**Biological and Applied Sciences** 

## BRAZILIAN ARCHIVES OF BIOLOGY AND TECHNOLOGY

AN INTERNATIONAL JOURNAL

# The p38 MAPK and NF-κB Pathways are Involved in Cyclic Compressive Force-induced IL-6 Secretion in MLO-Y4 Cells

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## ABSTRACT

We previously revealed the involvement of extracellular regulated protein kinases 1/2 (ERK1/2) in interleukin-6 (IL-6) secretion induced by cyclic compressive force (CCF) in MLO-Y4 cells. In this study, we investigated the contributions of the p38 mitogen-activated protein kinase (MAPK) and nuclear factor- $\kappa B$  (NF- $\kappa B$ ) pathways to IL-6 secretion by stimulating MLO-Y4 cells with CCF. At 80% confluence, different magnitudes (1000 $\mu$ strain, 2000  $\mu$ strain and 4000  $\mu$ strain), frequencies (0.5 Hz, 1.0 Hz and 2.0 Hz) and durations (10 min, 30 min, 1 h, 3 h and 6 h) of CCF were loaded onto cells using a four-point bending system. Flow Cytometry (FCM) analysis was used to analyze cell mortality rates after CCF loading. p38 and p65 phosphorylation as well as I $\kappa Ba$  degradation in MLO-Y4 cells were detected by Western blotting (WB). Changes in IL-6 secretion after inhibitor treatment were assessed by enzyme-linked immunosorbent assays (ELISAs). Cellular viability was over 90 percent after CCF. p38 and p65 phosphorylation increased under all conditions, whereas I $\kappa Ba$  protein levels decreased. However, phosphorylation and degradation were not completely dependent on the loading magnitude, frequency or duration. Furthermore, p38 inhibition using the specific inhibitor SB203580 reduced both p38 phosphorylation and IL-6 secretion. Similarly, NF- $\kappa B$  inhibition using BAY 11-7082 decreased p65 phosphorylation and IL-6 secretion but increased the concentration of I $\kappa Ba$ . These findings reveal significant roles for the p38 and NF- $\kappa B$  signaling pathways in IL-6 secretion induced by CCF in MLO-Y4 cells.

**Keywords:** interleukin-6; cyclic compressive force; p38 mitogen-activated protein kinases; nuclear factor-κB; osteocyte



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Vol.61: e18170777, 2018

http://dx.doi.org/10.1590/1678-4324-2018170777

ISSN 1678-4324 Online Edition

## **INTRODUCTION**

Bone mass in a healthy human body is maintained by a dynamic balance between osteoclastic bone resorption and osteoblastic bone remodeling<sup>1</sup>, which are regulated by a variety of mechanical stressors. The biological reaction of bone to mechanical stimulation consists of an intracellular process that is conducted and regulated by different molecules, cytokines and cellular pathways. Osteocytes, a cell type that is plentiful in bone, are essential transducers for biological signal conduction. During cell-to-cell communication, bone cells perceive stresses or strains resulting from mechanical pressure and translate these mechanical signals into biochemical signals<sup>2</sup>. Interleukin (IL)-6 is a keystone cytokine in health and disease and has a broad effect on cells. However, the signaling cassette and transfer mechanism that control the activity of IL-6 is complicated <sup>3</sup>. Wu <sup>4</sup> found that IL-6 enhances osteocyte-mediated osteoclastogenesis by promoting JAK2 and RANKL activity. Kazuhiro's study 5 demonstrated that a combination of TNF and IL-6 can induce bone-resorptive activity in osteoclast-like cells. Indeed, IL-6 plays a significant role as a biochemical regulator during osteoclastogenesis and bone resorption and regeneration <sup>6, 7</sup>. In addition, pressure stress typically leads to both physiological and pathological bone tissue resorption. Previously, we performed microarray analysis and revealed the induction of IL-6 mRNA expression in MLO-Y4 cells in response to cyclic compressive force (CCF)<sup>8</sup>. In another study, we demonstrated the involvement of ERK1/2 in this induction <sup>9</sup>. However, whether additional cellular pathways are involved in this process remains unknown.

According to our microarray analysis, the p38 mitogen-activated protein kinase (MAPK) pathway plays a role in bone tissue absorption <sup>8</sup>. The p38 pathway is a stress response signaling pathway that is activated by intracellular and extracellular stresses, including environmental changes and exposure to inflammatory cytokines or other biosynthetic stresses <sup>10</sup>. The p38 pathway is thus involved in variety of biological responses as well as molecular regulation <sup>11, 12</sup>. We hypothesized a role for p38 in IL-6 secretion by MLO-Y4 cells stimulated by CCF.

The NF- $\kappa$ B pathway is another crucial cellular signaling pathway involved in bone metabolism <sup>13, 14</sup>. Five proteins comprise the NF- $\kappa$ B family: p50, RelA (p65), RelB, p52, and c-Rel. All exist as homodimers or heterodimers. Additionally, NF- $\kappa$ B is a nuclear transcription factor that is activated rapidly by different stimuli, such as inflammatory cytokines, including IL-1 and TNF- $\alpha$ ; a number of growth factors; and mechanical stress inducers <sup>15, 16</sup>. Furthermore, both p38 and NF- $\kappa$ B exert synergistic regulatory and biological effects on bone metabolism <sup>11, 17-19</sup>.

The purpose of this study was to therefore investigate whether p38 and NF- $\kappa$ B are activated during CCF-stimulated IL-6 secretion in MLO-Y4 cells. In addition, we sought to determine how the mechanical force parameters of CCF affect p38 phosphorylation, NF- $\kappa$ B activation and IL-6 secretion.

#### MATERIAL AND METHODS

#### Cell culture

Cells were cultured in  $\alpha$ -MEM (Gibco, NY, USA) supplemented with 10% fetal bovine serum (HyClone Lab, China), 100 mg/mL streptomycin (Sigma, St. Louis, MO, USA), and 100 U/mL penicillin (Sigma, St. Louis, MO, USA) and incubated in 5% CO<sub>2</sub> and 95% air at 37°C. The medium was replaced every other day.

## **CCF** stimulation

Adherent cells were digested once they reached 70 to 80% confluency, and  $5 \times 10^5$  cells were seeded onto collagen-coated bending plates. The rectangular plates were 4 cm by 8 cm in length and 1.5 mm in thickness. After incubation for 12 h, the cells were then subjected to CCF. The compressive force was generated using a four-point bending system (Figure. 1)<sup>20</sup>.



**Figure. 1**: Cyclic compressive force loading schematic. A four-point bending system consists of a control system and a bending system. Different magnitudes, frequencies and durations are set by the control system, while cells are stimulated by the bending system.

The first group of cells was subjected to CCF at 2 Hz for 1 h with diverse magnitudes (1000  $\mu$ strain, 2000  $\mu$ strain, and 4000  $\mu$ strain). The second group of cells was loaded at 2000  $\mu$ strain for 1 h with various frequencies (0.5 Hz, 1 Hz, and 2 Hz). The third group of cells was stressed at 2 Hz and 2000  $\mu$ strain for 10 min, 30 min, 1 h, 3 h, and 6 h. The control group of cells was cultured under the same conditions without any mechanical stimulation. These controls were defined as time zero for all experiments.

## Flow cytometry analysis

Flow cytometry (FCM) analysis was used to determine the cellular viability of MLO-Y4 after CCF loading. After loading, supernatant was collected in 15 ml centrifuge tubes (Corning, Corning, New York, USA). Cells were washed with cold phosphatebuffered saline (PBS) and digested with 0.25% Trypsin Solution without EDTA (T1350, Beijing Solarbio Science & Technology Co., Ltd, Beijing, China). Cells were then collected into the same centrifuge tube and centrifuged at 2000 rpm for 5 min. Cells were then washed twice with cold PBS, and centrifuged at 2000 rpm for 5 min after each wash. Cells were suspended with 500 µl of binding buffer (KGA107, Keygen biotech, Jiangsu, China) and transferred into flow tubes (352054, BD Falcon, New York, USA); 5µl of annexin V-FITC (KGA107, Keygen biotech, Jiangsu, China) and 5 µl of propidium iodide (PI, KGA107, Keygen biotech, Jiangsu, China) were then added in turn according to the manufacturer's instructions. The samples were then incubated in a dark chamber at room temperature for 15 min, and FCM analysis was performed within 1 hour. The excitation wavelength was 488 nm, and the emission wavelength was 530 nm. Green fluorescence from annexin V-FITC was detected in the FL1 channel. Red fluorescence from PI was detected in the FL3 channel. The test

was automatically completed when 20000 cells had been counted or the test had proceeded for 120 seconds.

## Western blotting

After the cells were loaded, they were washed twice with cold PBS and then harvested on ice in lysis buffer. After centrifugation, the supernatants were used for Western blotting analysis. Equal amounts of different proteins were transferred onto PVDF membranes. All membranes were incubated with different primary antibodies against phospho-p38, I $\kappa$ B $\alpha$ ,  $\beta$ -actin and phospho-p65. After an overnight incubation at 4°C, all PVDF membranes were washed twice in TBST and TBS for 10 min. Then, the membranes were then incubated with a secondary antibody for 1 h at 37°C. An ECL Western Blot Detection Kit was used to collect images of visible immunoreactive bands. The band intensity ratios for p-p38, p38 (p-p38/p38), NF- $\kappa$ B and  $\beta$ -actin (I $\kappa$ B $\alpha$ / $\beta$ -actin and pp65/ $\beta$ -actin) were analyzed using Quantity One. We repeated the experiment three times to verify the results.

#### Inhibition study to investigate cellular signaling pathways

The roles of the p38 and NF- $\kappa$ B pathways in the response to CCF in MLO-Y4 cells were assessed by blocking these pathways with a p38-specific inhibitor (SB203580, Beyotime Institute of Biotechnology, China) and an NF- $\kappa$ B-specific inhibitor (BAY 11-7082, Beyotime Institute of Biotechnology, China). The cells were pretreated for 1 h in culture medium with SB203580 (10  $\mu$ M) or BAY 11-7082 (100  $\mu$ M). Then, cells were stressed in the same medium used for the other groups.

Changes in IL-6 secretion were assessed by performing an enzyme-linked immunosorbent assay (ELISA). After inhibitor treatment and CCF stimulation, media were collected, centrifuged and stored at -70°C. All samples were analyzed by ELISA (Senxiong, Shanghai, China) according to the manufacturer's protocol. Each sample was tested twice to verify the results.

## **Statistical analysis**

Statistical analyses were performed using one-way ANOVA (SPSS) followed by the post hoc SNK test for multiple comparisons at  $\alpha$ =0.05.

## RESULTS

#### The effects of CCF on cellular viability

According to the results of FCM analysis (Figure. 2), the cell viabilities following exposure to different magnitudes, frequencies, and durations of CCF were all over 95%.



**Figure. 2**: The effects of CCF on cellular viability as analyzed by flow cytometry. (A) The effect of different loading magnitudes on cellular viability: cells were loaded at 2 Hz under various magnitudes (1000, 2000 and 4000  $\mu$ strain) of force for 1 h. (B) The effects of different loading frequencies on cellular viability: cells were stressed at 2000  $\mu$ strain under different frequencies (0.5, 1 and 2 Hz) for 1 h. (C) The effects of different loading duration on cellular viability: cells were subjected to CCF at 2 Hz and 2000  $\mu$ strain for 10 min, 30 min, 1 h, 3 h and 6 h, respectively. Red clusters in the upper right quadrant represent apoptotic cells after loading. The apoptosis rate of each group is indicated in the same quadrant.

#### The effects of CCF on p38 phosphorylation

When cells were stimulated at 2 Hz for 1 h, all three tested loading magnitudes increased p38 phosphorylation levels (Figure. 3 A, greater than control, p<0.05). Comparisons between any two loading groups revealed significant differences between them (p<0.05). Increased p38 phosphorylation also occurred with different frequencies (Figure. 3 B). Specifically, cells stimulated at 0.5 Hz, 1 Hz and 2 Hz exhibited increased p38 phosphorylation (p<0.05) compared with the control group, and significant differences between 0.5 Hz and 2 Hz were noted (p<0.05). As shown in Figure. 3 C, p38 was significantly activated when the frequency was maintained at 2 Hz and the loading magnitude at 2000  $\mu$ strain, and activity increased rapidly at 10 min, after which it increased gradually until it peaked after 3 h, then decreased at 6 h.



**Figure. 3**: The effects of CCF on p38 phosphorylation. (A) The effects of loading magnitude: cells were loaded at 2 Hz under various magnitudes (1000, 2000 and 4000  $\mu$ strain) for 1 h. (B) The effects of loading frequency: cells were stressed at 2000  $\mu$ strain under different frequencies (0.5, 1 and 2 Hz) for 1 h. (C) The effects of loading duration: cells were subjected to CCF at 2 Hz and 2000  $\mu$ strain for 10 min, 30 min, 1 h, 3 h and 6 h. \*P<0.05 vs. control, #P<0.05.

#### The effects of CCF on IκBα degradation

IκBα protein degradation was measured by Western blotting, and the luminance value ratios of IκBα to β-actin were compared. There were significant reductions in IκBα after different CCF loading magnitudes were applied compared with the control (p<0.05, Figure. 4 A). Specifically, there was a significant difference between 1000 µstrain and 2000 µstrain as well as 1000 µstrain and 4000 µstrain (p<0.05) but not between 2000 µstrain and 4000 µstrain. Similar reductions in IκBα occurred at different frequencies (Figure. 4 B) with significant differences between loading groups and the control (p<0.05). Specifically, there was a statistically significant difference between 0.5 Hz and 1 Hz (p<0.05), but there was no difference between 1 Hz and 2 Hz. A rapid reduction in IκBα occurred after 10 min of loading (p<0.05, Figure. 4 C). Additionally, statistical differences were noted between 10 min and 30 min (p<0.05) as well as 1 h and 3 h (p<0.05). No differences were noted between 30 min and 1 h as well as 3 h and 6 h.



**Figure. 4**: The effects of CCF on  $I\kappa B\alpha$  levels. (A) The effects of different magnitudes (1000, 2000 and 4000 µstrain) of CCF at 2 Hz for 1 h on  $I\kappa B\alpha$  protein levels.  $I\kappa B\alpha$  levels decreased as the loading magnitude increased. (B) The effects of loading frequency: cells were stressed at 2000 µstrain at different frequencies (0.5 Hz, 1 Hz and 2 Hz) for 1 h.  $I\kappa B\alpha$  levels decreased as the loading frequency increased and reached its lowest point at 1 Hz. (C) The

effects of loading duration: I $\kappa$ B $\alpha$  levels decreased as the CCF duration increased and reached its lowest point at 3 h. \*P<0.05 vs. control, #P<0.05.

## The effects of CCF on phospho-p65 protein levels in MLO-Y4 cells

To examine whether I $\kappa$ B $\alpha$  degradation caused the nuclear translocation of NF- $\kappa$ B, Western blotting was performed to detect the phospho-p65 (pp65) subunit (Figure. 5). Different magnitudes of CCF all significantly increased pp65 levels compared with those of the control (p<0.05, Figure. 5 A), although no statistical differences were noted between 1000 µstrain, 2000 µstrain and 4000 µstrain. Significant differences were also observed between the loading groups and the control at different CCF frequencies (Figure. 5 B, p<0.05). The highest pp65 levels were observed in the 1 Hz group, while pp65 levels decreased at 2 Hz. Statistical differences were noted between 0.5 Hz and 1 Hz (p<0.05) as well as 1 Hz and 2 Hz (p<0.05). pp65 levels gradually increased as the duration of CCF loading increased, but no significant differences were noted among the control, 10 min and 30 min groups (Figure. 5 C). However, pp65 levels at 1 h, 3 h and 6 h were significantly increased compared with the control, 10 min and 30 min groups did not differ significantly.



**Figure. 5**: The effects of CCF on p65 phosphorylation. (A) The effects of different CCF loading magnitudes at 2 Hz for 1 h. p65 phosphorylation levels increased after loading, but these effects were not related to magnitude. (B) The effects of different loading frequencies (0.5 Hz, 1 Hz and 2 Hz): p65 phosphorylation levels increased and peaked at 1 Hz. (C) The effects of loading duration: p65 phosphorylation also increased with increased duration and peaked at 1 h. \*P<0.05 vs. control, #P<0.05.

## The effects of a p38 inhibitor on p38 phosphorylation and IL-6 secretion

As shown in Figure. 6 A, cellular p38 activity was greatly diminished when MLO-Y4 cells were pretreated with the specific inhibitor SB203580 at 100  $\mu$ M for 1 h and then cultured with a loading magnitude of 2000  $\mu$ strain at 2 Hz for 1 h. Significant differences were observed compared with the group lacking the inhibitor (p<0.01). However, p38 activity increased despite pretreatment with SB203580 compared with the control group, which was cultured without CCF (p<0.05). As shown in Figure. 6 B, IL-6 secretion decreased significantly under the same loading conditions when pretreated with the p38 inhibitor at 10  $\mu$ M for 1 h (p<0.05); however, secretion was increased compared with the control.



**Figure. 6**: The effects of a p38 inhibitor on p38 phosphorylation. (A) and IL-6 secretion (B). (A) Changes in p38 phosphorylation after CCF loading at 2000  $\mu$ strain and 2 Hz for 1 h versus CCF loading after pretreatment with SB203580. (B) Corresponding changes in IL-6 secretion after CCF loading alone versus CCF loading following pretreatment with SB203580. #P<0.05.

### The effects of an NF-KB inhibitor on NF-KB activation and IL-6 secretion

As shown in Figure. 7 A, the I $\kappa$ B $\alpha$  concentration was partially increased compared with the group stimulated only by CCF when MLO-Y4 cells were pretreated with the specific inhibitor BAY 11-7082 for 1 h and then cultured at 2000 µstrain and 2 Hz for 1 h (p<0.05). In addition, p65 phosphorylation was greatly decreased (p<0.05, Figure. 7 B). Similar observations were made for IL-6 secretion: as shown in Figure. 5 C, IL-6 secretion significantly decreased under the same loading conditions after treatment with the inhibitor (p<0.05).



**Figure. 7**: The effects of an NF- $\kappa$ B inhibitor on I $\kappa$ B $\alpha$  levels. (A), p65 phosphorylation (B) and IL-6 secretion (C). (A) Changes in I $\kappa$ B $\alpha$  levels after CCF loading at 2000  $\mu$ strain and 2 Hz for 1 h versus CCF loading after pretreatment with BAY 11-7082. (B) Changes in p65 phosphorylation after CCF loading only versus CCF loading after pretreatment with BAY 11-7082. (C) Changes in IL-6 secretion after CCF loading only versus CCF loading following pretreatment with the inhibitor. #P<0.05.

#### DISCUSSION

Various physical stimuli, such as low-intensity pulsed ultrasound <sup>21</sup>, low-power laser <sup>22</sup>, and CCF, have been applied to investigate cell proliferation and differentiation,

secretion, apoptosis and relevant signaling pathways. Based on the results from our control group, detectable IL-6 secretion occurred in cells that did not receive stimulation. Bakker's study revealed that IL-6 was produced by shear-loaded osteocytes and that IL-6 affected bone mass by modulating osteocyte communication toward osteoblasts <sup>23</sup>. Additionally, different types of mechanical stresses augment IL-6 secretion from osteocyte-like cells and other tissue-derived cells <sup>24-26</sup>. According to a previous study, osteoclast formation is significantly activated with the secretion of both IL-6 and soluble IL-6 receptor <sup>27</sup>.

Using bioinformatics and molecular biology techniques, we confirmed the involvement of MAPK in bone remolding induced by mechanical stimulation. ERK1/2 pathway involvement was previously observed <sup>8, 9</sup>. The p38 MAPK pathway, which is another significant subgroup of the MAPK superfamily, was involved in the response to proliferation-inducing stimuli in an osteoblastic cell line <sup>11</sup>. In addition, according to Sinfield's study, the p38 $\alpha$  subtype facilitates IL-1-induced IL-6 secretion by human cardiac fibroblasts <sup>12</sup>. Another study revealed that in MC3T3 cells, BMP4-stimulated OPG synthesis might be upregulated by resveratrol via amplification of p38 MAP kinase activity <sup>28</sup>.

In unstimulated cells, nuclear localization signaling by NF- $\kappa$ B is effectively inhibited through noncovalent I $\kappa$ B binding <sup>29</sup>. I $\kappa$ B- $\alpha$ , I $\kappa$ B- $\beta$ , and I $\kappa$ B- $\epsilon$  each play a role in stimulus-induced degradation, which is the key step in NF- $\kappa$ B activation. Stimulatory signals induce the phosphorylation of I $\kappa$ Bs (particularly I $\kappa$ B $\alpha$ ) by a ubiquitindependent protein kinase followed by ubiquitination at nearby lysine residues and proteolytic degradation.

Activated NF- $\kappa$ B rapidly translocates into the nucleus and regulates a group of NF- $\kappa$ B-responsive effector genes <sup>29</sup>. According to previous studies, p65 phosphorylation may be necessary for the transcription of nuclear NF- $\kappa$ B <sup>30</sup>. Therefore, we investigated I $\kappa$ B $\alpha$  and pp65 as key factors to indirectly assess NF- $\kappa$ B activation.

Notably, MAPKs, including ERK and p38, are typically involved in bone metabolism in combination with NF- $\kappa$ B pathway activation <sup>11, 19</sup>. Both pathways are associated with the inhibition of osteoclast formation by K7 in mouse bone marrow-derived macrophages <sup>19</sup> as well as the therapeutic ultrasound-induced proliferation of MC3T3-E1 cells <sup>11</sup>. Conversely, Wang's study suggests that amiloride-induced inhibition of p38 and NF- $\kappa$ B leads to downregulation of osteoclast-specific gene expression and bone resorption <sup>18</sup>. Thus, the MAPK, NF- $\kappa$ B, and TRAF6 pathways are typically activated or involved in bone metabolism as well as intracellular conduction and regulation <sup>11, 18, 19, 31</sup>.

In this study, rapid p38 phosphorylation and reduced IkB $\alpha$  protein and p65 phosphorylation levels were detected in the absence of any negative effects on cell viability when MLO-Y4 cells were stimulated with CCF. Thus, the p38 and NF-kB pathways were activated under our experimental conditions. Furthermore, the application of p38 and NF-kB inhibitors, specifically SB203580 and BAY 11-7082, respectively, provided additional evidence supporting the crucial role of these two pathways in cellular responses to CCF. IL-6 secretion decreased significantly after individual pretreatment with 10  $\mu$ M SB203580 and 100  $\mu$ M BAY 11-7082. Thus, CCF-induced p38 and NF-kB activations play significant roles in IL-6 secretion by MLO-Y4 cells.

In our study, p38 was rapidly activated under three different magnitudes of the CCF. Based on these findings, 1000  $\mu$ strain of CCF is sufficient to trigger mechanical stimulation for bone remolding and bone resorption. In addition, p38 phosphorylation increased significantly with increasing magnitude, and the 4000- $\mu$ strain group exhibited peak activation. IkBa levels were reduced whereas p65 phosphorylation increased after the application of different CCF magnitudes. The 2000- and 4000- $\mu$ strain groups exhibited the lowest IkBa levels, whereas p65 levels were not

associated with magnitude. Based on these findings, NF- $\kappa$ B activity and changes in I $\kappa$ B $\alpha$  levels did not fully parallel pp65 levels. Thus, intracellular conduction at the molecular level was multidirectional and dynamic.

According to our experiments, dynamic loading induces bone formation in vivo, and the bone formation rate is modulated by the stimulus frequency <sup>32</sup>. p38 phosphorylation under different frequencies significantly differed compared with that in the control group, and the results were frequency-dependent. When the frequency was increased from 0.5 to 1 and 2 Hz, pp38 levels were notably augmented. Thus, 0.5 Hz is sufficient to stimulate p38 activation, whereas 2 Hz CCF did not achieve saturation to induce p38 activation in MLO-Y4 cells. When NF- $\kappa$ B pathway activation was investigated, different frequencies of CCF resulted in decreased concentrations of I $\kappa$ B $\alpha$ , whereas p65 phosphorylation levels increased. I $\kappa$ B $\alpha$  levels were lowest and pp65 levels peaked in the 1-Hz group. Thus, in response to CCF loading with a loading frequency of 1 Hz and 2000 µstrain for 1 h, NF- $\kappa$ B activation reached saturation.

Different impacts on bone tissue have been noted with differing loading durations. Rubin <sup>33</sup> found that lower-magnitude loading resulted in the same anabolic effects achieved with higher-magnitude loading but only with a longer loading duration and regardless of the effects of osteogenesis saturation. In our study, p38 phosphorylation increased rapidly at 10 min and peaked at 3 h. Then, pp38 levels decreased at 6 h. Thus, p38 phosphorylation appears to undergo saturation; additionally, the p38 pathway is involved in IL-6 secretion. Activation of this pathway is a dynamic process. IkB $\alpha$  levels were reduced whereas pp65 levels increased with increased CCF duration. The IkB $\alpha$  concentration was lowest at 3 h. However, pp65 levels rapidly increased at 1 h, whereas no significant changes were noted at 3 h or 6 h. These results suggest a partially negative correlation between IkB $\alpha$  and pp65 levels. The NF- $\kappa$ B pathway is also dynamically involved in IL-6 secretion.

p38 and NF- $\kappa$ B likely play more significant roles than ERK1/2 in IL-6 secretion based on the results of our previous study. IL-6 was reduced by only 35% when ERK1/2 was completely inhibited, but IL-6 levels were decreased by half when p38 was 80% suppressed. However, IL-6 secretion decreased by approximately 70% when I $\kappa$ B $\alpha$  was activated by greater than 2-fold and pp65 was 50% suppressed. Based on these results, although the changes in I $\kappa$ B $\alpha$  concentration and pp65 phosphorylation were not as drastic as the changes in pp38, their effects on IL-6 secretion were more significant. Clearly, the secretion process and its intracellular regulatory mechanism are complicated. A limitation of this study was its inability to reveal the relationships and interaction mechanisms among ERK1/2, p38 and NF- $\kappa$ B.

Understanding the mechanisms underlying physiological and pathological process is of significant interest for improving therapies and drug development <sup>34</sup>. IL-6 exhibits potent osteoclast activity, and ERK1/2 is involved in this process <sup>9, 27, 35</sup>. According to our study, p38 MAPK and NF- $\kappa$ B are also involved in IL-6 secretion stimulated by CCF in MLO-Y4 cells. We hypothesize that the induction of osteoclastogenesis and bone resorption via decreased IL-6 secretion through p38 and NF- $\kappa$ B pathway blockade holds value for the field of stomatology. For example, after implant surgery, pathway inhibition may facilitate satisfactory primary stability and rapid osseointegration. These pathways should be exploited to develop new therapies to cure periodontal diseases. Furthermore, additional studies investigating the molecular mechanisms underlying osteal production yield induced by mechanical stimulation would facilitate osteoporosis treatment and bone tissue engineering <sup>36</sup>.

## CONCLUSIONS

In our study, we demonstrated the involvement of the p38 MAPK and NF- $\kappa$ B pathways in CCF-stimulated IL-6 secretion by MLO-Y4 cells. p38 and p65 phosphorylation increased, whereas the I $\kappa$ B $\alpha$  concentration was reduced in all cases. However, these changes were not fully dependent on different CCF magnitudes, frequencies or durations. Furthermore, p38 and NF- $\kappa$ B activation exert more potent effects on IL-6 secretion compared with ERK1/2. Consequently, the p38 MAPK and NF- $\kappa$ B pathways represent potentially important links between mechanical stress and bone resorption and remolding.

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Received: December 06, 2017; Accepted: September 27, 2018