BASILAR IMPRESSION, CHIARI MALFORMATION AND SYRINGOMYELIA

A retrospective study of 53 surgically treated patients

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ABSTRACT - The present study shows the results of 53 patients who have been treated surgically for basilar impression (BI), Chiari malformation (CM), and syringomyelia (SM). The patients were divided into two groups. Group I (24 patients) underwent osteodural decompression with large inferior occipital craniectomy, laminectomy from C 1 to C 3, dural opening in Y format, dissection of arachnoid adhesion between the cerebellar tonsils, medulla oblongata and spinal cord, large opening of the fourth ventricle and dural grafting with the use of bovine pericardium. Group II patients (29 patients) underwent osteodural-neural decompression with the same procedures described above plus dissection of the arachnoid adherences of the vessels of the region of the cerebellar tonsils, and tonsillectomy (amputation) in 10 cases, and as for the remainning 19 cases, intrapial aspiration of the cerebellar tonsils was performed. The residual pial sac was sutured to the dura in craniolateral position. After completion of the suture of the dural grafting, a thread was run through the graft at the level of the created cisterna magna and fixed to the cervical aponeurosis so as to move the dural graft on a posterior- caudal direction, avoiding, in this way, its adherence to the cerebellum.

KEY WORDS: basilar impression, Chiari malformation, syringomyelia, tonsillectomy, dura graft.

Impressão basilar, malformação de Chiari e siringomielia: estudo retrospecivo de 53 casos operados

RESUMO - São analisados os resultados obtidos com o tratamento cirúrgico de 53 casos de impressão basilar (IB), malformação de Chiari (MC) e siringomielia (SM). Os pacientes foram divididos em dois grupos: no grupo I (24 casos) foi realizada a descompressão osteodural, caracterizada por craniectomia ampla occipital inferior, laminectomia variável de C 1 a C 3, abertura da dura-máter em forma de Y, dissecção das aderências aracnóideas das tonsilas cerebelares com o bulbo e medula cervical, abertura ampla do quarto ventrículo e enxerto dural; no grupo II (29 casos) foi utilizada a descompressão osteodural-neural, caracterizada pelos mesmos detalhes técnicos empregados no grupo I, acrescidos da tonsilectomia por amputação (10 casos) e por aspiração intrapial (19 casos). Nestes casos, o saco pial residual, resultante da aspiração intrapial das tonsilas cerebelares, foi suturado à dura-máter lateral e em posição cranial. Após o término do enxerto dural, foi passado um fio através do enxerto dural, à altura da cisterna criada, e fixado sobre a aponeurose cervical, com a finalidade de deslocar a plástica em direção caudal, evitando, desta forma, sua aderência ao cerebelo.

PALAVRAS-CHAVE: impressão basilar, malformação de Chiari, siringomielia, tonsilectomia, enxerto da dura-máter.

Basilar Impression (BI), Chiari Malformation (CM) and Syringomyelia (SM) are malformations of the occipito cervical transition of clinical importance. BI was originally described by Ackermann¹ (1790) in cretins from the Alps. BI is characterized by a projection of the border of the foramen magnum into the posterior fossa. The CM, on the other hand, is a rhombencephalom abnormality resulting from the caudal migration of the inferior cerebellar portions, mainly the tonsils (CM I) or herniation of the pons, medulla and the fourth ventricle (CM II).

The association of BI, CM and SM is frequently described in the literature²⁻⁴⁻¹⁰. Surgical treatment of BI was first mentioned by Ebenius¹¹ (1934) when he described the surgical procedure performed by Olivecrona in September, 1932.

Penfield and Coburn¹² (1938) introduced a surgical technique of treatment for CM. They described, on the same paper, its association with SM. Surgical procedure was carried out in November 19, 1935. The inferior portions of the cerebellar tonsils were resected for anatomopathological studies. List¹³

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(1941) described 7 cases of occipitocervical malformations, among them that of a patient with BI and CM associated. The patient was treated surgically by Kahn on October 11, 1937. A complete resection of the herniated tonsils was made, and later an anatomopathologic examination revealed the presence of hypoplastic tissue and thickening of leptomeninges.

According to Hankinson⁸, myelotomy as a form of treatment for SM was described for the first time in the literature by Abbe and Cole (1892). Gustafson and Oldberg¹⁴ (1940) described the surgical outcomes of 5 patients with occipitocervical malformation – two of whom presented BI, CM and SM. One patient was surgically treated on May 6, 1939. To our knowledge, this was the first surgical intervention performed as a treatment for all these dimorphisms.

The sole objective of this paper is to analyze the surgical results brought about by the use of two types of craniocervical decompression: osteodural, performed from 1972 to 1988; and osteodural-neural, in use from 1988 to 1997.

METHOD

For this study, 53 out of 305 recorded patients with occipitocervical malformation have been analyzed, 45 (84,9%) of whom with BI, CM and SM – the remaining 8 (15%) presented CM and SM. The average age was 34,4 years with a range of 19 to 60 years. The follow-up varied from 2 to 19 years.

The clinical symptoms observed during the preoperative period are shown on Tables 1 and 2, and the clinical signs on Tables 3 and 4.

The findings of muscular strength, atrophy and syringomyelic dissociation are shown on Table 5, whereas Table 6 exhibits the surgical findings. Six patients were excluded from the present study – 4 from group I (2 died, and the other two had no follow-up) and 2 on group II who had no follow-up.

The diagnosis of BI was based on a plain skull X-rays, using the lines of Chamberlain and McGregor⁷. SM was diagnosed on 21 patients by means of cervical myelography, 17 by myelotomography and 5 by magnetic resonance imaging (MRI). Most of the time, the diagnosis of CM was made during the surgical procedure.

As far as to the surgical technique is concerned, the patients were distributed in two groups. Group I (24 patients) underwent osteodural decompression with large inferior occipital craniectomy, laminectomy from C 1 to C 3, dural opening in Y format, dissection of arachnoid adhesion in between the cerebellar tonsils, medulla oblongata and spinal cord, large opening of the fourth ventricle and dural grafting with the use of bovine pericardium. On Group II (29 patients), osteodural-neural decompression was performed, following the same procedures described above plus incision of arachnoid adherences at re-

gional vasculature and tonsillectomy (amputation) in 10 patients, and for the remaining 19 cases, intrapial aspiration of the cerebellar tonsils was performed. The residual pial sac was sutured to the dura in a craniolateral position. After completion of the dural grafting, the dura was hooked up by a stich through the graft at the level of the foramen magnum and fixed to the cervical aponeurosis, so as to move the dura to a posterior-caudal position, avoiding, in this way, its adherence to the cerebellum.

Other surgical procedures were conducted on 22 patients as say: median myelotomy (1 case), median myelotomy and Gardner technique (1 case), lateral myelotomy and Gardner technique (2 cases) and Gardner technique (18 cases).

The cerebellar tonsils herniation extended as far as C 1 on 6 patients, and as far as C 2 - C 3 on 47 patients.

RESULTS

As shown on Tables 1 and 2, clinical symptoms have improved after surgery in both groups, though slightly better in group II. On analyzing results on Table 3 and 4, one can see that the pyramidal signs and the cerebellar signs have improved better in group II than in group I. Table 5 demonstrates that the muscular strengh and amiothrophy as well as the syringomyelic dissociation improved more in group II that in group I. Table 6 presents the surgical findings related to the occipital bone, atlantoccipital ligament, dura-mater, arachnoid membrane, cerebellum, vessels, Magendie foramen and the ependymal canal.

Concerning postoperative complications we have observed respiratory distress, CSF fistulae and hallucination on 3 (5.6%) patients (in each complication), hiccups on 2 (3.7%), superficial skin infection on 2 (3.7%) others Gastrointestinal (G I) tract hemorrhage in another (1.8%) and finally hypertensive pneumocephalus on one patient. There occurred two deaths among group I patients: one of respiratory complications, and another due to uncontrollable G I tract hemorrhage.

DISCUSSION

BI is classified as primary and secondary. Primary BI is a neurodysplasia caused by abnormal development of the neuroskeleton axis. It frequently comes in association with other congenital anomalies such as atlas assimilation, Klippel-Feil syndrome, Sprengel's deformity, CM, platybasia, SM, syringobulbia^{1,4,13} – among others. Its association with others deformities relates direct to the theory of embryogenetic error. Secondary BI is a bone anomaly of the basiooccipital related to other affections such as osteomalacia, osteitis deformans, osteogenesis imperfecta and Paget's disease.

Table 1. Clinical symptoms observed in 20 cases of osteodural decompression.

Symptoms Cases R % U % number Headache 9 9 100 Pain in neck 3 3 100 Stiffness of neck 7 7 100 Head tilting Diplopia 2 2 100 Numbness of face 6 5 83,3 16,6 Vertigo 9 8 11,1 Dysphagia 2 2 100 Dysarthria Nasal reflux 2 2 100 7 Rhinolalia 85,7 1 14,2 6 5 Numbness of limbs 13 38,4 8 61,5 Gait disturbances 6 3 50,0 50,0 Drop attack 5 5 100 6 2 66.7 Sexual potency 33.3 4 disturbances Difficult micturation 1 1 100 Anidrosis 2 1 50,0 50,0 **Hyperidrosis** 50,0 50,0

R, regressed; U, unchanged.

Many theories have been presented in an attempt to explain the genesis of CM. The most important ones are based on the presence of hydrocephalus, mechanic factors and on the disembryogenesis of rhombencephalom. Experimental studies conducted by Marin Padilla and Marin Padilla ¹⁵ (1985) revealed that in CM, the basiochondrocranium is smaller due to an underdevelopment of the basiooccipital. With a small posterior fossa, the ulterior development of the cerebellum will cause a herniation of the cerebellar tonsils. According to those authors, the development of CM happens as a result of para-axial mesodermal insufficiency after the closure of the neural tube.

With respect to SM, Simon¹⁶ (1895) introduced the term hydromyelia to designate the dilation of the ependymal canal by CSF and keeping the term SM to cavities that develop independent of the central canal of the spinal cord. It has been unanimously

Table 2. Clinical symptoms observed in 27 cases of osteoduralneural decompression.

Symptoms	Cases number	R	%	U	%
Headache	7	7	100	-	-
Pain in neck	12	11	91,6	1	8,3
Stiffness of neck	13	12	92,3	1	7,6
Head tilting	8	6	75,0	2	25,0
Diplopia	1	1	100	-	-
Numbness of face	5	3	60,0	2	40,0
Vertigo	11	10	90,9	1	9,0
Dysphagia	9	9	100	-	-
Dysarthria	1	1	100	-	-
Nasal reflux	5	5	100	-	-
Rhinolalia	16	-	-	16	100
Numbness of limbs	22	10	45,4	12	54,5
Gait disturbances	9	5	55,5	4	44,4
Drop attack	-	-	-	-	-
Sexual potency disturbances	12	4	33,3	8	66,7
Difficult micturation	3	2	66,6	1	33,3
Anidrosis	6	3	50,0	3	50,0
Hyperidrosis	7	5	71,4	2	36,3

R, regressed; U, unchanged.

agreed – as one can see in present day literature – that both are but different stages of the same pathologic process. However, hydromyelia is considered to be a disturbance of congenital origin due to an incomplete regression of the fetus ependymal canal, whereas SM can be congenital or acquired ¹⁷.

Gardner and Angel ¹⁸ (1958) and Gardner ¹⁹ (1965) based their explanation of SM on the hydrodynamic theory. They say that the water hammer effect brought about by pressure waves coming from the choroid plexuses pulsation is transmitted to the CSF caused an enlargement of the central canal of the spinal cord.

Williams²⁰⁻²³ takes the gradient that exists between the intracranial and the intraspinal pressure as the cause of syringomyelic cavitation. Cough and sneeze reflexes would increase the intraabdominal and intrathoracic pressures increasing the venous

Table 3. Clinical signs observed in 20 cases of osteodural decompression.

Signs	Cases number	R	%	U	%
Lesion of V th nerve	11	8	72,7	3	27,2
Lesion of VI th nerve	1	1	100	-	-
Facial spasm	1	1	100	-	-
Nystagmus	8	4	50,0	4	50,0
Paresis of soft palate	2	2	100	7	70,0
Abolition of gag and palatal reflexes	10	3	30,0	20	100
Lesion of XI th nerve	18	6	33,3	12	66,7
Lesion of XII th nerve	2	1	50,0	1	50,0
Hypotonia	10	2	20,0	8	80,0
Spasticity	11	5	45,4	6	54,5
Cerebellar disturbances	2	1	50,0	1	50,0
Hyperreflexia	15	1	6,7	14	93,3
Clonus	2	-	-	2	100
Hyporeflexia	16	-	-	16	100
Hoffmann sign	2	-	-	2	100
Babinski sign	7	2	28,5	5	71,4
Rossolimo sign	-	-	-	-	-
Abolition of abdominal reflexes	14	-	-	14	100
Unsteady gait	1	-	-	1	100
Paresis of gait	5	3	60,0	2	40,0
Hypopallesthesia	19	-	-	19	100
Fasciculations	1	-	-	1	100
Claude Bernard - Horner	1	-	-	1	100

R, regressed; U, unchanged.

pressure and further dilating the epidural venous plexus. This would compress the dural sac, displacing, as a result, the CSF, and pushing it into the cranial cavity which returns rapidily to the spinal subaracnoid space, as soon as the pressure brought down to normal levels. In the case of tonsil herniation, the CSF return, would be blocked by the cerebellar tonsils which would then act as a valve, occluding the foramen magnum. At this point, the spinal cord central canal – under a lower pressure than that of the intracranial cavity – would become the ideal place to accommodate CSF. The perpetuation of phases of craniospinal pressure dissociation cause the formation and maintenance of syringomyelia.

According to Taricco¹⁰ (1994), Ball and Dayan (1972) and Aboulker (1979), respectively, admitted that CSF penetrates in the central canal of the spinal cord though Virchow-Robin spaces or through the dorsal roots, creating, in this way, the syringomyelic cavity. Gardner, Williams, Ball and Dayan, and Aboulker have with their theories, contributed enormouly for the explanation of the different stages surrounding the formation of the syringomyelic cavity.

Concerning the clinical aspects, Schultze²⁴ (1882) was probably the first author to make a clinical anatomopathologic correlation in SM. Later, many authors described clinical aspects of this condition^{2,6,10,17,23,25,26}. SM symptomology comes on as the

Table 4. Clinical signs observed In 27 cases of osteodural-neural decompression.

Signs	Cases number	R	%	U	%
Lesion of V th nerve	9	7	77,7	2	22,2
Lesion of VI th nerve	-	-	-	-	-
Facial spasm	-	-	-	-	-
Nystagmus	10	6	60,0	4	40,0
Paresis of soft palate	4	1	25,0	2	75,0
Abolition of gag and palatal reflexes	14	5	35,7	9	64,2
Lesion of XI th nerve	24	8	33,3	16	66,7
Lesion of XII th nerve	1	-	-	1	100
Hypotonia	17	3	17,6	14	82,3
Spasticity	18	12	66,7	6	33,3
Cerebellar disturbances	3	4	100	-	-
Hyperreflexia	23	4	17,3	19	82,6
Clonus	7	1	57,1	3	42,8
Hyporeflexia	20	5	5,0	19	95,0
Hoffmann sign	8	5	62,5	3	37,5
Babinski sign	11	-	45,4	6	54,5
Rossolimo sign	6	-	-	6	100
Abolition of abdominal reflexes	19	-	-	19	100
Unsteady gait	3	2	66,6	1	33,3
Paresis of gait	6	3	50,0	3	50,0
Hypopallesthesia	21	2	-	21	100
Fasciculations	5	-	40,0	3	60,0
Claude Bernard - Horner	3	-	-	3	100

R, regressed; U, unchanged.

result of the expansion of the syringomyelic cavity and the gliosis affecting the intramedullary and/or in the brain stem structures.

Milhorat et al.²⁶ (1997) measured the pressure in the interior of the syringomyelic cavity, and suggested that the distention would depended on different degrees of intramedullary pressure, causing lesion of long tracts, gray matter and microcirculation. The involvement of the anterior horns gives rise to fibrillation, fasciculation, muscular weakness and atrophy. On the one hand, the compression of the posterior horn and ventral decussation will give origin to syringomyelic dissociation, and, on the other hand, a commitment of the sympathetic connections will result in Claude Bernard-Horner syndrome. With the expansion of the cavity, the spinal cord white matter

will be compressed causing lesion of the pyramidal and extrapyramidal tracts and dorsal columns.

Tables 1 and 2 show the clinical symptoms presented by our patients. In general, after surgery the majority of the symptoms improved in both groups. After analyzing the clinical signs (Tables 3 and 4), improvement of patients condition was far more noticeable in group II patients, especially where the lesion of trigeminal, vestibular, glossopharyngeal and vagus nerve are concerned. Improvement was also noticed to have occurred on the pyramidal signs of liberation as hyperreflexia, spasticity, Babinski and Rossolimo's sign.

As to the neurological deficits caused by the syringomyelic cavity itself (Table 5) there occurred

Table 5. Findings of muscular strenght, atrophy and syringomyelic dissociation.

Signs	Cases number	R	%	I	%	U	%
Osteodural decompression(20 Cases)							
Paresis	18	3	16,6	8	44,0	7	38,8
Atrophy	12	1	8,3	-	-	11	91,6
Syringomyelic dissociation	20	8	40,0	-	-	12	60,0
Osteodural-neural decompression (27 Cases)							
Paresis	24	6	25,0	15	62,5	3	12,5
Atrophy	21	2	9,5	3	14,2	16	76,1
Syringomyelic dissociation	25	8	32,0	6	24,0	11	44,0

R, regressed; U, unchanged; I improved.

Table 6. Surgical findings in 53 patients with basilar impression, Chiari and syringomyelia.

Findings	Cases number	%
Thinning of the occipital bone	18	33,9
Thickenning of the occipital bone	13	24,5
Thickenning of the atlantoccipital ligament	15	28,3
Pulseless dura mater	22	41,5
Arachnoiditis	36	67,9
Block of the forame of Magendie	33	62,2
Chiari I	39	73,5
Chiari II	14	26,4
Cerebellar impression	07	13,2
Larger cerebellar hemisphere	5	9,4
Vascular network anomaly	37	69,8
Hydrocephalus	3	5,6
Communication of the fourth ventrical		
with the hydromyelic cyst	39	73,5
Syringobulbia	6	11,3

improvement in motor power, amiotrophy and syringomyelic dissociation. Patients in group II exhibited a better outcome than those group I. The tonsillectomy eliminating the compressive effect over the medulla and spinal cord – surgical finding discribed by Williams (1978) together with a large craniectomy and dural grafting have certainly accounted for the better results shown by group II.

Some surgical findings presented in our casuistic must be properly emphasized on account of their frequency as shown in Table 6: absence of dural pulsation (45%), arachnoiditis (67.9%), foramen Magendie's block (62.2%), CM 1 (73.5%), CM 2 (26.4%),

vascular anomalies (69.8%) and communication of the fourth ventricle with the ependymal canal (45.2%). These findings are also referred to in the literature by several other authors^{2,7,10,11,18,22,23,27-30}.

Regarding the surgical technique, all patients were operated on a sitting position what facilitates the surgical procedure. Many others authors^{3,8,18,27} also used this position, although others prefered the prone position placement^{2,10,28-32}.

The extension of the craniectomy varies from author to author. Because of the small size of the posterior fossa in the presence of BI or CM especially when both anomalies are present we prefer to use a large

craniectomy. It extends cranially to the transverse sinus and laterally up to 3-4 cm from the midline. The reason for this large opening is to increase both the posterior fossa and the cisterna magna, permitting, in this way, the herniated portions of the cerebellum and brain stem to migrate upwards.

Williams²³, Batzdorf^{33, 34} and Duddy and Williams³⁵ state that the herniation of the cerebellar structures and brain stem, as seen in the postoperative period, are attributed to a large craniectomy. A small craniectomy, on the contrary, might have prevented a decompression from maintained the CSF blockade and perpetuating the craniospinal pressoric dissociation^{33, 35}. Williams²³ and Duddy and Williams³⁵, however, using a smaller craniectomy, revealed a frequent caudal migration of the cerebellum and brain stem, and pointed this out as the cause of poor results. Duddy and Williams³⁵ observed a caudal migration of the posterior fossa structures in 53 % of their patients, though on 41 % no change was noticed.

Ackermann¹ (1790) was the first author to call attention to the small size of the posterior fossa in BI. In recent times, however, several authors using x-ray, tomography and MRI examinations have also demonstrated that the posterior fossa volume, in the presence of BI and CM, is smaller than the observed in normal people³6-39.

Badie et al.²⁸ have verified that the posterior fossa volume is smaller in the presence of CM, but it was noticed to increase after decompression. Milhorat et al.9 have also noticed a decrease of 13,4 ml in the volume of the posterior fossa and about 40% of CSF volume (an average of 10,8 ml) when compared to normal individuals. Sahuquillo et al.31 have compared the results obtained from 10 patients on whom a large craniectomy was performed, leaving the arachnoid intact and completion of dural grafting, with the results derived from 10 other patients who had undergone small craniectomies with the arachnoid dissected and in whom dural grafting was also performed. In all patients who had been submitted to a large craniectomy, a cranial migration of the cerebellum was noticeable, whereas in the cases of those patients on whom a small craniectomy was performed, in 7 cases a caudal migration of cerebellar structures was noticed. Some neurosurgeons prefer to leave the arachnoid untouched^{31,40-42}, but the majority prefers to release the arachnoid adherences^{2,8,22,23,30}.

As to the cerebellar tonsils, some surgeons leave them intact, proceeding only with the opening of the fourth ventricle^{31,40-43} as we have conducted in our group I patients. Other surgeons as it can be seen in recent publications^{2,10,34} besides dissection of the arachnoid adherences of the tonsils and vessels and fourth ventricle opening, they recommend tonsilectomy as conduct on our group II patients.

Gardner³ (1950) did not suture the dura, because he believed this would facilitate the decompression, and in 1965 introduced the dural graft for the treatment of syringomyelia¹⁹. Dural grafting was performed on all our patients⁶ as from as 1975. Most neurosurgeons^{2,4,10,28–32,40–42} have followed this procedure to treat BI, CM and SM. Munshi et al.29 have demonstrated that decompression of the posterior fossa plus laminectomy of C 1 and dural grafting for the treatment of CM yielded faster regression of the hydromyelia when compared to the decompression and laminectomy with no dural grafting. In order to avoid adherence of the graft to the cerebellum, Sahuquillo³¹ (1994) used surgical stitches to be used on the graft with the porpose to move it away from the cerebellum and fixing it in the cervical aponeurosis. We performed this procedure in the last cases by applying just one stitch at the level of foramen magnum.

As to postoperative complications we have observed respiratory distress, CSF fistulae and hallucination on 3 (5.6%) patients, hiccups on 2 (3.7%), superficial skin infections on 2 (3.7%) others, G I tract hemorrhage in another (1.8%), and finally hypertensive pneumocephalus in just another (1.8%). This last patient exhibited compensated hydrocephalus, and the seating surgical position was said to be the cause of ventricle collapse and to account for further development of pneumocephalus. Two patients from group I died – one from respiratory complications and the other from uncontrollable GI tract hemorrhage, which represents a mortality rate of 3.6 %. Other authors^{2,4,5,10-13,22,34} have also reported several other complications.

We have used MRI on just a few patients – both on pre and postoperative period, partly due to the absence of this technological facility at the time of surgery, partly due to poor social condition of the majority of the patients. Taking into account, however, the promising clinical outcomes as seen in the present study, we have felt encouraged to justity our choice of osteodural-neural decompression as used on our group II patients.

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