rate and priority 3 call coverage. DEF achieves higher coverage of priority 2 calls than does LU. Although DEF tends to have better performance in its coverage of priority 1 calls, the difference is rather small and in all likelihood does not impact patient outcomes. On the other hand LU significantly reduced the workload range which suggests that it can help balance the workload amongst ambulances and potentially have a positive impact on quality of medical care delivered by the crews.

In general, there appears to be some benefits to practicing DEF or LU dispatch policy. We are able offer some guidelines. For example, if an EMS administrator is concerned more about strict call coverage versus workload balance of ambulance crews, he/she should probably favor the default dispatch policy that sends the nearest ambulance to all calls. On the other hand, if he/she seeks a more balanced workload amongst vehicles, LU policy is clearly more appropriate. However, should an EMS agency adopt a tiered dispatch policy similar to LU they should monitor RTs and patient outcomes as well as keeping track of coverage statistics which are the industry norm. We have thus demonstrated that our proposed approach can be used by EMS managers to evaluate their current practices and test the efficacy of alternate policies.

Although the findings are promising there are some certain limitations of our approach. For example, the simulation-optimization model can be applied in a true GIS environment utilizing the real road network, including one-way streets which will further increase its realism and usefulness. Ambulance travel models can also be improved by taking into account the traffic conditions which vary especially during the rush hours as well as weather conditions.

In terms of future research, there are a number of possible directions. The approach can be extended to consider optimal time of base (post) swaps for the busiest and least busy pairs of ambulances in order to balance their workloads, while dispatching the closest unit to priority 1 and 2 calls. Another extension of the base simulation-optimization model can be to include a two-tiered response where fire engines with EMTs are dispatched to priority 3 calls and ambulances are dispatched to priority 1 and 2 calls. After EMTs assess the patient's condition they can request an ambulance for transport to a hospital. Finally, our simulation optimization model can be extended to study emergency room crowding and ambulance diversion policies [19].

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#### APPENDIX

The dynamic available coverage location (DECL) model proposed by Rajagopalan, Saydam, et al. [40] determines the minimum number of ambulances and their locations to meet a system wide coverage requirement for each time interval. The authors utilize Jarvis' hypercube approximation algorithm [42]. An added advantage of Jarvis' methodology is that it allows for server specific general service time distributions which in this study we found that they are normally distributed. Let *t* be the index of time intervals,  $h_{j,t}$  be the fraction of demand at node *j* at time interval *t*, *n* be the number of nodes in the system, and  $c_t$  be the minimum expected coverage requirement at time *t*. Let  $p_{k,t}$  be the busy probability of the  $k^{th}$  preferred server for a given demand node at time interval *t*,  $\rho_t$  be the average system busy probability at time interval *t*, *m* be the total number of servers available for deployment, and set  $N_j$  is the set of all servers that can cover node *j*. The main decision variable is defined as follows:

 $x_{j,k,t} = \begin{cases} 1 \text{ if server } k \text{ is located at node } j \text{ at time } t \\ 0 \text{ if not} \end{cases}$ 

 $y_{j,k,t} = \begin{cases} 1 \text{ if node } j \text{ is covered by server } k \text{ during time interval } t \\ 0 \text{ if not} \end{cases}$ 

Minimize: 
$$Z = \sum_{t=1}^{T} \sum_{j=1}^{n} \sum_{k=1}^{m} x_{j,k,t}$$
 (9)

Subject to: 
$$\sum_{k=1}^{m} x_{j,k \in N_{j,t}} = \sum_{k=1}^{m} y_{j,k,t} \quad \forall_{j,t}$$
 (10)

$$\sum_{j=1}^{n} \sum_{k=1}^{m} (Z, \rho_t, k-1) h_{j,t} y_{k,j,t} (1-\rho_{k,t}) \prod_{l=1}^{k-1} \rho_{l,t} \ge c_t$$
(11)

$$\sum_{j=1}^{n} \sum_{k=1}^{m} x_{j,k,t} \le m \qquad \forall t$$
(12)

$$y_{k,j,t}, x_{j,k,t} = \{0, 1\} \quad \forall i, j, k, t$$
 (13)

Objective (9) minimizes the total number of ambulances deployed. Constraint (10) counts the number of ambulances that cover each node and tracks which server's cover each demand node. Constraint (11) ensures that total system wide coverage will be greater than  $c_t$  the pre-specified required coverage. A constraint (12) sets the maximum number of servers in the system. Constraints (13) enforce binary and non-negativity requirements.