RABIES LABORATORY DIAGNOSIS: PECULIAR FEATURES OF SAMPLES FROM EQUINE ORIGIN

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Submitted: September 24, 1998; Returned to author for corrections: October 14, 1999; Approved: April 06, 2000

ABSTRACT

Rabies laboratory diagnosis is performed by using microscopic examination for Negri bodies (MEN), fluorescent-antibody test (FAT) and mouse inoculation test (MIT). In the majority of cases, when specimens are properly collected and conserved and the laboratory worker has good experience, agreement among employed techniques is verified. Comparing the sensitivity of these three diagnosis techniques in 3,713 samples (hippocampus and brain stem) received during 1981-1994 period, being 3,010 from bovine (983 positives) and 703 from equine (111 positives) species, it was observed that in equine rabid samples, this agreement was not maintained. For the latter specie, only in few opportunities the Negri bodies could be observed. With respect to FAT, the test detected a lower porcentage of positive equine samples compared to bovine species. Statistical analysis demonstrated that the difference was significative. Mouse inoculation test proved to be more sensitive. However, a significant difference in mice incubation period was observed for samples from both species. The absence of inclusion bodies and the longer incubation period for equine samples suggest that rabies pathogenesis studies for equine species have to be intensified.

Key words: equine rabies, laboratory diagnosis

INTRODUCTION

Rabies in herbivores in Brazil is determined mostly by the presence of the vampire bat. Bovine and equine may be included among the animal species most affected by the vampires. The laboratory diagnosis has fundamental importance so that control measures can be taken, and human treatment decisions may be recommended. Therefore, a reliable diagnostic method must be applied, utilizing adequate and recommended techniques, taking into consideration the limitations and failures of each method. The microscopic examination for Negri bodies (MEN), fluorescent antibody test (FAT) and mouse inoculation test (MIT) can be named among the most usual recommended techniques for rabies diagnosis (5;11;17). The MEN is a fast and economical procedure (1), and is recognized worldwide as specific for rabies,

since the presence of these corpuscles always indicates infection (17). The FAT is the most sensitive method for the detection of the rabies antigen in fresh samples (12) but requires, however, well-equiped laboratories. The isolation of the rabies virus, through MIT, confirms the results obtained by other techniques, although its use is expensive and slow (3).

In the equine species, rabies is clinically indistinguishable from other encephalitides (9;10), such as equine encephalomyelitis, herpesvirus, toxoplasmosis, listeriosis, leukoencephalomalacia, among others. Thus, its confirmation in the laboratory is of extreme importance. Some authors relate that in Europe, United States and Canada, the incidence of equine rabies is lower when compared to that of other species (6; 18). Other authors mention that Negri bodies are not formed in equine nervous tissue (14) and relate a period of incubation in laboratory

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mice of around 11 days for samples from the equine species (2).

Experience in performing laboratory diagnosis of rabies has shown that samples from equines differ from observations on other species. Thus, the objective of the current work was to compare sensitivity and agreement among the three techniques usually used in Brazil for the diagnosis of rabies, in bovine and equine species, in the period 1981 - 1994.

MATERIALS AND METHODS

Samples

Fragments of the central nervous system of 3,010 samples of the bovine species and 703 of the equine species, with clinical suspect of rabies, were analyzed.

Microscopic examination for Negri bodies (MEN)

The survey for Negri bodies was performed from impressions of the Ammon's horn or cerebellum, using Sellers' stain (two parts methylene blue to one part basic fuchsin and methyl alcohol). The slides were washed in running water, dried at room temperature and observed under a common optical microscope (17). The Negri bodies can be observed in the cytoplasm and dendrites of the neurons, presenting an acidophilic stain, with basophilic internal granulations.

Fluorescent antibody test (FAT)

Slides containing impression smear of the nervous system were fixed with acetone and stained in a humid chamber at 37°C for 30 minutes. The anti-rabies polyclonal conjugate - FITC (fluorescein isothiocyanate)-labeled purified IgG of equine origin - was diluted with 10% of the brain of normal laboratory mice. The slides were washed twice by immersion in phosphate-buffered saline (PBS), 0.01M PO₄-/0.15M NaCl for 10 minutes, followed by washing in distilled water, and mounted with buffered glycerin.

Mouse inoculation test (MIT)

Eight 21-day-old albino Swiss laboratory mice, weighing 14g average, were inoculated intracerabraly with 0.03 ml of a suspension of each sample at 20% in a medium containing non vaccinated equine serum at 2%, 550 UI penicillin/ml and 1,560 UI streptomycin/ml. The animals were observed daily for a period of 30 days. The appearance of the symptoms (bristling of the fur, agitation, aerophobia, paralysis and death) was monitored. The incubation period of the sample was considered to be the first day of the appearance of the symptoms in one of the laboratory mice.

Statistical Analysis

For statistical analysis a sample was defined as positive when at least one of the three applied methods resulted positive. To compare the results of the percentage of sensitivity of each of the tests, and the percentage of agreement among tests, two by two, for samples of bovines and equines, the Z Test of two proportions was applied, with normal approximation. The level of significance of $\alpha=0.05$ and the cut-off point for $Z\alpha$ 5% = 1.96 were adopted.

To verify the possible difference between the average periods of incubation in laboratory mice, of samples of bovine and equine origin, the Z distribution with normal approximation was used. The level of significance of $\alpha=0.05$ and the cut-off point for $Z\alpha$ 5% = 1.96 were used.

RESULTS

Table 1 shows the total of positive and negative samples analysed for rabies in the bovine and equine species and Table 2 presents the number of positive samples according to the each individual or associated methods. The sensitivities of the MEN and FAT methods for the samples of equine origin (36.9% and 76.6%, respectivelly) were lower than those observed for the samples of bovine origin (79.5% and 94.1%, respectivelly). These differences were shown to be statistically significant, presenting $Z\alpha = 6,355$ for MEN and $Z\alpha = 5,908$ for FAT. What concerns MIT, comparing the samples of both species, the differences were not statistically significant, as can be observed in Table 3.

Table 1. Total of positive and negative rabies diagnosis from bovine and equine samples received during 1981-1994.

Results	Positive		Neg	ative	Total	
Species	N	%	N	%	N	%
Bovine	983	89.9	2027	77.4	3010	81.1
Equine	111	10.1	592	22.6	703	18.9
Total	1094	100.0	2619	100.0	3713	100.0

Table 2. Number of positive samples, by species and individual or associated rabies diagnosis methods.

Species	Bovine		Equine		Total	
Methods	N	%	N	%	N	%
MEN	1	0.1	0	0.0	1	0.1
FAT	30	3.1	5	4.5	35	3.2
MIT	57	5.8	26	23.4	83	7.6
MEN/FAT	17	1.7	2	1.8	19	1.7
MEN/MIT	0	0.0	0	0.0	0	0.0
FAT/MIT	115	11.7	39	35.1	154	14.1
MEN/FAT/MIT	763	77.6	39	35.1	802	73.3
TOTAL	983	100.0	111	100.0	1094	100.0

MEN - microscopic examination for Negri bodies

FAT - fluorescent antibody test

MIT- mouse inoculation test

Table 3. Comparison between microscopic examination for Negri bodies (MEN), fluorescent antibody test (FAT) and mouse inoculation test (MIT) for the rabies diagnosis of positive samples from bovine and equine species.

Species	Bovine		Equine		701
Thechnics	N	%	N	%	- Zα
MEN	781	79.5	41	36.9	6.355*
FAT	925	94.1	85	76.6	5.908*
MIT	935	95.1	104	93.7	0.619 n.s.

^{* -} significant

Table 4. Agreement among the techniques for diagnosis of rabies, two by two, for the positive samples of bovine and equine origin.

Species Concordance	Bovine (%)	Equine (%)	Ζα
MEN x FAT	85.1	60.4	6.506*
MEN x MIT	80.7	40.0	9.596*
FAT x MIT	889.4	70.2	5.788*

MEN - microscopic examination for Negri bodies

FAT - fluorescent antibody test

Considering the results obtained for the bovine and equine species, upon studying the percentage of agreement among the tests, two by two, statistically significant differences were noticed for MEN and FAT ($Z\alpha = 6,506$), MEN and the MIT ($Z\alpha = 9,596$), as well as FAT and the MIT ($Z\alpha = 5,788$) (Table 4).

In the MIT, the incubation period for the equine species (10.1 +/- 3.0 days) was greater than for the bovine (8.9 +/- 2.4 days). This difference was statistically significant ($Z\alpha = 3,695$).

DISCUSSION

Laboratory confirmation of the clinical suspicion of rabies is essential for epidemiologist as well as for the veterinarian and the physician responsible for prescribing anti-rabies treatment for the exposed persons. On the other hand in the cases lacking laboratory confirmation, the prescribed treatment is generally interrupted. Therefore this laboratory diagnosis must, be trustworthy in terms of sensitivity and specificity, and also be quickly obtainable.

The results obtained in the present study show that the sensitivity of MEN method for the bovine species is within the expected parameters (79.5%), which, according to the literature, presents from 80 to 90% correlation in suspected cases of rabies (1). Going against these data, the MEN did not prove to be adequate for the diagnosis of equine rabies, since its sensitivity

was very low (36.9%), compared to the data obtained from the samples of bovine origin. The results, however, are in agreement with those obtained by various authors who also concluded that in the equine species the visualization of the Negri bodies is inaccurate (6; 7; 15).

The analysis of the results presented with the utilization of the FAT shows that, similar to what occurs with the MEN, the sensitivity was also less for the diagnosis of equine rabies (76.6%) when compared to that of bovine rabies (94.1%). This finding does not agree with the literature, which considers the detection of the rabies virus by this technique precise enough, that is, highly sensitive (3; 12). The cerebral tissue is rarely negative for the detection of the rabies virus in the FAT. Nevertheless, studies show that this phenomenon may be due to a high level of antibodies in the brain, which could cover the viral antigen, or even due to replication of the virus in the lumbar region, resulting in sufficient neurological damage to the animal before reaching the brain (13; 16). According to Green *et al.* (8), the Negri bodies are absent in 53% of the cases of equine rabies, and are more frequent when these animals survive 4 days or more.

The sensitivity of MIT was practically the same for the samples of equine and bovine origin. However, it must be emphasized that the incubation period observed for the equine samples was longer than for those of bovine origin. Studies conducted by Badiali *et al.* (2) demonstrated that the incubation period in laboratory mice inoculated with samples coming from the equines varied from 8 to 23 days, while the isolation of the virus from a donkey sample reached 24 days.

Despite the great sensitivity of immunofluorescence and its recommendation by World Health Organization (WHO) since the 1970's as a reference technique for the diagnosis of rabies (4), it is clear, from the results obtained, that, for the equine species, the diagnosis must always be confirmed by the isolation of the virus through the mouse intracerebral inoculation test.

According to Silva *et al.* (14), the detection of the rabies virus in equines, may be fruitless when the agent is surveyed in the brain and cerebellum. These authors mentioned two cases in which the virus was only diagnosed in the medulla and in the medulla oblongata. In this way, one more point of narrowing in the diagnosis of rabies in this species is ascertained.

These results may serve as a guide both for the procedures that will be adopted and for better interpretation of the obtained results. Still, the data presented in this study suggest that the norms for human treatment should be carefully reexamined when there is involvement of the equine species.

Keeping in mind the reduced number of publications about this subject, it is also suggested that further studies be conducted to elucidate the pathology and pathogenesis of the rabies virus in the equine species or, at least, to verify the portion of the nervous system most suitable for diagnosis.

n.s. - not significant

MIT- mouse inoculation test

^{* -} significant

RESUMO

Diagnóstico laboratorial da raiva: aspectos peculiares de amostras provenientes de equinos

O diagnóstico laboratorial da raiva é realizado através de métodos de pesquisa do corpúsculo de Negri, imunofluorescência direta e inoculação em camundongos. Na maioria dos casos, quando a amostra é bem coletada, bem conservada e o profissional responsável possui experiência, verifica-se concordância entre as técnicas utilizadas. A Seção de Raiva e Encefalomielite do Instituto Biológico ao comparar a sensibilidade das três técnicas diagnósticas, em 3713 amostras (córtex cerebral, cerebelo e hipocampo) recebidas no período de 1980-1994, sendo 3010 da espécie bovina (983 positivas) e 703 da espécie equina (111 positivas), observou que, no caso da raiva equina, esta concordância não é mantida. Verificou-se, nesta espécie, que somente em algumas oportunidades foi possível identificar, pelo método histopatológico, o corpúsculo de Negri. Em relação à prova de imunofluorescência pode-se afirmar que a mesma detectou uma porcentagem menor de amostras positivas, provenientes da espécie equina, em compração com as da espécie bovina, sendo esta diferença estatisticamente significativa. A prova biológica foi a mais sensível, porém houve uma diferença, também significativa, entre o período de incubação em camundongos das amostras de origem bovina e das de origem egüina. A presença pouco frequente de corpúsculos de Negri e o período de incubação em camundongos mais prolongado, das amostras de origem equina, sugerem que devem ser intensificados os estudos da patogenia da raiva nesta espécie.

Palavras-chave: raiva equina, diagnóstico laboratorial

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