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Hopkins verbal learning test-revised and brief visuospatial memory test-revised: preliminary normative data for the Brazilian population

Hopkins verbal learning test-revised e brief visuospatial memory test-revised: referencial normativo preliminar para a população brasileira

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Memory functions are cognitive processes related to the ability to encode, store and retrieve information associated to the fronto-temporal neurocircuitry¹. Episodic memory refers to the system that allows conscious recollection of personal events or episodes and their contexts (time and place)1. Clinical measures of episodic memory include immediate and delayed free recall and recognition of word lists and pictures. Amongst these measures, the Hopkins verbal learning test-revised² (HVLT-R) and the brief visuospatial memory test-revised³ (BVMT-R) are used to assess verbal episodic memory and visuospatial episodic memory, respectively, both including immediate, delayed and recognition. Although they are adopted as measures of memory functions in clinical practice, there are no normative data for the Brazilian adult and elderly population. The aim of this study was to present preliminary normative data for the HVLT-R and BVMT-R in a sample of the Brazilian population.

METHODS

The study, carried out at Department of Neurology and Psychology Division, Central Institute, Hospital das Clínicas, Universidade de São Paulo, Medical School, included 1,108 adult and elderly participants (18 to 85 years old and 0 to 17 years of

education) recruited from different states in Brazil (São Paulo, Minas Gerais, Rio de Janeiro, Paraná, Santa Catarina, Goiás, Bahia e Alagoas). Subjects with neurologic and psychiatric disorders were excluded after answering a semi-structured interview questionnaire. The inclusion criteria was (a) Mini-mental state examination score above the cutoff for cognitive impairment based on education4; (b) Independence on daily-life activities; and (c) Hospital anxiety and depression scale scores below the cutoff for anxiety and depression⁵. The HVLT-R and BVMT-R were administered according to the test manual instructions and, for both tests, Form I was used. For HVLT-R, participants were instructed to memorize a list of 12 words (nouns) drawn from 3 semantic categories (precious stones, animals and human dwellings). The test includes an immediate recall derived from three learning trials, a delayed recall trail (after 20–25 min) and a yes/no delayed recognition trial. For BVMT-R, six geometric visual designs were shown to the participants for 10 seconds and after that, they were asked to reproduce as many of the designs as possible in the same location. This test includes an immediate recall derived from the three learning trials, a delayed recall (25 minutes) and a recognition trial.

Descriptive analyses and non-parametric tests using SigmaStat 3.5 (Kruskal-Wallis, Mann Whitney and post-hoc test using Muller-Dunn) were performed in order to investigate the influence of age, education, and gender on test performance. Statistical significance was established at 0.05.

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RESULTS

Participants' test performance is presented on Table. The results showed a significant influence of age (BVMT-R immediate: H=54.09, p<0.001; BVMT-R delayed: H=64.47, p<0.001; BVMT-R recognition: H=28.34, p<0.001; HVLT-R recognition: H=24.28, p<0.001) and years of

education (BVMT-R immediate: H=206.29, p<0.001; BVMT-R delayed: H=205.14, p<0.001; BVMT-R recognition: H=70.13, p<0.001; HVLT-R immediate: H=286.85, p<0.001; HVLT-R delayed: H=248.48, p<0.001; HVLT-R recognition: H=77.87, p<0.001) on subjects test results. ROC curve analyses showed no significant influence of gender on test performance (p>0.05).

lable. Normative for hopkins verbat tearning test-fevised and brief visuospatiat memory test-fevised stratified by age and education in a brazilian sample		s verbal lea	Luing test-re	evised and r	Soriei visuos	spaular men	nory test-r	evised sura	tillied by age	and educal		azınan sample
Age (years)						200	18 to 20					
Years of education		1-4(N10)			5-8 (N5)			9-11 (N15)	(12 (N7)	
	Immediate	Delayed	Recognition	Immediate	Delayed	Recognition Immediate	Immediate	Delayed	Recognition	Immediate	Delayed	Recognition
HVLT-R mean	17.6	6.3	10.7	20.80	7.20	10.40	26.80	9.87	11.53	27.57	9.43	11.57
SD	4.72	2.21	2.67	2.59	4.44	2.07	4.25	1.96	0.74	4.08	1.62	0.79
BVMT-R mean	12.2	5.1	4.8	28.00	10.20	5.80	27.27	10.87	5.80	30.86	12.00	5.86
SD	8.27	3.87	1.87	10.98	4.02	0.45	5.90	1.81	0.56	3.02	1.88	0.38
Age (years)						21	21 to 30					
Years of education		0-4 (N55)			5-8 (N53)			9-11 (N31)			12-17 (N74)	4)
	Immediate	Delayed	Recognition	Immediate	Delayed	Recognition Immediate	Immediate	Delayed	Recognition	Immediate	Delayed	Recognition
HVLT-R mean	18.56	6.51	10.44	21.60	7.87	10.55	23.90	8.10	10.77	28.00	10.27	11.38
SD	4.91	2.64	2.11	4.52	1.74	1.62	3.11	1.92	1.31	3.58	1.75	1.22
BVMT-R mean	17.47	7.33	5.31	23.72	9.51	5.64	22.06	10.23	5.52	28.84	11.03	5.85
SD	10.21	4.01	1.2	7.22	2.41	0.68	8.85	6.28	0.89	5.58	1.69	0.43
Age (years)						31	31 to 40					
Years of education		0-4 (N34)			5-8 (N34)			9-11 (N23)			12-17 (N53)	3)
	Immediate	Delayed	Recognition	Immediate	Delayed	Recognition Immediate	Immediate	Delayed	Recognition	Immediate	Delayed	Recognition
HVLT-R mean	19.82	6.91	10.59	22.79	7.47	10.91	22.00	7.70	10.13	26.79	9.92	11.70
SD	4.24	2.31	1.48	4.37	2.14	1.24	3.87	2.55	1.98	3.88	1.77	2.43
BVMT-R mean	16.29	7.00	5.50	20.09	7.62	5.74	23.39	00.6	5.52	27.74	11.00	00.9
SD	8.35	3.19	1.08	8.71	3.34	0.67	97.9	2.28	1.31	6.28	1.49	92.0
Age (years)						41	41 to 50					
Years of education		0-4 (N50)			5-8 (N29)			9-11 (N36)	(12-17 (N52)	2)
	Immediate	Delayed	Recognition	Immediate	Delayed	Recognition Immediate	Immediate	Delayed	Recognition	Immediate	Delayed	Recognition
HVLT-R mean	17.76	5.84	9.58	22.83	7.86	6.79	23.64	8.83	11.17	26.83	9.56	11.38
SD	4.86	2.23	2.47	5.61	3.06	2.55	4.00	2.04	1.28	5.66	1.87	1.07
BVMT-R mean	13.22	5.36	5.16	19.28	8.00	5.21	23.28	9.14	5.86	27.44	10.46	5.83
SD	7.90	3.29	1.08	9.29	3.64	1.08	8.77	2.99	0.54	92.9	2.28	0.47

Table. Continuation

						L						
Age (years)						5	51 to 60					
Years of education		0-4 (N40)	((5-8 (N15)			9-11 (N29)	(6		12-17 (N52)	2)
	Immediate	Delayed	Recognition Immediate	Immediate		Delayed Recognition Immediate	Immediate	Delayed	Recognition	Immediate	Delayed	Recognition
HVLT-R mean	18.83	2.90	10.33	22.87	7.27	10.27	23.17	8.59	11.14	24.40	8.48	10.65
SD	4.47	2.58	1.91	5.76	3.10	1.33	4.74	2.15	1.09	4.58	2.60	1.82
BVMT-R mean	12.30	2.08	4.95	16.73	7.60	4.87	17.86	7.62	5.41	23.88	9.52	5.65
SD	7.75	3.16	1.54	7.46	3.44	1.06	8.85	3.20	1.09	7.16	2.54	0.59
Age (years)						61	61 to 70					
Years of education		0-4 (N80)	((5-8 (N70)			9-11 (N29)	(6		12-17 (N91)	1)
	Immediate	Delayed	Recognition Immediate	Immediate	Delayed	Recognition Immediate	Immediate	Delayed	Recognition	Immediate	Delayed	Recognition
HVLT-R mean	19.00	6.28	9.30	21.49	7.10	9.81	24.97	8.72	11.34	25.44	9.15	10.64
SD	5.16	2.52	2.42	4.52	2.15	2.42	4.35	1.96	1.14	5.42	2.62	1.66
BVMT-R mean	15.71	6.13	4.89	18.39	7.30	5.36	21.83	8.07	5.86	23.14	9.29	5.81
SD	9.61	3.81	1.48	8.23	3.23	1.32	7.52	2.87	0.44	6.72	2.88	1.37
Age (years)						71	71 to 80					
Years of education		0-4 (N51)	(5-8 (N15)			9-11 (N13)	3)		12-17 (N27)	7)
	Immediate Delayed	Delayed	Recognition Immediate	Immediate		Delayed Recognition Immediate	Immediate	Delayed	Recognition Immediate	Immediate	Delayed	Recognition
HVLT-R mean	18.96	6.25	9.61	19.93	7.53	9.53	22.62	8.77	10.31	24.04	8.07	10.30
SD	13.97	2.41	2.43	4.95	1.68	2.10	3.12	1.79	1.75	4.42	2.25	1.68
BVMT-R mean	14.29	00.9	5.08	18.00	8.47	6.13	21.00	7.92	5.38	20.00	7.26	5.33
SD	7.79	3.11	1.41	7.92	3.20	1.73	7.63	3.52	0.77	8.70	3.01	1.00
Age (years)						^	80					
Years of education		0-4 (N15)	(5		5-8 (N4)			9-11 (N7)	0		12-17 (N9)	(6
	Immediate	Delayed	Recognition Immediate	Immediate	Delayed	Recognition Immediate	Immediate	Delayed	Recognition	Immediate	Delayed	Recognition
HVLT-R I mean	18.53	6.13	8.73	19.00	6.75	8.50	19.20	98.9	9.57	20.33	7.00	10.00
SD	4.34	2.67	3.10	5.80	3.30	2.38	6.16	3.44	1.62	0.83	4.64	2.12
BVMT-R mean	10.60	4.56	5.17	14.50	2.00	5.15	15.14	5.57	5.43	11.67	2.67	5.56
SD	6.91	3.05	1.10	4.73	1.41	0.50	4.91	2.82	1.13	2.35	7.50	2.24

DISCUSSION

The HVLT-R and BVMT-R are neuropsychological tests validated for the assessment of verbal and visuospatial learning and episodic memory¹. In the present, as well as, in the original data, there was a significant influence of age on both tests. In the current investigation, education also showed significant influence on the results possibly due to the different levels of education of the sample. In the majority of

the studies, including the present one, gender had no influence on subjects' tests results. These findings demonstrate the importance of adequate normative data for memory assessment in clinical setting. They also present preliminary data for a sample of the Brazilian population, stratified according to age and education that can be useful in the learning and memory assessment of clinical conditions including mild cognitive disorders, dementia, traumatic brain injury, cerebral vascular accident and neuropsychiatry disorders.

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Reversible parkinsonism associated with neurocysticercosis

Parkinsonismo reversível associado com neurocisticercose

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A 38-year-old female was assessed in a county hospital with a four-month history of severe throbbing morning headaches. Due to the syndromic diagnosis of intracranial hypertension, a brain magnetic resonance imaging (MRI) was performed showing evidence of supratentorial noncommunicating hydrocephalus because of an intraventricular cyst. The cyst was located at the level of the frontal horn of the right lateral ventricle, extending through the foramen of Monro to the third ventricle. Additionally, there were signs of edema in the midbrain periaqueductal region. The patient was treated with a ventriculoperitoneal (VP) shunt, and the symptoms of intracranial hypertension improved. A diagnosis of neurocysticercosis (NCC) was established after analysis of CSF, and positive antibodies reactions were detected. The patient was started on high-dose oral albendazole (3.2 g qd). After four days, additional signs were detected, including mutism, hypomimia, and sialorrhea, associated with severe parkinsonism (marked rigidity, bradykinesia, and resting upper limb tremor). A new brain MRI showed milder hydrocephalus. However, the intraventricular cyst and cerebral aqueduct edema and ependymitis remained unchanged (Figs 1 and 2).

At such point, she was referred to our Service of Neurology at the Hospital de Clínicas, Federal University of Paraná. On admission, neurological examination showed a severe Parkinsonian syndrome that also included marked postural instability, anarthria, and vertical ophthalmoparesis for upward gaze.

Our diagnosis was of Parkinsonism secondary to NCC. We believe that treatment with high-dose albendazole made the presentation worse by adding a reactive inflammatory response and by aggravating ependymitis and tissue damage.

Methylprednisolone pulse therapy was then started (1 g intravenous, daily, for five days). Symptomatic treatment also included levodopa/carbidopa (250/50 mg daily), with progressive improvement in Parkinsonism symptom. Finally, she then underwent endoscopic neurosurgery including monroplasty, removal of the cyst, pellucidoctomy, and third ventriculostomy. Neuropathological examination confirmed the diagnosis of NCC.

Eight months later, the patient was progressively withdrawn from dopaminergic treatment and remained asymptomatic, able to return to her routine activities.



Fig 1. Brain magnetic resonance imaging sagittal T2-weighted image showed an intraventricular cyst (arrow) extending to the third ventricle (arrowheads).